

STC Fall Meet St. Cloud YMCA Swim Team

Saturday, September 30, 2017 — to — Sunday, October 01, 2017

Sanction Number: MN17W-08-228Y

Held under the sanction of USA Swimming.

In granting this sanction it is understood and agreed that USA Swimming and Minnesota Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director: Jennifer Davis, 320-493-5110, jlcdavis@laborforlove.com

Inquiries: Evan Shanley, 319-415-9403, evan.shanley@scymca.org

Emergency Phone: 320-493-5110

Meet Type: ABC Open

Teams Invited: All USA Teams

Fees: MSI Entry fee of \$3.00 and \$7.00 Facility Fee, \$5.50 individual events, \$22.00 relays.

Time Schedule: Afternoon warm-up session will start at 12:30 pm, warm-up session will end at 1:20 and the meet will

start at 1:30.

Awards, Prizes

and Scoring:

No Awards

Programs: Programs will be provided via: Pdf on host website

Amenities: Concessions will be provided.

FACILITY/LOCATION

Meet Location: 2001 Stockinger Dr., St. Cloud, MN 56303

Directions: From Minneapolis: https://goo.gl/maps/nZaiiAUxQ8H2. From Alexandria:

https://goo.gl/maps/1TQkXE37dvC2

Facility: 8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 28

inches above the water surface.

Water depth: The minimum water depth, measured in accordance with Article 103.2.3 is 3.5 ft at the start end and

12 ft at the turn end.

Course certification: The competition course has NOT been certified in accordance to 104.2.2C(4).

Other: Spectrum wedge starting blocks.

ENTRIES

Evan Shanley, 319-415-9403, evan.shanley@scymca.org

Form of Entries: Electronic Only

Entry Start Date: Entries will be accepted beginning at 8:00 pm on Tuesday, August 22, 2017

Entry Close Date: Entries will close at 11:59 pm on Wednesday, September 20, 2017. This is the final date that entries

will be accepted for the meet.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete

in a maximum of 4 individual events per day and 1 relay per day. All seed times must be in yards.

ELIGIBILITY / ATHLETES

Eligibility: All swimmers who are registered with USA Swimming.

Racing start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Membership:

No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per event per swimmer.

Swimmers without A Coach Present:

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

MEET ADMINISTRATION, CONDUCT

Coach's Meeting: Will take place on a regular basis at the discretion of the referee.

Warm-up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures

have been modified to accommodate the size of the meet, the procedures MUST be prominently

posted in the pool area.

Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving

and Slip-In Entry rules will be strictly enforced.

Rules and Regulations:

All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any

errors or omissions on this form.

Changes to the Meet Information:

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Prohibited:

- ✓ Deck changing: Deck changes are prohibited.
- ✓ Use of audio or visual recording devices including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Operations of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Distance Events:

Heats for distance events may be combined across gender at the Meet Referee's discretion. Minnesota Scratch rules will be in effect. There will be a 10 minute break before the 400 IM and 500 Free on Saturday. There will be a 10 minute break before 1000 Free on Sunday. The 400 IM, 500 Free, and 1000 Free will be seeded fastest to slowest.

Open Lane Swims:

The MSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$ 16.50. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 4 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

Time Standards:

No time standards will be used for this meet.

ORDER OF EVENTS

SATURDAY

- 1) Mixed 200 Free Relay 5 Min Break
- 2) Mixed 200 Free
- 3) Mixed 50 Free
- 4) Mixed 100 Back
- 5) Mixed 200 Breast
- 6) Mixed 50 Fly
- 7) Mixed 100 IM
- 8) Mixed 200 Fly 10 Min Break
- 9) Mixed 400 IM
- 10) Mixed 500 Free

SUNDAY

- 11) Mixed 200 Medley Relay
 - 5 Min Break
- 12) Mixed 100 Free
- 13) Mixed 200 IM
- 14) Mixed 50 Back
- 15) Mixed 100 Breast
- 16) Mixed 200 Back
- 17) Mixed 50 Breast
- 18) Mixed 100 Fly
 - 10 Min Break
- 19) Mixed 1000 Free

Meet Calculation Form

STC Fall Meet ST. CLOUD YMCA SWIM TEAM 9/30/17-10/1/17

Sanction Number: MN17W-08-228Y Entering Club's Name: Club Code _____ Coach: ______ Phone # _____ Entries Person: _____ Phone # _____ **Entry Data Costs:** MSI Entry Fee: _____# of Swimmers entered x \$3.00 = \$_____. _____Total Splashes x \$ 5.50 = \$_____ # of boys____ # of girls _____ _____Total Relays x \$ 22.00 = \$_____ _____ Total Facility fee x \$ 7.00 = \$_____ Total Due Make checks payable to: St. Cloud YMCA Swim Team All fees are due at the meet. E-Mail results to: Name Email Address The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc. Who should we contact if there is a problem with your entry file? Phone: Day Night _____ Email Address: