



MINNESOTA
SWIMMING

Central Zone Championship Meet

Minnesota Swimming, Inc.

Code of Conduct

SECTION I – Introduction

Minnesota Swimming Incorporated, (MSI), has created this manual for the benefit of the swimmers, coaches and team managers going to the Central Zone Meet each summer. It is MSI's hope that this will help all people involved in the Central Zone Meet work together to make the meet a safe, fun and enjoyable experience. Please read each section of this manual. This will allow everyone to understand who is in charge of different areas and how the process will work in case of any disciplinary actions that may need to be taken. Our goal is for each swimmer to have one of the most memorable swimming experiences of their lives. We hope that all swimmers, coaches and team managers will represent MSI with great pride and dignity.

In-State Zone Meets:

Any In-State Zone Meets will not have MSI organized chaperones or MSI travel arrangements. All swimmers must provide their own transportation, to and from the meet, and take care of their lodging and supervision.

Out-of-State Zone Meets:

Any Out-of-State Zone Meets may have MSI organized chaperones and limited MSI transportation arrangements. Hotel room blocks may be coordinated for the convenience of the swimmers and their families. All swimmers must provide their own transportation, to and from the meet, and take care of their lodging and supervision. It is recommended that all swimmers participating in Team Minnesota stay at the designated team hotel(s) and travel to and from the meet on the days of competition as a team.

Relays:

The Team Minnesota coaching staff will select all relays. Athletes whom desire to be considered for relays must meet all of the following conditions:

1. On-time attendance for team picture and practice on Thursday afternoon.
2. On-time for all meet warm-up sessions.
3. Demonstrate good sportsmanship and following the Team Minnesota Code of Conduct.

All relay decisions made by the coaching staff are final, and not subject to appeal.

GOOD LUCK!

SECTION II – Swimmers

Congratulations on making the Central Zone Swim Team from MSI. You are now representing MSI at the zone level. We hope you take a lot of pride in this accomplishment and honor. Each swimmer must sign the MSI Code Of Conduct to participate in the Zone Meet. This Code of Conduct will be enforced. If a disciplinary action occurs that could remove you from the team, you have the right to appeal that decision to the Central

Zone Panel and then on to the MSI Board of Review. Understand that if you appeal the decision of the Central Zone Committee, the Board of Review may decide to impose further sanctions upon you as a result of the action that was disciplined. Enclosed is a copy of the Code of Conduct, which must be completed and submitted with your meet registration along with the Permission and Release Form. If you should have any questions, please talk to the Team Manager(s) on the trip.

Team Minnesota Swimmer Code of Conduct

The purpose of this Code is to promote the best possible team and individual impression at all times, and to acknowledge each individual's responsibilities as members of our team.

Part I – General Conduct

1. All participating Team Minnesota members shall abide by this Code of Conduct.
2. Curfews will be strictly obeyed unless participant has contacted the Head Coach and the Team Manager(s) for an extension and it has been approved.
3. The use of alcoholic beverages is forbidden.
4. The use of drugs other than those prescribed by your physician or over the counter drugs described on the medical release form is forbidden.
5. The use of tobacco products is forbidden.
6. The use of fireworks is forbidden.
7. Indiscreet or destructive behavior will not be tolerated. Every effort should be made to avoid guilt by association with such activities.
8. Swimmers will treat their membership on Team Minnesota as a privilege and personally acknowledge those responsibilities associated with it.

Part II – Violation of the Code of Conduct

Alleged violations of the Code of Conduct will be handled according to the procedures outlined in the MSI Zone Guidelines. Zone staff and volunteers, including coaches and team managers, have the power to impose penalties for violation of this Code. Penalties include, but not limited to, the following:

- The swimmer(s) will be scratched from the meet.
- The swimmer(s) will be sent home immediately.
- The swimmer(s) will forfeit their privilege of being a member of Team Minnesota.

Part III – Right to Appeal

Swimmer(s) have the right to appeal any decision that may remove them from the Zone Team, to the Central Zone Panel and then to the MSI Board of Review. Understand that if the decision of the Central Zone Panel is appealed to the MSI Board of Review, the Board of Review may decide to impose further sanctions upon the swimmer(s) as a result of the action that was disciplined.

I hereby agree to abide by the rules of conduct set forth in Part I above and

acknowledge that, should I violate any provision of Part I, I will be subject to disciplinary actions as set forth in Part II, including suspension.

Signature of Swimmer

Date

Signature of Parent or Guardian

Date
