



## Minnesota Achievement Championships NORTHFIELD BULL SHARKS SWIM CLUB

Saturday, February 27, 2016 — to — Sunday, February 28, 2016

**Sanction Number:** MN16W-01-02Y

**Time Trial Sanction Number:** MN16W-01-141Y

**Held under the sanction of USA Swimming.**

In granting this sanction it is understood and agreed that USA Swimming and Minnesota Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Meet Director:** Caroline O'Hara (meetdirector@northfieldswimclub.org, 507-645-0447) and Rachel Porter (vicepresident@northfieldswimclub.org, 651-269-5351)

**Inquiries:** Gunnar Teigen (nsheadcoach@gmail.com, 262-719-8779)

**Emergency Phone:** 262-719-8779

**Meet Type:** This is a 2 day meet for all swimmers with ANY verifiable C times. This is a closed meet: Only swimmers from the MN LSC can participate.

**Fees:** \$2.50 per entrant listed on the entry sheet, \$5.50 per individual splash, \$22.00 per relay. Summary cost per calculation sheet. No Facility fee or Program Fee will be charged.

**Time Schedule:** Warm-up start time: 7:20 a.m. Warm-up end time: 8:20 a.m. Meet start: 8:30 a.m. Afternoon sessions will not start before 11:30 a.m. following a 60-minute warm-up

**Awards:** Individual Events: Events: Strip Ribbons, 1<sup>st</sup> – 8<sup>th</sup>. Certificates will be issued for new Champ, A and B times. Ribbons for 1st-8th place will be awarded for each relay event. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

**Programs:** Programs will be on sale during the meet.

**Amenities:** Concessions will be provided. Camping allowed only in designated areas..

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### FACILITY/LOCATION

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**Meet Location:** Northfield Middle School, 2200 Division Street South, Northfield MN 55057.

**Directions:** Take I-35 to Hwy. 19 exit (exit 69). Turn east and travel about 6 miles into downtown Northfield. Turn south (right) on Hwy. 3 and travel about 1 mile. Turn east (left) onto Jefferson Parkway and travel 3/4 mile. Turn south (right) onto Division Street (Hwy. 246). Northfield Middle School is on the right.

**Facility:** 8 lanes, 25 yard indoor pool with lanes and backstroke pennants. Slanted Starting blocks are 30 inches above the water surface.

**Water depth:** The minimum water depth, measured in accordance with Article 103.2.3 is 12 ft at the start end and 3.5 ft at the turn end.

**Course certification:** The competition course has NOT been certified in accordance to 104.2.2C(4).

**Other:** We ask that no food be eaten on deck and that all athletes use the locker room doors to enter and exit the pool area. The main entrance to the pool can be used by officials and coaches..

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## ENTRIES

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**Entries To:** Gunnar Teigen (nsheadcoach@gmail.com, 262-719-8779)

**Form of Entries:** Email entries preferred. Please call the entries person for directions if you need to hand-deliver.

**Entry Start Date:** Entries will be accepted beginning at 8:00 pm on **Monday, January 25, 2016**

**Entry Close Date:** An Email copy of your entry is due **Wednesday, February 17, 2016 by 8:00 PM**. A hard copy including all proof of times and entry fees owed is due **Friday, February 19, 2016 by 8:00 PM**. To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, email an entire new entry to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team. This is not to add new swimmers or events for those who missed the February 17, 2016 entry deadline.

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relay. All swimmers must have verifiable C times. These times must be verifiable from January 1, 2015 to present. The meet will be seeded with conforming times first and non-conforming times thereafter.

**C Finals Relays:** 200 Freestyle Relays will be offered according to the following categories – 10&U, 12&U and 13&O for each gender. Each club is limited to three (3) relays per event. Ribbons for 1st-8th place will be awarded for each relay event.

- No “relay only” swimmers will be permitted to participate on relays. All swimmers must have qualified and be entered to swim an individual event in C Finals in order to participate on a relay.
- Once a swimmer is qualified and entered for a C Finals individual event there are no time requirements to participate on a relay.
- 10&U and 12&U relays must be comprised of swimmers up to the maximum age for the event.
- 13&O relays must be comprised of swimmers age 13 or older.
- Mixed 200 Free Relays on Sunday must be comprised of two boys and two girls.

**Proof of Times:** All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Each team or individual is responsible for providing their own proof of times and must accompany entries. Entries must include Hy-Tek (or compatible) Team Manager printed proof of times or they will not be accepted.

## Procedure for swimmers who do not achieve the time standard at the meet

- Swimmers time will be checked by the host team.
- If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- All fines must be paid to the host club by the end of the meet.
- Teams have one week from the end of the meet to prove the time and their fine will be refunded by the host team.
- When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.
- Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the team's charter being suspended until the fine is paid.
- The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.

### **Fines:**

Any swimmer failing to achieve the qualifying time standard for any individual event must submit appropriate proof of having previously achieved the entry time standard. Any swimmer unable to provide such proof of performance shall pay a fine of \$100 to the host club. Proof of performance must be in a USA Swimming sanctioned or approved competition or Time Trial or official verifiable high school or college meet. Each club or individual is responsible for providing their own proof of performance.

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## **ELIGIBILITY / ATHLETES**

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### **Eligibility:**

Swimmers must have a verifiable C time to enter.

### **Athletes with disabilities:**

Swimmers with a permanent disability as defined by USA Swimming are welcome to participate in this meet in any event corresponding to the swimmer's gender within the daily individual event limit for the meet. There is no qualifying time or proof of entry time requirement for disabled swimmers. The entering coach or swimmer must contact the Referee to discuss any modification for the disabled swimmer to participate. Swimmers entering under this criterion must be noted on the team's Proof of Time report.

Participation in this meet by a disabled swimmer shall constitute a season-ending championship competition, unless the disabled swimmer earns a new time that qualifies them for the next level meet.

### **Racing start Certification:**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **USA Swimming Membership:**

No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per swimmer.

### **Swimmers without A Coach Present:**

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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## MEET ADMINISTRATION, CONDUCT

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- Coach's Meeting:** Will take place on a regular basis at the discretion of the referee.
- Warm-up:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures **MUST** be prominently posted in the pool area.
- Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.
- Rules and Regulations:** All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.
- Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.
- Prohibited:**
- ✓ **Deck changing:** Deck changing is prohibited.
  - ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Distance Events:** **400 IM, 500 Free, 1000 Free, & 1650 Freestyle:** These events will be deck seeded upon completion of the positive check-in. Positive check-in is required by the time stated at the coaches meeting at the timing table. 500 Freestyle, 1000 Freestyle and the 1650 Freestyle heats will be swum fastest to slowest, all age groups (within the session) combined, genders alternating separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). The 400 IM heats will be swum slowest to fastest, all age groups (within the session combined, separated for score/awards by age group offered at the meet (per legislation updated January 15, 2013). Minnesota Scratch rules will be in effect.
- Additional criteria for entering the 1000 Freestyle or the 1650 Freestyle events:**
1. Swimmers with at least a "C" time in the 400/500 Free may use that time to become eligible for the 1000 or 1650 provided they have not swum these events before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.
  2. Swimmers with at least a "C" time in the 800/1000 may use that time to become eligible for the 1650 and vice-versa provided they have not swum the event before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.
- Time Trials:** Time trials will be offered, time permitting, following the morning sessions. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's entry limit for the day (See Entry Limitations). Sign up will be at the Admin table. There will be a cost of \$10.00 per time trial event. A 10 minute warm-up for time trials will be allowed as time permits at the discretion of the meet referee.
- Time trial standards will be set that the requesting athlete is within a .50 second of an age group "B" TSE, for each 50 yards. There will be no penalty for not achieving this standard.
  - Any time trial must be submitted by the athlete's coach.

**Time Standards:** MN Swimming Time Standards – the most current edition published on the MSI website will be used.

**Meet Lane Timing Needs:** A motion was passed on 10/20/1998 that states: “During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level.”

If your club would like to help out on a specific time or day, please contact the Meet Director.

**ORDER OF EVENTS**

SATURDAY AM				
Girls	DIV	AGE	EVT	Boys
Events				Events
		12&U	200 Free Relay	1
2		10&U	200 Free Relay	3
	C	11-12	50 FR	4
5	C	9-10	50 FR	6
7	C	8&U	50 FR	8
	C	11-12	100 FL	9
10	C	10&U	100 FL	11
12	C	8&U	50 BK	13
	C	11-12	100 BK	14
15	C	10&U	100 BK	16
17	C	8&U	100 IM	18
	C	11-12	100 IM	19
20	C	9-10	100 IM	21
	C	11-12	50 BR	22
23	C	9-10	50 BR	24
	C	11-12	200 FR	25
26	C	10&U	200 FR	27
	C	11-12	200 BR	28

SATURDAY PM				
Girls	DIV	AGE	EVT	Boys
Events				Events
29		13&O	200 Free Relay	30
31		12&U	200 Free Relay	
32	C	11-12	50 FR	
33	C	13-14	100 FL	
34	C	15&O	100 FL	
	C	13&O	100 FL	35
36	C	11-12	200 BR	
37	C	13-14	100 IM	
38	C	15&O	100 IM	
	C	13&O	100 IM	39
40	C	11-12	100 FL	
41	C	13-14	200 FR	
42	C	15&O	200 FR	
	C	13&O	200 FR	43
44	C	11-12	100 BK	
45	C	13-14	100 BR	
46	C	15&O	100 BR	
	C	13&O	100 BR	47
48	C	11-12	100 IM	
49	C	13-14	200 IM	
50	C	15&O	200 IM	
		13&O	200 IM	51
52	C	11-12	50 BR	
53	C	13-14	100 BK	
54	C	15&O	100 BK	
	C	13&O	100 BK	55
56	C	11-12	200 FR	
	<b>BREAK</b>			
57	C	13-14	500 FR	
58	C	15&O	500 FR	
	C	13&O	500 FR	59
60	C	13&O	1650 FR	61

SUNDAY AM				
Girls	DIV	AGE	EVT	Boys
Events				Events
		12&U	Mixed 200 FR Relay*	62
63		10&U	Mixed 200 FR Relay*	
	C	11-12	200 IM	64
65	C	10&U	200 IM	66
67	C	8&U	50 BR	68
	C	11-12	50 BK	69
70	C	9-10	50 BK	71
	C	11-12	200 FL	72
73	C	8&U	100 FR	74
	C	11-12	100 FR	75
76	C	9-10	100 FR	77
78	C	8&U	50 FL	79
	C	11-12	100 BR	80
	C	11-12	200 BK	81
82	C	9-10	50 FL	83
	C	11-12	50 FL	84
85	C	10&U	100 BR	86
	BREAK			
	C	11-12	500 FR	87

SUNDAY PM				
Girls	DIV	AGE	EVT	Boys
Events				Events
88		13&O	Mixed 200 FR Relay*	
89		12&U	Mixed 200 FR Relay*	
90	C	13-14	400 IM	
91	C	15&O	400 IM	
	C	13&O	400 IM	92
93	C	11-12	200 IM	
94	C	13-14	200 FL	
95	C	15&O	200 FL	
	C	13&O	200 FL	96
97	C	11-12	50 BK	
98	C	13-14	50 FR	
99	C	15&O	50 FR	
	C	13&O	50 FR	100
101	C	11-12	200 FL	
102	C	13-14	200 BR	
103	C	15&O	200 BR	
	C	13&O	200 BR	104
105	C	11-12	100 FR	
106	C	13-14	100 FR	
107	C	15&O	100 FR	
	C	13&O	100 FR	108
109	C	11-12	100 BR	
110	C	11-12	200 BK	
111	C	13-14	200 BK	
112	C	15&O	200 BK	
	C	13&O	200 BK	113
114	C	11-12	50 FL	
	BREAK			
115	C	11-12	500 FR	
116	C	13&O	1000 FR	117

**\*Sunday Mixed 200 Free Relays - must have two boys and two girls**

Meet Calculation Form

**Minnesota Achievement Championships  
NORTHFIELD BULL SHARKS SWIM CLUB  
February 27-28, 2016**

**Sanction Number:** MN16W-01-02Y  
**Time Trial Sanction Number:** MN16W-01-141Y

**Entering Club's Name:** \_\_\_\_\_ **Club Code** \_\_\_\_\_

**Coach:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Entries Person:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Entry Data Costs:**

MSI Entry Fee: \_\_\_\_\_ # of Swimmers entered x \$2.50 = \$\_\_\_\_\_.

\_\_\_\_\_ Total Splashes x \$ 5.50 = \$\_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

\_\_\_\_\_ Total Relays x \$ 22.50 = \$\_\_\_\_\_

**Total Due** = \$\_\_\_\_\_

**Make checks payable to:** Northfield Bull Sharks Swim Club **All fees are due** at the meet.

**E-Mail results to:** Name \_\_\_\_\_

Email Address \_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

\_\_\_\_\_

**Who should we contact if there is a problem with your entry file?**

**Name** \_\_\_\_\_

**Phone: Day** \_\_\_\_\_ **Night** \_\_\_\_\_