



**Friday Night Dash**  
**Atlantis Swimming Federation**

**Friday, October 27, 2017**

**Approval Number:** MN17W-09-240A

**Held under the sanction of USA Swimming.**

In granting this sanction it is understood and agreed that USA Swimming and Minnesota Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Meet Director:** Chandra Wray-Raabolle 5073636988 ccwray@mac.com

**Inquiries:** Mark Vininski 6128602599 atlantisswimmingfederation@gmail.com.

**Emergency Phone:** 5073636988.

**Meet Type:** Open Invitational

An Approved Meet is a competition conducted in accordance with USA Swimming technical rules, but where all athletes are not members of USA Swimming. Requirements for an Approved Meet are set by USA Swimming, but approval of such meets is granted by Minnesota Swimming. Times achieved by member athletes may be used for entry into any USA Swimming competition. (See USA Swimming Rulebook, Article 202.4)

**Teams Invited:** All teams are welcome, USA & YMCA

**Fees:** MSI Entry fee of \$3.00 and \$27 meet fee for a total of \$30 / swimmer

**Time Schedule:** Afternoon warm-up session will start at 5:30, warm-up session will end at 6:00 and the meet will start at 6:05.

**Awards, Prizes and Scoring:** Awards will be given to the top 6.

**Programs:** Programs will be provided via: Pdf on host website and free hard copies at the meet

**Amenities:** No concessions will be provided.

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**FACILITY/LOCATION**

**Meet Location:** Faribault High School 330 9th AVE SW Faribault, MN 55021

**Directions:** From the north: Take the first Faribault exit 59, take the exit and continue under the bridge. Continue to the 5th stop light take a left. Continue through the first stop sign. Take a right at the second stop sign onto 9th Ave. Go to the next stop sign and take a right on to 3rd St SW. The entrance to the parking lot is on the left. Enter the building through door ###. Turn right once entering the building go through the caf the pool is up the ramp on the left.

From the South: Take the first Faribault exit 55, proceed to stop light take right on to Division. At the second stop sign take a right on to 9th Ave. Go to the next stop sign and take a right on to 3rd St SW. The entrance to the parking lot is on the left. Enter the building through door ###. Turn right once entering the building go through the caf the pool is up the ramp on the left..

**Facility:** 6 lanes, 25 yard indoor pool with lanes and backstroke pennants. Slanted Starting blocks are 30 inches above the water surface.

**Water depth:** The minimum water depth, measured in accordance with Article 103.2.3 is 12 ft at the start end and 3.5 ft at the turn end.

**Course certification:** The competition course has NOT been certified in accordance to 104.2.2C(4).

**Other:** Atlantis uses the TouchPad software to run their meets. Parents can use all the functions it has to offer.

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## ENTRIES

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**Entries To:** Mark Vininski 612.860.2599, atlantisswimmingfederation@gmail.com

**Form of Entries:** Touchpad entries entries are required

**Entry Start Date:** Entries will be accepted beginning at 8:00 pm on Tuesday, September 12, 2017.

**Entry Close Date:** Entries will close at 8:00 PM on Tuesday, October 17, 2017. This is the final date that entries will be accepted for the meet.

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 3 individual events per day and 1 relay per day. All seed times must be in yards.

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## ELIGIBILITY / ATHLETES

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**Eligibility:** All swimmers if they have a time or not.

**Racing start Certification:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**USA Swimming Membership:** No swimmer will be permitted to compete unless the swimmer is a member as Provided in Article 302 of USA Swimming Rules. All coaches must be current members as provided in Article 302 of USA Swimming Rules. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25 fine per event per swimmer.

**Swimmers without A Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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## MEET ADMINISTRATION, CONDUCT

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- Coach's Meeting:** Will take place on a regular basis at the discretion of the referee.
- Warm-up:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups. If warmup procedures have been modified to accommodate the size of the meet, the procedures **MUST** be prominently posted in the pool area.
- Swimmers and coaches are expected to be acquainted with all rules and regulations; the NO Diving and Slip-In Entry rules will be strictly enforced.
- Rules and Regulations:** All information, rules and regulations including time standards, schedules, order of events, meet operations, and requirements will be in accordance with Minnesota Swimming Inc. policies, rules and regulations and USA Swimming Rules and Regulations current edition, and take precedence over any errors or omissions on this form.
- Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.
- Prohibited:**
- ✓ **Deck changing: Deck changes are prohibited.**
  - ✓ **Use of audio or visual recording devices** including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
  - ✓ **Operations of a drone or any other flying apparatus** is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Open Lane Swims:** The MSI "Open Lane Swim" procedure will be available at this meet. The open lane fee is \$ 10. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, the Referee will determine if the missed swim may occur and how it is conducted. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of 3 events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.
- Time Standards:** No Senior time standards will be used for this meet.

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**ORDER OF EVENTS**

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1 200 Medley Relay

5 Min Break

2 200 IM

3 50 Free

4 200 Breast

5 100 Back

6 50 Fly

7 100 Breast

8 200 Fly

9 200 Free

10 50 Breast

11 200 Back

12 100 Fly

13 50 Back

14 100 Free

5 Min Break

15 500 Free

Meet Calculation Form

**Friday Night Dash**  
**ATLANTIS SWIMMING FEDERATION**  
**OCTOBER, 27 2017**

Approval Number: MN17W-09-240A

Entering Club's Name: \_\_\_\_\_ Club Code \_\_\_\_\_

Coach: \_\_\_\_\_ Phone # \_\_\_\_\_

Entries Person: \_\_\_\_\_ Phone # \_\_\_\_\_

**Entry Data Costs:**

MSI Entry Fee: \_\_\_\_\_ # of Swimmers entered x \$3.00 = \$\_\_\_\_\_.

\_\_\_\_\_ Total # swimmers x Flat Fee of \$ 27.00 = \$\_\_\_\_\_ # of boys \_\_\_\_\_ # of girls \_\_\_\_\_

**Total Due = \$\_\_\_\_\_**

**Make checks payable to:** Atlantis Swimming Federation **All fees are due** when the meet starts

**E-Mail results to:** Name \_\_\_\_\_

Email Address \_\_\_\_\_

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

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**Who should we contact if there is a problem with your entry file?**

Name \_\_\_\_\_

Phone: Day \_\_\_\_\_ Night \_\_\_\_\_

Email Address: \_\_\_\_\_