

ASCA-MN Coaches Meeting Minutes

May 16, 2007

11pm, U Garden

Coaches Present: Dave Bentz, Denise Carlson, Dennis Dale, Billy Howard, Kelly Kremer, Lloyd Larsen, Ryan L'Roy, Kate Lundsten, Paul Lundsten, Rocky O'Neill, Eric Seversen, Mark Vininski

June & July ASCA Meetings—Dates, Elections:

- June meeting will be Wednesday, June 13 at 12 noon U Garden
- July meeting will be Wednesday, July 11 at 12 noon U Garden
 - July meeting will be election of new officers

Simpson Developing Coach of the Year Award:

- Request that coaches consider submitting nominations for members of their staff
- Information about award is on web, will be sent out to coaches and club contacts shortly
- Send nominations and contact info to Denise Carlson (denisecarlson@usfamily.net)
- Initial Submission deadline is July 1, 2007; Letters are due July 8, 2007.

Paul Lundsten's suggestion Re: Charter Requirements:

IDEA: Make it a Club Charter Requirement that 1 coach from each club's staff of coaches attends a "Coach-Official Summit" each year, with at least 2 meetings on the schedule to pick from

- General concern about making dates work, especially for small clubs (1 to 2 coaches) and out state clubs
- RECOMMENDATION (Dennis Dale):
 - Part 1: Schedule 1 Hour Officials-Coaches Summit meeting immediately following 2008 House of Delegates meeting and solicit maximum attendance
 - MSI Coach Reps (Eric Seversen, Denise Carlson) agree to work on creating this Summit with Officials Chair Rick Biggs
 - Part 2: Address adversarial relationship between coaches and officials, any other issues
 - MSI Coach Reps will work to regularly meet with the Officials Chair after MSI Board Meetings, which is neutral territory, to change any adversarial relationship between coaches and officials
 - Consideration...Divide meet calendar and appoint coach rep for each meet that is in charge of distributing meet evaluations to a sample of attendees at the meet—coaches, parents, officials. These would then be collected and sent to 1 person for review—person not named at this time

2007 Summer Meets—Technical Chair Lloyd Larsen:

- We will follow the same event slate for all MSI Bid meets this summer (this excludes invitational meets, they can change what they wish within MSI guidelines), Lloyd plans to listen, observe, and assess to determine if adjustments are needed and where
- 2007 Summer State—Recommendation to combine all 13 and Over age groups together in Prelims like in our Short Course Senior State meet and then separate out for Finals
 - PRO: Combining will result in "tighter competition" and therefore Faster morning swims, as well as shorter prelim sessions
 - CON: 9-16th place competing in morning only because Finals is top 8 only; swimmers competing for those 8 places will not be able to go head to head as easily for those spots
 - ASCA is evenly divided on this topic, Lloyd will bring it to MSI BOD for consideration/discussion

Short Course Senior State Relays:

- Goal is to end uncertainty of relays—know whether you are swimming AM or PM
- 3 Options:
 - All heats of particular relay in one session (Prelims or Finals) that is predetermined and published in Meet Info
 - Teams allowed to "Declare" prelims vs finals at the meet, with the top 8 "declared finals" relays swimming at night while the remainder swim prelims
 - Relay Day: All relays swum on a single day
- ASCA showed general consensus support for doing "Relay Day" at the 2008 Short Course Senior State Meet

2008 Summer State Championships:

- Technical Chair to approach Rochester and look into possibility of running 200's relays for all ages on a separate day (Wednesday) to allow starts at both ends of the pool
- If we cannot make this work, all 200m Relays will have in-water starts at the shallow end

Summer ASCA Golf Outing:

- Not enough support at this time

2007 Zones:

- Head Coach Pat Anderson is finalizing a few coaching positions and will post on web as soon as the staff is set

Update from National Team Coaches Meeting—Dennis Dale:

- Major clubs throughout US are heavily emphasizing kicking—with board, streamline, 12 beat kick swimming, etc
- “Lift” is out, “Drag” is in—Lift forces of propulsion are no longer considered very important, emphasis should be on Drag force for propulsion

Next Meeting on June 13, 2007 at 12 noon, U Garden

Respectfully Submitted,
Eric Seversen