

C Finals
Alexandria Swim club
February 28 – March 1, 2015

Sponsored By: Alexandria Swim Club

Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.

Sanction Number: MN15W-01-06Y

Meet Director: Kirsten Koep, kkoep@rea-alp.com, (320) 762-9872

Meet Marshal: Kathy Hungness

Inquiries: Tracy Meece, tjmeece1974@gmail.com, (320) 247-0940

Entries: Dave Molesworth, moleswd@morris.umn.edu, (605) 670-0537

Safety Coordinator: Dave Molesworth

Team Coaches: Cahill Collins, Kaitlin Kluver, Paige Entzi

Club Officials: Jim Meece, Tracy Meece

Officials: MSI Qualified Officials

Team President: Darren Hungness

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

Meet Type: This is a 2 day meet for all swimmers with ANY verifiable C times. This is a closed meet: Only swimmers from the MN LSC can participate.

Purpose: To encourage and promote competitive swimming among age group swimmers

Pool Location: Discovery Middle School
520 McKay Avenue North
Alexandria, MN 56308
Telephone number for emergency use only 320-762-7900 ext. 2300.

Directions to the pool: Exit 103 North off I-94 onto MN Highway 29, turn right on 34th Avenue West follow for 4.6 miles Discovery Middle school will be on your left or west side of McKay Avenue. Pool is located on the north side of the building. Use front parking lot and enter front doors.

Time Schedule: Morning Session - Warm-up Start 7:20AM, Warm-up End 8:20AM, Meet Start 8:30AM.
Afternoon Session: Will not start before 10:30AM preceded by a 45 minute warm up.

Facility: 8 Lane, 50 Yard Indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 30 inches above the water surface. The minimum water depth, measured in accordance with Article 103.2.3 is 12 feet, 0 inches at the start end and 3 feet, 6 inches at the turn end.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Timing: Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.

Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relay. All swimmers must have verifiable C times. These times must be verifiable from January 1, 2014 to present. The meet will be seeded with conforming times first and non-conforming times thereafter.

C FINALS RELAYS: 200 Freestyle Relays will be offered according to the following categories – 10&U, 12&U and 13&O for each gender. Each club is limited to three (3) relays per event. Ribbons for 1st-8th place will be awarded for each relay event.

- No "relay only" swimmers will be permitted to participate on relays. All swimmers must have qualified and be entered to swim an individual event in C Finals in order to participate on a relay.
- Once a swimmer is qualified and entered for a C Finals individual event there are no time requirements to participate on a relay.
- For 10&U and 12&U relays they must be comprised of swimmers up to the maximum age for the event.
- For 13&O relays they must be comprised of swimmers age 13 or older.

Entries: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$100.00 per event will be charged for falsifying an entry (entries that are not verifiable). Please call the entries person for directions if you need to hand deliver.

PROOF OF TIMES: All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Each team or individual is responsible for providing their own proof of times and must accompany entries. Entries must include Hy-Tek (or compatible) Team Manager printed proof of times or they will not be accepted.

Procedure for swimmers who do not achieve the time standard at the meet

- Swimmers time will be checked by the host team.
- If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- All fines must be paid to the host club by the end of the meet.
- Teams have one week from the end of the meet to prove the time and their fine will be refunded by the host team.
- When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.
- Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the team's charter being suspended until the fine is paid.
- The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.

FINES: Any swimmer failing to achieve the qualifying time standard for any individual event must submit appropriate proof of having previously achieved the entry time standard. Any swimmer unable to provide such proof of performance shall pay a fine of \$100 to the host club. Proof of performance must be in a USA Swimming sanctioned or approved competition or Time Trial or official verifiable high school or college meet. Each club or individual is responsible for providing their own proof of performance.

ENTRY DUE DATE: An Email copy of your entry is due **Wednesday, February 18, 2015 by 8:00 PM**. A hard copy including all proof of times and entry fees owed is due **Friday, February 20, 2015 by 8:00 PM**. To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, email an entire new entry to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team. This is not to add new swimmers or events for those who missed the February 18, 2015 entry deadline.

Minnesota host teams must use Hy-Tek software to run swim meets. Please include a PRINTED and PROOFED copy of your ENTRY REPORT, along with your electronic file as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek or Team Unify electronic entry unless your club is on record with MSI that you cannot comply with the entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this meet information.

EMAILED entries are preferred. Please follow these guidelines when submitting EMAILED ENTRIES.

1. Use Hy-Tek Team Manager (Version 4.0 or above) or Team Unify to send entries.
2. Email a TEXT or PDF FILE of your entries along with the TEAM MANAGER/TEAM UNIFY FILE – this allows the Entries Chair to double check that the number of swimmers and entries on the electronic file matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to make sure no swimmers are left out of the meet. This is extremely IMPORTANT!
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT/PDF FILE must accompany the REVISED TEAM MANAGER/TEAM UNIFY file.
5. Bring the Fee Calculation Form and your payment to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair that means that he has NOT ENTERED YOUR SWIMMERS! Call or email him until he confirms that he has received your entries.

Scoring: None

400 IM, 500 Free, 1000 Free, & 1650 Freestyle: These events will be deck seeded upon completion of the positive check-in. Positive check-in is required by the time stated at the coaches meeting at the timing table. 500 Freestyle, 1000 Freestyle and the 1650 Freestyle heats will be swum fastest to slowest, all age groups (within the session) combined, genders alternating separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). The 400 IM heats will be swum slowest to fastest, all age groups (within the session combined, genders alternating separated for score/awards by age group offered at the meet (per legislation updated January 15, 2013). Minnesota Scratch rules will be in effect.

Additional criteria for entering the 1000 Freestyle or the 1650 Freestyle events:

1. Swimmers with at least a "C" time in the 400/500 Free may use that time to become eligible for the 1000 or 1650 provided they have not swum these events before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.
2. Swimmers with at least a "C" time in the 800/1000 may use that time to become eligible for the 1650 and vice-versa provided they have not swum the event before (enter using "NT"). Note: this rule applies to this meet but not to the Minnesota Regional Championships or STATE meet.

Awards: Individual Events: Events: Strip Ribbons, 1st – 8th. Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

Timed Final Events: Minnesota Swimming warm-up procedures will be followed. Please observe general warm up, pace lane and sprint lane time assignments. Depending upon entries, warm-up lane assignments and/or split session warm up may be used.

Fees: \$2.50 per entrant listed on the entry sheet, \$5.50 per individual splash, \$22.00 per relay. Summary cost per calculation sheet. Checks must accompany entries and made payable to: **Alexandria Swim Club**. Entry fees must accompany your entry or your entries will not be accepted.

Concessions: Will be provided.

Meet Information, Rules and Regulations: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA Swimming Membership: All swimmers must be current 2015 registered athlete members of USA Swimming. All coaches must be current 2015 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

Warm-Up: Current MSI and USA Swimming rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be familiar with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO DIVING and SLIP-IN-ENTRY rules will be strictly enforced.

Racing start certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Timed Finals: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

Time Standards: MN Swimming Time Standards – the most current edition published on the MSI website will be used.

Time Trials: Time trials will be offered, time permitting, following the morning sessions. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's entry limit for the day (See Entry Limitations). Sign up will be at the Admin table. There will be a cost of \$10.00 per time trial event. A 10 minute warm-up for time trials will be allowed as time permits at the discretion of the meet referee.

- Time trial standards will be set that the requesting athlete is within a .50 second of an age group "B" TSE, for each 50 yards. There will be no penalty for not achieving this standard.
- Any time trial must be submitted by the athlete's coach.

Timelines: Any timelines provided, whether on the MSI web site, or in the meet program, is for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

Changes to the Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Meet Committee: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

Coach's Meeting: Will take place on a regular basis at the discretion of the referee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is **prohibited. (Effective January 1, 2015)**

2015 Winter C Finals Order of Events

SATURDAY AM				
Girls Events	DIV	AGE	EVT	Boys Events
	C	11-12	50 FR	1
2	C	9-10	50 FR	3
4	C	8&U	50 FR	5
	C	11-12	200 BR	6
	C	11-12	100 FL	7
8	C	10&U	100 FL	9
10	C	8&U	50 BK	11
	C	11-12	100 BK	12
13	C	10&U	100 BK	14
15	C	8&U	100 IM	16
	C	11-12	100 IM	17
18	C	9-10	100 IM	19
	C	11-12	50 BR	20
21	C	9-10	50 BR	22
	C	11-12	200 FR	23
24	C	10&U	200 FR	25

SATURDAY PM				
Girls Events	DIV	AGE	EVT	Boys Events
26	C	11-12	50 FR	
27	C	13-14	100 FL	
28	C	15&O	100 FL	
	C	13&O	100 FL	29
30	C	11-12	200 BR	
31	C	13-14	100 IM	
32	C	15&O	100 IM	
	C	13&O	100 IM	33
34	C	11-12	100 FL	
35	C	13-14	200 FR	
36	C	15&O	200 FR	
	C	13&O	200 FR	37
38	C	11-12	100 BK	
39	C	13-14	100 BR	
40	C	15&O	100 BR	
	C	13&O	100 BR	41
42	C	11-12	100 IM	
43	C	13-14	200 IM	
44	C	15&O	200 IM	
		13&O	200 IM	45
46	C	11-12	50 BR	
47	C	13-14	100 BK	
48	C	15&O	100 BK	
	C	13&O	100 BK	49
50	C	11-12	200 FR	
	BREAK			
51	C	13-14	500 FR	
52	C	15&O	500 FR	
	C	13&O	500 FR	53
54	C	13&O	1650 FR	55

SUNDAY AM				
Girls Events	DIV	AGE	EVT	Boys Events
		12&U	200 FR Relay	56
57		10&U	200 FR Relay	58
	C	11-12	200 IM	59
60	C	10&U	200 IM	61
62	C	8&U	50 BR	63
	C	11-12	50 BK	64
65	C	9-10	50 BK	66
	C	11-12	200 FL	67
68	C	8&U	100 FR	69
	C	11-12	100 FR	70
71	C	9-10	100 FR	72
73	C	8&U	50 FL	74
	C	11-12	100 BR	75
76	C	9-10	50 FL	77
	C	11-12	50 FL	78
	C	11-12	200 BK	79
80	C	10&U	100 BR	81
	BREAK			
	C	11-12	500 FR	82

SUNDAY PM				
Girls Events	DIV	AGE	EVT	Boys Events
83		13&O	200 FR Relay	84
		12&U	200 FR Relay	85
86	C	13-14	400 IM	
87	C	15&O	400 IM	
	C	13&O	400 IM	88
89	C	11-12	200 IM	
90	C	13-14	200 FL	
91	C	15&O	200 FL	
	C	13&O	200 FL	92
93	C	11-12	50 BK	
94	C	13-14	50 FR	
95	C	15&O	50 FR	
	C	13&O	50 FR	96
97	C	11-12	200 FL	
98	C	13-14	200 BR	
99	C	15&O	200 BR	
	C	13&O	200 BR	100
101	C	11-12	100 FR	
102	C	13-14	100 FR	
103	C	15&O	100 FR	
	C	13&O	100 FR	104
105	C	11-12	100 BR	
106	C	13-14	200 BK	
107	C	15&O	200 BK	
	C	13&O	200 BK	108
109	C	11-12	50 FL	
110	C	11-12	200 BK	
	BREAK			
111	C	11-12	500 FR	
112	C	13&O	1000 FR	113

Meet Calculation Form

C Finals
Alexandria Swim club
February 28 – March 1, 2015

Sanction Number: MN15W-01-06Y

Entering Club's Name: _____ Club Code _____

Coach: _____ Phone # _____

Entries Person: _____ Phone# _____

Entry Data Costs:

_____ Total Swimmers x \$2.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Splashes x \$5.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Relays x \$22.00 = \$ _____

Total Due = \$ _____

Make checks payable to: Alexandria Swim Club. All fees are due with your entry.

Mail summaries to: Name _____

Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry disk?

Name _____

Phone: Day _____ Night _____