

| 4 | POLICY & PROCEDURE | POLICY NUMBER: 245 |
|---|--------------------|-------------------------|
| | Subject: | EFFECTIVE DATE: |
| | Meets | 11-21-2013 |
| | Five Hour Rule | Approved: 11-17-2009 |
| | | Amended: |

11-21-2013

In the case where any 13 & over session timeline is projected to run longer than 5 hours, for ANY meet and for ANY age group, all individual events and relays MAY at the discretion of the referee and the host club, become positive check-in with the exception of the FIRST EVENT of that session (individual events or relay). Heat sheets will be distributed by the host club.

HISTORICAL NOTES:

Policy content adopted on 6-17-2008 was removed by the Board of Directors on 11-21-2013.