

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	AD - Adirondack Swimming	Practice / Water	In Water	Swimmer jumped into the shallow end of the pool feet first. He landed hard on his right foot and injured the growth plate in his right foot	Swimmer injured the growth plate in his right foot.
Female	AD - Adirondack Swimming	Practice / Water	In Water	Swimmer hit another swimmer while swimming - possibly in the head - and sprained her thumb.	Swimmer hit another swimmer while swimming - possibly in the head - and sprained her thumb.
Male	AD - Adirondack Swimming	Practice / Water	In Water	At beginning of warmup, one of the swimmers advised me that her water bottle had dropped in the pool and was on the bottom of deep end. I asked swimmer if he was comfortable trying to retrieve it and he indicated yes. When he surfaced, he set the bottle down and I immediately noticed the palm of his hand was bleeding. He said he cut his hand and the swimmer who dropped the water bottle said it was glass and was visibly shaken. I administered to the wound while my assistant coach supervised the group. Once the wound had been cleaned and dressed, I inspected the water bottle. The bottle had a rubber shell surrounding it. I got swimmer's mother who was in the hallway outside the pool area, explained what had happened after which she brought swimmer to Urgent Care.	Cut to the right palm between the thumb and finger.
Female	AD - Adirondack Swimming	Meet / Competition	On Blocks	On the swimming block, cut left foot.	Left foot, cut
Female	AD - Adirondack Swimming	Practice / Water	In Water	The swimmer was negotiating a flip turn in the shallow end of the pool. On approach of the wall she initiated her summersault and the force of the movement caused her to dislocate her right shoulder.	Dislocated right shoulder
Female	AD - Adirondack Swimming	Meet / Warm-up	On Blocks	8:48 am Sprint Warmup on block 6. Swimmer slid off side of block onto deck floor directly on tailbone, bouncing and landing on gutter of pool	landed on tailbone on deck, bounced to gutter of pool.
Female	AD - Adirondack Swimming	Meet / Warm-up	In Water	During warm up boy swam backstroke without looking and slammed head into athlete	athletes head was hit by another swimmer
Female	AD - Adirondack Swimming	Practice / Water	In Water	Swimmer was doing Backstroke and swam into the shallow end wall head first.	Minor concussion
Female	AK - Alaska Swimming	Practice / Water	In Water	Swimmer was kicking out and collided with another swimmer, who was swimming on the wrong side of the lane.	Hazel chipped a lower incisor.
Male	AK - Alaska Swimming	Practice / Water	In Water	Swimmer hit lip on wall while swimming into finish.	cut on lower lip, inside and outside mouth
Female	AK - Alaska Swimming	Practice / Water	In Water	Athlete had a head on collision with another swimmer. Neither swimmer exhibited any disorientation or much discomfort after the incident. However, after practice the coach noticed a knot on athletes forehead. The other swimmer had no noticeable injury or complaint	Knot on forehead over right eye.
Female	AK - Alaska Swimming	Practice / Dry-Land	Outside Venue	Swimmer was running backward on the field during dryland, fell, and hit her head.	Piper hit her head when falling on the turf field; she did not lose consciousness but reported seeing stars and feeling dizzy immediately afterward.
Female	AM - Allegheny Mtn Swimming	Practice / Water	In Water	Swimmer hit her head on the pool wall during practice - she miscalculated her flip turn. The incident was not witnessed by a coach or swimmer in the water. After no immediate signs of trauma, swimmer was sent home with parents to receive additional care as needed by healthcare professionals.	As stated above, the incident was not witnessed by any coach or swimmer in the water firsthand. It was assumed that the swimmer hit her head on one of the walls while attempting a flip turn. Coaches on deck did not notice any signs of trauma/behavioral changes after speaking and analyzing the situation. Swimmer was sent home with parents to receive additional medical care as needed.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	On Blocks	swimmer hit 2nd toe of left foot off block	tore toe nail of 2nd toe on left foot
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Slipped on the floor in ladies locker room and fell.	red mark on chin that started bruising

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Male	AM - Allegheny Mtn Swimming	Meet / Competition	Deck	Official was walking along the side of the pool (closest to lane 1) observing the swimmers, when he missed stepped and fell into the water.	The official was not injured. We were told by meet ref that an incident needed to be completed.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Deck	Swimmer stepped off of pool deck while walking with her equipment bag before the workout began. Swimmer stepped off with her right foot, landing on rear end and left elbow.	Open gash on left arm near elbow.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Deck	Swimmer was walking along the edge of the pool talking to her teammates. She was looking left but moving forward when the leading edge of her right temple came in contact with a pole.	Swimmer split the skin near the right temple. Coach believed swimmer would require stitches.
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Swimmer was coming out of locker room door and slipped and fell landing on wrist - forearm area.	Swimmer complained of pain in lower wrist area, just at base near hand. Wrist had some swelling.
Male	AR - Arkansas Swimming	Meet / Warm-up	Deck	walking on Deck and slipped. Tried to stop fall with left arm. Wrist is hurt.	left wrist swollen
Female	AR - Arkansas Swimming	Meet / Competition	In Water	Swimmer had a very fast finish in the 50 freestyle race and broke her hand by hitting the touchpad/wall.	Swimmer had a very fast finish in the 50 freestyle race and broke her hand by hitting the touchpad/wall.
Male	AZ - Arizona Swimming	Meet / Competition	Deck	Felt light headed and nauseated	Felt lightheaded and nauseated.
Female	AZ - Arizona Swimming	Meet / Competition	In Water	Swimmer got out of the water complaining about blurred vision.	Swimmer got out of the water complaining about blurred vision, fading in and out.
Female	AZ - Arizona Swimming	Meet / Competition	In Water	During warm ups, athlete, who has back issues due to scoliosis, was kicked in the lower back by someone doing brst. Her back seized up and caused the nerve to be impinged.	Kicked in the lower back causing muscle spasms and nerve impingement.
Male	AZ - Arizona Swimming	Meet / Competition	Deck	Fell back in the timer chair and hit his head	Bumped head
Male	AZ - Arizona Swimming	out door activity in park	Outside Venue	The swim team was playing capture the flag. athlete was running to get a way from another athlete. He tripped and flipped over onto his back. He had his hands up over his chest and other athlete landed on him	He has a Distal radial fracture of the right arm
Female	AZ - Arizona Swimming	Game	Outside Venue	Athlete was running and tripped in the grass and tumbled down. Athlete hit their head on the grass when they fell	Head hurting and tired.
Female	AZ - Arizona Swimming	Practice / Water	In Water	Athlete collided heads with another athlete during warm up.	Collies heads with another athlete
Female	AZ - Arizona Swimming	Before Practice	Near the Snack Bar on Deck	Athlete was eating a Wheat Thin and a piece of it went in her eye before practice. She did not report anything and she assumed she got it out so she did not tell anyone except her friends. Halfway through practice her friends told the coach and her eye was swollen. The Coach got her out and delivered her to the Lifeguards who applied Ice and Washed her eyes out with the Eye Wash Station. Her eye swelling went down as her father arrived to pick her up. Her Father took her home.	A small peice of wheat thin got into her eye and it got swollen and red. Stated that she got it out.
Female	AZ - Arizona Swimming	USMS/AASF Adult Learn-to-Swim Program	Deck	athletes parents are in the Adult Learn-to-Swim program and arrived early to their lesson. athlete ran up to her friend when she fell. I was teaching a lesson and did not see her running or fall, but Lifeguards did and took action.	athlete fell and hit her back or head on the ground. She got a concussion.
Female	AZ - Arizona Swimming	Practice / Dry-Land	Deck	Hurt foot while running/dryland	hurt foot/ankle while running/dryland with team
Female	AZ - Arizona Swimming	Meet / Competition	walking out of venue trip off sidewalk	was texting on the phone and didnt see curb of sidewalk and fell.	brusies, scratches and swelling.
Female	AZ - Arizona Swimming	Fell in wash walking from off site designated parking.	See above	Walking to swim meet from designated parking area to competition site. Caught herself on fall with her wrist.	Fell on left wrist and hand.
Female	AZ - Arizona Swimming	Game	Outside Venue	athlete was playing a game in the field. She tripped and fell, tried to brace her fall with her hands and hurt her wrist.	Buckle fracture of wrist.

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Female	AZ - Arizona Swimming	Practice / Water	On Blocks	Swimmer was climbing out at start end of pool and caught left temple on underside of block	cut on left temple
Female	AZ - Arizona Swimming	Practice / Dry-Land	Deck	Athlete arrived on the deck and walked over to begin dryland. We just got our pool deck resurfaced. She slipped and fell on the deck.	It is her right foot. Inside of big toe running up to arch. The clinic where she was seen on Monday afternoon said she has a sprain. They say she can swim, however, it hurts still. More after a lot of walking by the end of the day.
Male	AZ - Arizona Swimming	Meet / Competition	In Water	Swimmer did not see bulkhead and ran into it, hitting head, and right hand	Bump to crown of head, scrapes to knuckles right hand
Female	AZ - Arizona Swimming	Practice / Dry-Land	Grass Area behind pool bleachers	athlete was doing a build jogging exercise when she experienced inner knee pain. She sat out for a few minutes and did not complain of any pain until the end of practice where she was having pain while walking	Pain on the inner part of the knee while walking, standing with a locked out leg, and twisting the knee.
Male	AZ - Arizona Swimming	Grass near deck	Deck	Ran into pole face first. Sliced nose.	Cut on nose
Male	BD - Border Swimming	Meet / Competition	Deck	Swimmer stepped on a bee. Bee stung swimmer.	Swimmer stepped on a bee. Received bee sting on bottom of foot.
Male	CA - So. California Swimming	Meet / Competition	Deck	RUNNING ON DECK AND CUT HIS TOE	CUT ON TIP OF BIG TOE
Male	CA - So. California Swimming	Meet / Competition	Locker Room	TWO UNSUPERVISED SWIMMERS WERE ROUGHHOUSING IN THE LOCKROOM AND THIS ONE GOT HIT IN THE FACE WITH A STALL DOOR.	MINOR SCRATCH AND BRUISE
Female	CA - So. California Swimming	Practice / Water	In Water	The swimmer started crying and climbed out of the pool. Breathing became very fast. The swimmer stated that there was no feeling in her legs or hands. The coach tried to calm breathing then aided by the lifeguards. The swimmer went into and out of consciousness on a couple of occasions. Parents were notified and EMS was called. The swimmer was evaluated and EMS stated she had a panic attack. The swimmer was released to the parent.	Panic Attack
Female	CA - So. California Swimming	Meet / Competition	Deck	Parent was timing for swim meet. Became dizzy and felt tingling in her mouth and arms. Asked to be relieved from timing chair. It appeared it was heat related. After paramedics were called, daughter said her mother was having an anxiety (panic) attack. She said she suffers from panic attacks.	Dizzy and tingling in mouth and arms
Female	CA - So. California Swimming	Meet / Competition	Deck	After warm-up bent down to pick up towel and hit head on metal rail on block.	Bruise on left side of head.
Female	CA - So. California Swimming	Meet / Warm-up	In Water	Jumped in shallow end and stubbed toes on bottom of pool.	stubbed toes
Female	CA - So. California Swimming	Meet / Competition	In Water	Pulling self out of pool - slipped - heard something pop- numbness in arm and shoulder.	Pulling self out of pool - slipped - heard something pop- numbness in arm and shoulder.
Male	CA - So. California Swimming	grass area	Bleachers	pinched finger/hand on pop up tent	pinched Thumb (skin)
Female	CA - So. California Swimming	Meet / Competition	In Water	cut on foot	cut left foot on touchpad
Female	CA - So. California Swimming	Meet / Competition	In Water	cut on foot	CUT ON TOUCHPAD GETTING OUT OF WATER
Female	CA - So. California Swimming	Meet / Competition	In Water	cut it on touch pad	cut on foot/
Female	CA - So. California Swimming	Meet / Competition	Deck	Shortness of breath at the end of race. Swimmer was able to get out of water and mother brought her inhaler to help her breath	Asthma attack
Male	CA - So. California Swimming	Meet / Competition	In Water	While swimming the 100 free, right hand made contact with the lane line. scraping the index finger between hand and first knuckle...abrasion which drew small amount of blood.	ABRASION
Female	CA - So. California Swimming	Meet / Competition	Deck	Stubbed left big toe	Stubbed left big toe, cut, parent brought swimmer over to admin area for treatment

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Female	CA - So. California Swimming	Meet / Competition	On Blocks	When diving she hit her shin on the block	scraped and bruised shin
Male	CA - So. California Swimming	Meet / Competition	Deck	Individual collapsed on deck	He is a diabetic and collapsed on deck
Male	CA - So. California Swimming	Meet / Competition	Deck	He and a teammate were in the bleachers; Teammate was annoying him; athlete told teammate to stop; athlete grabbed his arm for him to stop and teammate turned around and hit athlete in the nose; Nose was bleeding.	Bloody nose.
Female	CA - So. California Swimming	Meet / Competition	Deck	After swimming, swimmer exited swim then went to the ground.	Dizzy and felt weak.
Female	CA - So. California Swimming	Meet / Competition	Deck	Walking by the blocks, slipped and fell on tailbone.	Slipped and fell on tailbone; tailbone hurts.
Female	CA - So. California Swimming	Meet / Competition	In Water	Collided with another swimmer during race.	Bumped heads.
Female	CA - So. California Swimming	Meet / Competition	In Water	Swimming the 400 freestyle, two to one lane, collided with other swimmer; hit head.	Bumped head.
Female	CA - So. California Swimming	Practice / Water	Restroom	Swimmer had food poisoning and vomited several times and proceeded to lay on restroom floor. Swimmer was "too tired to get up". Paramedics were called by the nanny. Swimmer was taken to a hospital	Swimmer experienced stomach ache, diarrhea, and vomiting.
Male	CA - So. California Swimming	Practice / Dry-Land	GRASS AREA	SWIMMER WAS STUNG BY A BEE WHILE DOING DRY LAND	BEE STING ON RIGHT HAND BETWEEN THUMB AND INDEX FINGER
Male	CA - So. California Swimming	Meet / Competition	In Water	SWIMMER WARMING UP WHEN ANOTHER SWIMMER FROM A DIFFERENT TEAM CROSSED OVER TO WRONG SIDE OF LANE AND THERE WAS A HEAD-TO-HEAD COLLISION	BUMP TO HEAD--SWIMMER FEELS DIZZY
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Doing dry-land athlete was doing backward runs and had tripped and fell on her left wrist and hit her head on the ground	Buckled left wrist, small lump on left side of back of head
Female	CA - So. California Swimming	Practice / Water	Bleachers	Miss judge the steps and fell on her face, hitting her left cheek bone and left side of face.	A large con
Female	CA - So. California Swimming	Practice / Water	In Water	miscounted strokes at flags and hit head on wall	complained of dizziness. No sign of contusion, or any sign on bump.
Male	CA - So. California Swimming	Practice / Water	In Water	Swimmer was exiting the pool after practice. His left knee was supporting his weight as he was pulling himself up. He slipped backwards and twisted in the opposite direction his leg and knee were going. The swimmer was complaining of lateral knee pain and quad pain.	Knee swollen and not supporting weight Mild scrape
Male	CA - So. California Swimming	Meet / Warm-up	In Water	During race he felt like he started hyperventilating. Muscles got heavy. After conclusion of race he went to the warm down pool and his teammate said his nose was bleeding. Felt faint after exiting warm down pool.	Muscles got heavy; nose bleed; felt faint after exiting warm down pool.
Female	CA - So. California Swimming	Meet / Competition	Deck	SWIMMER STUNG BY BEE AND HAD REACTION (SWELLING OF UPPER LIP). MOM HAD EPI-PEN AND ADMINISTERED IT. WAS ALSO ATTENDED TO BY 2 PARENTS (PEDIATRICIAN AND NURSE PRACTITIONER)	SWOLLEN LIP FROM BEE STING
Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming in shallow end and was kicked by another swimmer. He was immediately in pain, and was asked to get out and dry off. His mother was contacted.	Kicked in ear. Sent to MD. Has ruptured ear drum.
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Was running and tripped over another athlete's foot as she was trying to pass him.	Scraped left knee, scraped left elbow, painful right wrist

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Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming a 25 backstroke sprint. No one realized that the flags were off and the wind had pushed them closer to the wall than normal. athletes stroke count was off because of this and his head collided with the wall. He stayed in the water and told me (his coach) that his neck was bothering him. I caught the end of the accident and thought his arm just hit the wall but he told me it was his head. I told him to take time on the wall and not to finish the set. After a few more minutes of hanging on the wall he still looked to be in a lot of pain so he got out of the pool and I recommended we go to the lifeguard station. From there the lifeguards handled the injury. Jordan ended up being strapped down in a back/neck support and the ambulance took him to the hospital for further tests.	Head/neck injury when going into the wall sprinting backstroke
Male	CA - So. California Swimming	Meet / Competition	In Water	Swimming race, missed his 3rd turn, put his arm out through the gutter and hit his head. Turned and completed race. swimmer did not think he was injured. thru gutter	Hit head on wall during missed turn. put arm
Female	CA - So. California Swimming	Meet / Competition	In Water	Hit the wall with the back of her left hand.	Back of hand was red and swollen and slightly black and blue
Female	CA - So. California Swimming	Meet / Competition	In Water	Caught little toe on edge of pool and sprained or broke it.	Sprained or broken toe.
Male	CA - So. California Swimming	Practice / Dry-Land	an area for dryland in the facility	While demonstrating a balancing push up streamline body position to swimmers I dislocated my right elbow.	Dislocation of right elbow joint and damaged it's ligaments.
Male	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	Doing plank exercise misplaced foot and twisted toe incorrectly.	Pain in middle toe
Male	CA - So. California Swimming	Practice/Locker Room	Locker Room	athlete was hit by a swimmer in the mens locker room & had a red handprint left on the upper middle of his back. Several other young boys were hit by this older swimmer as well. Boys were in the shower when an older swimmer hit swimmer and a few other boys. Swimmer said the boy that hit him was older/tall, was really tan, curly hair, red jammers. This all happened when the white group got out of the water at 5 pm. The boy that was hitting does not swim in white group, he is older. Coaches were notified	No injury occurred. "Battery", a red handprint was left on injured party's back.
Female	CA - So. California Swimming	Practice / Water	In Water	During training, athlete was kicked in her right side by a swimmer in the neighboring lane doing breaststroke.	athlete notified me that she was kicked by someone and told me it "really hurts" and a moment later after resting on the wall I asked her how she was doing and she said it was starting to "burn." I got her out of the pool and asked her to show me where it hurt and asked if it hurt more/less/same since she was kicked. She raised her arm and said it hurt more when she did that and she pointed to her lower right ribs. I immediately got assistance from the facility lifeguards. They provided ice while I notified athletes parents that she had been hurt.
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	The swimmer was engage in a dryland activity and was accidentally pushed by another swimmer, which caused her to fall directly on her left wrist.	The swimmer's left wrist appeared swollen.
Male	CA - So. California Swimming	Practice / Water	In Water	He was swimming breaststroke, and felt his knee pop during a breaststroke kick. He stopped swimming and had trouble bending his knee.	torn meniscus

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Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming backstroke in the pool heading toward the wall for a finish. There was another swimmer that was waiting on the wall for his turn. The swimmer preemptively took off from the wall. The swimmer who preemptively jumped off the wall hit the back of his head to the top front left of claimants head. claimant was immediately taken out of the water and assessed for injury by the coach.	Parent found: broken front bottom right middle tooth Tongue bleeding (minimal) headache, but no bumps on top of the head where the injury occurred.
Male	CA - So. California Swimming	Meet / Competition	Deck	10YRS OLD post respiratory infection(croup)having trouble with cough and slight breathing issues able to talk well, no use of accessory muscle noted, cough with congestion noted	as above
Female	CA - So. California Swimming	Meet / Competition	On Blocks	She was on the blocks getting ready to dive in the water; realized that she was diving too soon and in trying to stop the dive she flipped forward hitting her mouth on the block and on the side of the pool	Cut on the lower lip; abrasion on right wrist; two broken teeth.
Male	CA - So. California Swimming	Meet / Warm Down	In Water	athlete had just entered the water with a 3 point entry, gone under the water and was coming back to the surface when another swimmer jumped in the water feet first and hit athlete in the face breaking his goggles and cutting his skin under his left eye.	cut below left eye and potentially a black eye.
Male	CA - So. California Swimming	Playing in the field	Outside on playing field	Playing soccer outside on a field and ran into someones arm and his front tooth fell out on the right side.	Fake tooth fell out. Bleeding on the lips and tooth.
Male	CA - So. California Swimming	Practice / Dry-Land	Deck	Accidentally put his arm through the fence while catching a frisbee.	Bruised and abrasion wrist/arm.
Female	CA - So. California Swimming	Meet / Warm-up	In Water	The swimmer was in one of the warmup lanes (lane 3) and was taking a 10 second rest with arm extended and hand on the wall in ready position. Another swimmer jumped feet first into the pool and landed on the original swimmer's right shoulder.	Bruising, swelling, redness on the shoulder where the contact occurred. Loss of full range of motion.
Male	CA - So. California Swimming	Meet / Competition	Deck	Swimmer, walking in flip-flops and wearing goggles, tripped over a hand card and fell onto deck on arm.	Painful right arm
Male	CA - So. California Swimming	Meet / Competition	Deck	He was getting out of the pool after his race and hit his knee on the deck.	Cut near top of his left knee cap. There was a lot of blood and a small white piece hanging out.
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer was exiting the pool and cut her finger on the bulk head	cut finger
Female	CA - So. California Swimming	Meet / Warm-up	In Water	Swimmer performing backstroke start collided with swimmer warming down.	bump under eye
Male	CA - So. California Swimming	Meet / Warm-up	In Water	Swimmer doing backstroke start collided with swimmer warming down.	Left lower eyelid split open
Female	CA - So. California Swimming	on deck	Deck	Watching brother being treated for dislocation injury, child fainted and collapsed to ground	When fainting, struck head on concrete
Male	CA - So. California Swimming	Meet / Warm-up	In Water	Entered pool during morning warmup and hit bottom of pool. toes curled when they hit. toe dislocated, pointing out. bleeding between toes	Dislocated toe; bleeding between toes
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer hit the wall and slammed her L elbow against the wall	L elbow was injured
Female	CA - So. California Swimming	Meet / Competition	In Water	At conclusion of race on wall she jammed fingers; right hand little 2 middle (ring and little fingers).	She jammed fingers; right hand little 2 middle (ring and little fingers).

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Female	CA - So. California Swimming	Practice / Water	In Water	Dryland 5:45 - athlete seemed to be coughing and said she was having an asthma attack but said she had it under control. Let her relax and control breathing 6:05 - in water swimming. During warm up athlete was coughing a little at first but seemed to be ok. Was not having any breathing problems 6:30 - second bout of coughing. Said she was ok 6:55 - third bout of coughing, athlete had pulled herself out of the water at this point and said she couldn't control breathing. Started working on good breathing patterns with her... counting out breathing and working on keeping it under control. First thing she said to me was "I don't want to get out because my dad is going to get mad at me" After assuring her that he wouldn't, she then said, "my dad was mad at me last time I had an asthma attack." Continued to assure athlete that her father would still not be mad at her Masters coach comes over to help out but athlete continues to say that dad is going to be mad I call over to brother and athlete begins to hyperventilate even worse at this point; breathing comes back under control 7:05 - Father is called the first time.... No answer 7:10 - Head coach comes over to help with situation and says he is going to get phone to call dad...hyperventilation starts again. Head coach calls dad multiple times, but does not answer phone We attempt to walk back over to bag so we can wait for parents 7:15 - COI administers CO2 to help with breathing... athlete passes out first time... comes to ER called by COI and dispatched 7:28 - Mother calls and says she is on her way 7:35- athlete is handed off to medics and mother arrives 7:45 -athlete is carted off via medics to hospital for observation	Started as asthma attack and then lead to hyperventilation issue
Female	CC - Central California Swimming	Practice / Dry-Land	Outside Venue	Athlete was doing exercises for dryland. The swimmer was skipping backward and lost footing. When the athlete fell they braced with their hands.	After bracing a fall with the athletes hands the athlete suffered from a wrist sprain.
Female	CC - Central California Swimming	Meet / Competition	Outside Venue	Bee Sting	Stung by a bee
Female	CC - Central California Swimming	Practice / Dry-Land	Stairs	During a dryland exercise was walking up and down stairs. She missed the first stair and fell backwards landing on her right arm.	Right sprained wrist
Female	CC - Central California Swimming	Practice / Dry-Land	Grassy area in venue	Athlete lost her balance during a dryland exercise and fell down on her arm and braced herself during her fall.	Wrist sprain
Female	CC - Central California Swimming	Restroom	Locker Room	Pulled open door to bathroom and metal on door sliced toe (left big toe).	cut big toe
Male	CO - Colorado Swimming	Practice / Water	In Water	Swimmer dove in from the blocks and hit the bottom of the pool in 6 ft deep water with his face, head, and right shoulder.	Goggles cut under his right eye. Scrap on his right shoulder. Swimmer's head went back as his face hit the bottom of the pool. 6 feet deep water. Swimmer had 2 small scraps in his hairline above his nose.
Male	CO - Colorado Swimming	Meet / Competition	Bleachers	Injured party walked up the bleachers and tripped. He hit his shin on the corner of the bleachers putting an approximate 2 inch gap in shin Swimmer was leaning over another swimmer who was sitting on the deck, when the swimmer sitting stood up abruptly hitting the swimmer in the nose, causing a bloody nose. After a few minutes time the injured swimmer began to complain of nausea and was in and out of alertness. Injured never lost consciousness.	2 inch gash in shin from hitting corner of bleachers
Male	CO - Colorado Swimming	Meet / Competition	Deck	While doing spring turns to prepared for race another swimmer pushed off the wall and athletes side of the lane and they collided. athlete's goggles cut into her face.	Bloody Nose/Possible concussion
Female	CO - Colorado Swimming	Meet / Competition	In Water	While doing spring turns to prepared for race another swimmer pushed off the wall and athletes side of the lane and they collided. athlete's goggles cut into her face.	Cut below eye from goggles

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Female	CO - Colorado Swimming	Meet / Competition	In Water	Athlete standing in pool, 1- yards from wall decideds to sprint into wall, didn't notice other swimmers during turn, and collided head to head with athlete. athlete had no reported pain. Athlete'sgoggles were kicked and cut into her face.	Cut below eye.
Male	CO - Colorado Swimming	Practice / Water	In Water	During warm up 2 athletes were passing each other, one of them had contact with another swimmers face and that swimmer ended up with a bloody nose.	The injured swimmer had a bloody nose.
Male	CO - Colorado Swimming	Meet / Competition	In Water	Swimmer was swimming 400 relay after turn came up and stopped complained of back pain and hung on lane line. Swimmer was back boarded and taken to the hospital	Back pain
Female	CT - Connecticut Swimming	Meet / Competition	Deck	Meet worker brushed her leg against a diving board platform while delivering timing sheets the the AO desk.	Minor bruising & abrasions to the lower leg calf at location that came into contact with the diving board steps. Areas affected- Bruising of the shin minor abrasions to shin/calf/ankle.
Female	CT - Connecticut Swimming	Meet / Competition	On Blocks	Swimmer fell off block when called to "Take Mark". Hit front right leg on block and back on lane line as she fell.	Abrasion and bruise on right shin. Bruise on lower right back.
Male	CT - Connecticut Swimming	Practice / Water	In Water	Overhead flags we put in the incorrect spot. Swimmer smashed his head and jammed his neck into the wall when performing a backstroke flip turn.	Large lump on the head, headache, neck pain.
Female	CT - Connecticut Swimming	Practice / Water	In Water	Swimmer was at practice and was doing the backstroke with fins on. Misjudged wall and hand landed on pool deck and head hit pool wall	Swimmer diagnosed by doctor as having suffered a concussion.
Male	CT - Connecticut Swimming	Meet / Competition	Deck	Athlete stood up from a bent over position and felt sharp pain in neck	Severe pain on left side of neck
Female	CT - Connecticut Swimming	Meet / Competition	In Water	Teammate accidentally hit swimmer while doing butterfly in warm up	Slight laceration and inflamed Lip
Male	CT - Connecticut Swimming	Meet / Competition	In Water	When pushed off wall ran into another swimmer	laceration below eye and above ye
Male	CT - Connecticut Swimming	Practice / Dry-Land	balcony	2 boys were using medicine balls and were doing an exercise we call under legs. They were throwing the ball a little too hard and the medicine ball went thru one of the boys legs and cracked a large outside window. The replacement of the window cost \$1,045.00. No one was hurt	No Injury
Male	CT - Connecticut Swimming	Meet / Competition	In Water	Swimming back stroke and cut right middle finger on tile in pool	Cut right middle finger
Female	FG - Florida Gold Coast Swimming	Meet / Competition	In Water	hit ankle on coping during flip turn	hurt ankle
Female	FG - Florida Gold Coast Swimming	Practice / Water	In Water	The swimmer bumped her head on the wall while swimming backstroke. She told me she bumped her head, I told her she could stop, take a break, take her cap off. Entire group took break at the same time. I offered the swimmer ice and told her to rest as long as she needed. I did watch her during the break, saw no evidence of balance problems, dizziness, or sensitivity to light or sound. The swimmer was alert and not confused. The group got back into the pool after 10-12 minutes roughly, and I asked the swimmer how she was feeling and if she wanted to continue sitting or get back in. I saw that her condition appeared normal and she said she'd like to get back in. I never told her that she must swim, and I made sure she knew she could stay out if she felt bad. She got back in and finished practice with no problems. I saw the swimmer at practice again on April 15th and then again on April 20th. She again showed no evidence of injury and participated fully in practice on both days. She made no mention of any pain or other symptoms. I was not aware the swimmer had been to see a doctor until I saw her at the team's banquet on April 25th.	Bump to the head while swimming backstroke into the wall.
Male	FG - Florida Gold Coast Swimming	taking team tent down	grassy area on side of deck	Coach was taking down his team tent and cut his skin on a sprinkler head.	while taking down his team tent, the coach cut his skin on a sprinkler head in the grassy area next to the deck.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	FG - Florida Gold Coast Swimming	Practice / Water	In Water	athlete was swimming and when he pushed off the wall cut his foot on the touch pad. The frame had a sharp edge that had come loose	Cut on foot The pain did not hit until later that day. Once it progressively started to worsen, went to the ER to get it checked out. After scans and x-rays they said there was bruising on chest, whiplash like symptoms, and muscle spasms. given medication from the doctor so that the pain would lessen.
Male	FL - Florida Swimming	Practice / Water	In Water	jumping into the pool to warm up when a teammate hit my legs so that my body went horizontal and I hit flat on the water. Got the wind knocked out of and whiplash like symptoms in chest, throat, neck and spine.	concussion
Female	FL - Florida Swimming	Meet / Competition	In Water	the athlete had gotten into the warm up pool during a competition. 2 other athletes were messing around and one of the two was pushed into the water and hit the injured athlete in the head with the knee	concussion
Female	FL - Florida Swimming	Meet / Competition	Gym	Slipped walking out of the gym	Appears to be left ankle tweak Swimmer blacked out and fell to the ground on her right side. Cut open chin, swollen lip, sore hip
Female	FL - Florida Swimming	Practice / Dry-Land	Outside Venue	Swimmer was walking back to the pool after doing dry land exercise	Undiagnosed concussion
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	As the athlete was putting the medicine ball away in the appropriate bin another athlete standing behind tried to throw their medicine ball into the bin instead hit the named athlete in the side of the head	Head Trauma
Male	FL - Florida Swimming	Practice / Dry-Land	Bolles Dryland Room	The athlete and his partner were doing medicine ball exercises and were facing away from each other. His partner threw the ball over head to the athlete and it hit him in the back of the neck.	Hand was swollen and red between the index finger and the thumb
Female	FL - Florida Swimming	Meet / Competition	In Water	She was swimming backstroke and hit her hand on the wall	Proximal Ulna Fracture; Olecranon Part of the elbow
Female	FL - Florida Swimming	Practice / Water	Deck	The coach was assisting in the clean up of the pool deck and equipment at the close of practice, when she slipped and fell, catching herself on her left elbow. Elbow	
Male	FL - Florida Swimming	Practice / Dry-Land	Dryland Area	The team was doing some light 20 yard jogs to warm up for dry land exercises. As the team jogged towards me, I noticed the swimmer lagging behind. He was holding his right ankle across his left thigh. One of the other swimmers said to me that he hurt his ankle and as I approached him I asked him if he was ok. At this time he was still holding his right ankle over his left thigh, hopping up and down. When I asked him if he was alright, he looked up at me and fell awkwardly onto the ground. As I approached closer to the swimmer I could tell the swimmer was very distraught and scared. I immediately wanted to help calm him down. I asked one of the parents to call 911. Once I knew help was on the way my main priority was to keep him calm. Once we started some dialogue, I calmed him down to a stable state and I was able to roll his shoulders over so he was on his back. After I rolled him to his back he asked several times if I could move him off of the grass to the sidewalk roughly ten yards away. One of the swim moms and myself were able to help him get to the sidewalk. We were then met at the sidewalk with a chair and a nurse that was on the pool deck. The nurse then took over stabilizing his leg until EMS arrived.	Broken Femur
Female	FL - Florida Swimming	Practice / Water	In Water	Athelete was circle swimming, butterfly, and struck the head of a teammate with her left thumb.	swelling and bruising to the left thumb knuckle where it meets the palm.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	FL - Florida Swimming	Practice / Water	In Water	SWIMMER WAS DOING A FLIP TURN AND FELT A POP IN HER BACK WHICH MADE HER LEFT LEG NUMB	L5-S1: There is a small central disc extrusion with an associated annular fissure at this level. The disc extrusion extends into the paracentral and foraminal locations bilaterally with mass effect on the right S1 nerve. There is questionable mass effect on the left S1 nerve. There is mild right and left neural foraminal narrowing due to the disc protrusion. L5-S5: There is a small posterior disc protrusion at this level, but without significant central canal stenosis or neural foraminal narrowing. It's basically like a football players "Stinger ". I have a copy of the EMT and both Hospital Reports
Male	FL - Florida Swimming	After practice in locker room	Locker Room	Swimmer slipped in locker room and ran in to sharp metal edge.	Cut on leg just outside of shin. About an inch
Male	FL - Florida Swimming	Practice / Water	In Water	Swimmer was in water for practice when he began to complain of lower back pain. The athlete tried to stretch and return to the water. The pain began to grow and the athlete requested to get out of the water again. Coach helped the athlete out of the water and had the athlete lay on his back to relieve the pain. The athlete began to experience shakes and chills.	Back pain and cramping. Chills. Dehydration according to school trainer.
Female	FL - Florida Swimming	Meet / Competition	Deck	Athlete suffered from severe coughing due to air quality issues within the facility. Other athletes at competition were coughing as well, EMS was conducted by someone at meet, fire personnel arrived to advise increased air-flow. Upon return from competition, athlete's cough persisted, need health care treatment. Athlete was diagnosed by doctor with caustic asthma, and was prescribed an inhaler.	Chronic coughing, trouble breathing
Female	FL - Florida Swimming	Practice / Water	In Water	Doing freestyle drill, cut fingers on tile on bottom of the pool.	Clean slice on ring and pinky finger.
Male	FL - Florida Swimming	Practice / Water	In Water	Swimming freestyle during warm-up and shoulder popped out.	dislocated shoulder at beginning of practice in the water
Female	FL - Florida Swimming	Practice / Water	In Water	During a stramline set the swimmer hit her hand finger at the wall	Maybe has bronken her mid finger
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer mis-counted strokes to the wall on backstroke and hit her head. She had a previous concussion in September/October of 2014.	Hit her head on the wall with complaints of a head ache, dizziness which got better as time went on.
Male	FL - Florida Swimming	Practice / Water	In Water	While performing running dive, he hit side of his head on the bottom of the pool. He said he didn't have a headache and said he was fine, but mentioned that it happened.	No injury, he just said that he hit the side of his head on the bottom of the pool while diving in.
Male	FL - Florida Swimming	after swam event	after race	Right after race swimmer felt dizzy. Prior concussion.	felt dizzy after event
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	During relay running races swimmer hit her wrist on a metal gate when turning around. She then went to the coach following the accident. The coach provided her with ice and she sat out the remainder of practice.	Medial wrist with little to no swelling or bruising. Skin was red around the area of the injury but no skin was broken. Ice was applied to the injured area immediately following accident.
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer "swam" in to another swimmer. Both seemed okay, was not technically head on, but swimmer was very scared	No visual injuries
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer came off on wrong side of the lane and hit her head first.	Head ache, nausea
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	Athlete hit elbow on metal bar doing dry land exercises.	tender to touch, free pull hurts
Male	FL - Florida Swimming	Meet / Competition	In Water	Someone jumped in on his head and he didn't know where the person went or who it was. It broke his goggle strap and caused a great amount of pain. No visible bleeding occurred.	Head injury, soar, bump, pain.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	medicine ball hit chin, head hit the ground	was tested- has mild concussion
Female	FL - Florida Swimming	Before practice, pulling tarps	pool deck	Swimmer was winding up tarp pulley and right thumb got wedged between the block and handle.	thumb trauma
Male	FL - Florida Swimming	Practice / Dry-Land	on run	Running tripped fell, broke the fall with hands	Broken bone on outside of wrist Dime size chunk cut from bottom of right foot.
Female	FL - Florida Swimming	Practice / Water	In Water	Cut bottom of right foot on bottom of pool. Swimmer thinks it was on the heater output.	Significant bleeding, took a solid 1/2 hour to stop.
Female	FL - Florida Swimming	Meet / Competition	In Water	Athlete hurt her finger when she finished the 100 free. The injury occurred when she touched the wall at the finish	middle finger injured
Female	FL - Florida Swimming	volunteer timer	Hallway	Heart irregularity	This was a recurrence of a heart irregularity event that has happened to her before, but was unexpected.
Female	FL - Florida Swimming	Practice / Water	Deck	Athlete slipped going around the corner of the pool. Athlete hit chin on the edge of the pool.	The chin had a cut that was about an inch long.
Male	FL - Florida Swimming	Before practice started	Gym	Hit in the side of the head with an exercise/yoga ball.	Headache
Male	GA - Georgia Swimming	Practice / Dry-Land	Outside Venue	Jumped and landed awkwardly turning his ankle	Turned the ankle and has a small fracture on the top of the foot
Female	GA - Georgia Swimming	Meet / Competition	Deck	Swimmer was playing with her friends on deck and tripped over another swimmer's foot.	When the swimmer tripped over the other swimmer's foot, she hit her heel on the deck. She was complaining of pain in her heel. The lifeguard looked at the heel, there was no cut or visible injury and the swimmer could walk and said she was fine. She swam in the remainder of her events and was fine.
Male	GA - Georgia Swimming	Meet / Competition	Deck	Swimmer fell. Bruised elbow.	Bruised elbow
Female	GA - Georgia Swimming	Meet / Competition	In Water	asthma attack after competition	asthma attack
Female	GA - Georgia Swimming	Practice / Water	Hard to breathe in the water, then got out	Athlete was coughing in the water after inhaling. Coach got her out of the water where she could not stop coughing, life guards assisted her focusing on her breathing, 911 called and assisted.	Athlete coughed and choked on some water during practice, Coach got the athlete out of the water, where she still could not catch her breath, life guards assisted, athlete continued to have trouble breathing/coughing, 911 called to assist.
Male	GU - Gulf Swimming	Meet / Competition	In Water	Hit head on wall at the finish of the back stroke.	Swimmer was swimming back stroke and hit his head on the wall as he was finishing
Female	GU - Gulf Swimming	Practice / Dry-Land	Outside Venue	Fell and hit forehead on ground/concrete.	Hit upper right corner of forehead on the pavement while doing a dryland exercise
Male	GU - Gulf Swimming	Meet / Competition	In Water	Athlete had difficulty breathing - asthma problem.	During his race, swimmer had difficulty breathing - Asthma.
Female	GU - Gulf Swimming	Meet / Warm Down	In Water	Swimmer was swimming in the warm down pool when another swimmer accidentally hit her in the face causing a nose bleed	Nose bleed
Female	GU - Gulf Swimming	Meet / Competition	Stairs	Athlete was climbing the stairs when her mom stepped on the back of her flip flop. She fell and hit her left knee on the corner of the step.	Left knee pain. Unable to move without severe pain.
Female	GU - Gulf Swimming	Practice / Water	In Water	was hit by another swimmer coming off the wall in her head.	Had a headache after the hit.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	GU - Gulf Swimming	Practice / Water	Deck	While waiting his turn on deck to do a sitng dive, athlete was hanging on the 1 meter side handrail with feet up on base of 1 meter board .The one meter board is adjacent to starting block number 2. Athlete lost his grip which resulted in his body to drop and swing 1/4 of a turn into starting block number 2. His chest and ribs hit the top of the starting block which is coated with a non slip coating. The athlete suffered scrapes and abrasions to his chest area and a bump and scrape on the bottom of his chin.	Scraped his chest on starting block, bruised his ribs and scraped and bumped his chin on a non starting block.
Female	GU - Gulf Swimming	Meet / Warm-up	Bleachers	Swimmer feel down North bleacher stairs due to slippery walking surface	Cut on back and arm due to fall. Skin beginning to bruise on back.
Male	GU - Gulf Swimming	Meet / Warm Down	In Water	Collided with another swimmer whom was not circle swimming in the warm-up/warm-down pool Swimmer was playing chase with teammates outside the Natatorium doors and tripped over metal door holder which caused the laceration on her left foot. Swimmer then fell to concrete which caused the abrasion on her left thigh. The Safety Marshall was notified and the swimmer was taken to first aid with the Meet Director. The swimmer's mother and coach were also notified and came to first aid station.	Cut on lip and a tooth feeling loose. Swimmer sustained a left foot laceration @ 1in. long, small amount of bleeding which was easily controlled with gauze application. Swimmer also sustained a left thigh abrasion, no bleeding was noted and no bandage needed.
Female	GU - Gulf Swimming	Meet / Competition	Outside Venue	Swimmer was kicked in the head during practice by a fellow teammate. Injured athlete exited the pool and did not finish practice, although it was the last set of practice.	Swimmer was kicked in the head during practice by a fellow teammate. Injured athlete exited the pool and did not finish practice, although it was the last set of practice.
Female	GU - Gulf Swimming	Practice / Water	In Water	Pre-existing condition back pain. Started freestyle race and exited pool due to pain	Intermittent lower back spasms
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer went underwater during practice.	Swimmer went unconscious, and we had to pull him out of the pool. We adminstered 2 man cpr and used the AED.
Male	GU - Gulf Swimming	Practice / Dry-Land	Deck	While performing dryland running exercises, athlete fell down. Hitting his cheek, shoulder, hand, and upper outside shin.	Road Rash: Face cheek bone, Left shoulder, Left outside upper shin, left hand knuckles.
Male	GU - Gulf Swimming	Practice / Water	Deck	Swimmer was in the process of getting start certified, working on the Kneeling Dive. A coach was sitting on the edge of the pool next to the swimmer while the swimmer was kneeling on deck and preparing for the dive. When the swimmer pushed off for his dive, his foot slipped, and he hit his shin on the edge of the pool. The swimmer struggled coming up after the dive, so the lifeguard responded by getting in and assisting the swimmer to the edge. The lifeguard provided ice packs to the shin area until EMT arrived. EMT was contacted because swimmer stated that he could only feel his toes periodically, although he could still move them, which concerned the lifeguard. When EMT arrived, they did an exam and asked questions to the swimmer. They decided that nothing was broken. The mother was still concerned and decided to have EMT take him to the hospital. The swimmer was loaded into the ambulance. Statements from responding lifeguard and coach were taken.	The shin was hit on the edge of the pool while attempting to perform a kneeling dive. First aid was given by lifeguard that responded. Ice packs were administered to shin area until EMT arrived. EMT was contacted because the swimmer stated that his could not feel his toes periodically, although he could still move them.
Female	GU - Gulf Swimming	Meet / Competition	In Water	She hurt her hand while on the wall. The pad moved and pinched her hand between the pad and the wall	Bump on hand
Male	GU - Gulf Swimming	Meet / Warm-up	In Water	Heading into wall another swimmer ran into him pushing his goggles into his face. The goggles cut under his right eye towards his nose	About an inch cut under right eye. Vision a little blurry due to contacts.
Male	GU - Gulf Swimming	Meet / Competition	Deck	Another swimmer ran in to this swimmer, causing him to fall on the deck.	Fell onto his wrist, hit shoulder and knee on deck

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	GU - Gulf Swimming	Meet / Competition	Deck	There was no accident, swimmer was complaining of being lightheaded, dizzy and hot. Her coach advised her to scratch from the remainder of the meet and go home.	Swimmer complained of being lightheaded and dizzy, feeling hot.
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmers collided head first while doing backstroke	Hard hit to the top of the head (not forehead). athlete was seen hanging on the wall crying. Had him get out and sit. He said his vision was blurry. Called parents.
Female	GU - Gulf Swimming	Practice / Water	In Water	Swimmer was executing flip turn and cut foot on object on side of pool, possible loose tile	Laceration to 2nd toe of right foot
Female	GU - Gulf Swimming	Practice / Water	Outside Venue	The swimmer cut her foot while running outside to get to the door to the pool.	small cut on the bottom of foot
Female	GU - Gulf Swimming	Practice / Water	In Water	Swimmer was accidentally hit in the right upper lip/mouth with hand of another swimmer while swimming butterfly during practice. They were passing next to each other in the lane. (circle swimming)	Lip was cut on inside of mouth. Swimmer complained of impaired vision after sustaining hit to mouth.
Female	GU - Gulf Swimming	Practice / Dry-Land	Locker Room	The swimmer was entering the bathroom stall and slipped on the wet floor and hit her arm (elbow area) on a metal bracket on the stall. This caused her to get a 1/2 inch cut that was very deep on her arm	1/2 inch cut on elbow area. very deep
Male	GU - Gulf Swimming	Meet / Competition	In Water	Another swimmer ran in to swimmer in water. Tooth from other swimmer penetrated scalp of swimmer and caused a cut on head	Cut on Scalp.
Male	GU - Gulf Swimming	Meet / Competition	In Water	Swimmer helped another swimmer get out of water that was having difficulty pulling themselves out of the pool. Pulled them out over the edge of pool and scrapped chest and stomach.	Abrasion of stomach and chest.
Male	GU - Gulf Swimming	Meet / Competition	In Water	took too many strokes in to the wall and jammed thumb on wall.	Jammed Left Thumb
Female	GU - Gulf Swimming	Meet / Competition	In Water	During the 100 IM race, swimmer said she felt her shoulder pop as she made the FL/BK wall exchange. Swimmer finished the race, exited the pool and her mom notified first aid at the meet and they got her ice for shoulder.	Swimmer felt a pop in her shoulder during the FL/BK wall exchange. Finished the race and told her mom who notified both the coach and first aid.
Female	GU - Gulf Swimming	Practice / Water	Deck	athletetripped over an equipment bag and scraped her knee on the deck. When I went to get the first aid kit, I found that there was not a kit on site. I asked her to get a wet paper towel to clean the scrape off. Her mom then took her home.	Scrape
Female	GU - Gulf Swimming	transition between dryland and water	Deck	Was walking between backpacks and rolled left ankle	Rolled ankle
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.
Male	GU - Gulf Swimming	Practice / Water	In Water	"athlete hit the wall with wrong with his foot and injured his toenail, ripping part of it off. Luckily he did not fracture toe, but I had to numb up his toe and remove part of it last night at my office." - athlete's father who is a podiatrist.	"athletheit the wall with wrong with his foot and injured his toenail, ripping part of it off. Luckily he did not fracture toe, but I had to numb up his toe and remove part of it last night at my office." - athelte's father who is a podiatrist.
Female	GU - Gulf Swimming	Practice / Dry-Land	Outside of pool on sidewalk	athlete said she felt a pop in her hamstring. She continued to do dry land calisthenic exercises. She began swimming warm-up and complained about the pain in her hamstring while kicking.	Complained of pain above her knee in her hamstring. Has had a torn ACL
Female	GU - Gulf Swimming	Eating a snack	Bleachers	Ate a snack containing nuts.	Vomiting & Headache
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Tripped over her feet and fell doing side shuffle	fell on right arm and skinned up hand and elbow
Female	HI - Hawaiian Swimming	Practice / Water	In Water	Swimmer during rest interval on set pushed ofd wall/bottom and did back flip in water and banged her head on the bottom (4 ft deep). Wasn't supposed to be doing that, no one elae fooling around in lane, just her	Bumped her head. Had a cap on. No buffing nor marks. Head looked ok. Couldn't feel any bump (yet).

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	HI - Hawaiian Swimming	Practice / Dry-Land	Lawn	Dislocated knee cap	dislocation
Male	HI - Hawaiian Swimming	Meet / Warm-up	On Blocks	Swimmers back foot slipped on starting block when initiating a dive. Fell forward hitting his left shin on the block as well as scraping the top of his right foot toes on the block.	Bruise on left shin and scrape on top of right foot toes.
Male	HI - Hawaiian Swimming	Meet / Competition	Bleachers	Bee sting on right leg inside behind knee	Bee sting on right leg inside behind knee
Male	HI - Hawaiian Swimming	Practice / Water	In Water	Swimmers swimming in to do flip turn. Another swimmer coming off wall passing someone. Passing swimmer hit one swimmer above lip, then hit Austin in chin.	Bumped chin, mouth bled against teeth for a minute after hitting braces. No blood nor cut seen in mouth when examined by coaches.
Male	HI - Hawaiian Swimming	Practice / Water	In Water	Coming in to do flip turn, another swimmer passing someone in middle of lane hit swimmer above lip. (And another swimmer after in chin).	Minor cut approx 3 mm above his left upper lip bled a little.
Female	IA - Iowa Swimming	Practice / Water	In Water	Athlete hit her head (forehead area) and bridge of her nose, while finishing backstroke during practice. Occurred in the deep end, starting block end.	While finishing backstroke, swimmer hit her head (forehead area) and bridge of her nose on the wall.
Male	IA - Iowa Swimming	Meet / Warm-up	On Blocks	Swimmer dove of the blocks too deep and hit head on bottom of the pool.	Swimmer got a concussion after hitting his head on the bottom of the pool while practicing a start during warm-ups.
Female	IA - Iowa Swimming	Meet / Competition	In Water	Felt Knee pop during the start. Tried to race but could not finish because of pain. Was given ice	Knee popped during start
Female	IA - Iowa Swimming	Practice / Water	In Water	Swimmer was doing flips in water, independent of coaching instruction and hit mouth on bottom of pool causing her to chip her tooth	Chip on left center upper tooth.
Male	IA - Iowa Swimming	Meet / Warm-up	Deck	athlete suffered a seizure on deck at the conclusion of warm ups. 911 was called and he was taken to the hospital	Seizure on deck
Female	IA - Iowa Swimming	Practice / Water	In Water	Swimmer was exiting the pool and was cut by the edge of the pool on her right heel	Cut to the right heel
Male	IA - Iowa Swimming	Meet / Competition	Deck	bloody nose	bloody nose
Male	IA - Iowa Swimming	Meet / Competition	Deck	cut right toe on missing tile section on deck	cut right toe on missing tile section on deck
Female	IA - Iowa Swimming	Meet / Competition	Deck	cut on outside right foot as getting out of pool during warm-ups	cut outside of right foot
Female	IA - Iowa Swimming	Meet / Competition	Deck	Got foot caught under door	Foot got scrapped under door
Male	IA - Iowa Swimming	Practice / Dry-Land	In Water	Swimmer was swimming in a lane with some kids doing breaststroke and he got kicked in the eye.	Athlete was kicked in the eye. At the time he mentioned it hurt some but he didn't think much of it. It looked a little red but he didn't mention dizziness or headaches. Today the 11th he went to class and said he started getting a headache and feeling dizzy. His eye turned a little purple and little swollen so mom picked him up and took him to the ER to be checked out.
Female	IA - Iowa Swimming	Meet / Competition	In Water	Swimmer aspirated water during 200IM	Swimmer complained that she choked on water during competition. She coughed and cried after getting out of the water. Swimmer returned to competition after sitting and resting for 15 minutes.
Female	IA - Iowa Swimming	Meet / Competition	Deck	athlete was behind the blocks getting ready for her event when another swimmer started jumping up and down to warm up for their race and landed on her right foot.	Bruising and inflammation.
Female	IA - Iowa Swimming	Meet / Competition	On Blocks	Athlete fell off block and struck inside of right ankle	redness on inside of right ankle
Female	IE - Inland Empire Swimming	in water and in locker room	water and locker room	Slipped in shower area on her way back into practice and landed on right hip. she got back into water and bumped her head on pool wall	red and sore right hip. sore head.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IE - Inland Empire Swimming	Meet / Warm-up	In Water	Swimmer was performing a flipturn during warm-up when another swimmer landed on her back as the swimmer was jumping into the lane. It is noteworthy that the pool/lane was very crowded, making entry and exit of the pool difficult.	Impact to lower back
Male	IE - Inland Empire Swimming	Meet / Competition	In Water	Hit foot on the gutter, ankle pain	pain/swelling left ankle
Female	IE - Inland Empire Swimming	Practice / Water	In Water	Another teammate had a head on collision with this athlete during practice.	Head on Head Collision while swimming freestyle. thlete reported that her head was in pain. Coach tested athletes pupils and they were not dilating.
Male	IE - Inland Empire Swimming	Meet / Warm Down	Locker Room	Cut left big toe during opening locker room door. Sharp edge at bottom of the door.	Laceration of superficial skin area
Male	IL - Illinois Swimming	Practice / Water	Deck	Unrolling lane lines to put them in the water for practice. Lane lines had been poorly rolled previously and one of the lane lines spun around and smashed athlete's right foot.	Right foot, big toe and first toe swollen and black and blue.
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer became winded while swimming 200 fly event- stopped swimming at wall/starting blocks. Swimmer exited pool breathing hard and upset. Color good and able to speak. Spoke with swimmer, then escorted swimmer to coach and spoke with parent.	Swimmer became winded while swimming 200 fly event- stopped swimming at wall/starting blocks. Swimmer exited pool breathing hard and upset. Color good and able to speak. Spoke with swimmer, then escorted swimmer to coach and spoke with parent.
Male	IL - Illinois Swimming	Volunteering in concessions	Concessions	Cut finger on edge of crock pot while assisting in concessions.	Small cut noted on left first finger. Bleeding had stopped upon arrival for treatment.
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	Cut her foot on the lifeguard chair	Cut her toe
Male	IL - Illinois Swimming	Practice / Dry-Land	Gym	The athlete attempted to box jump onto a concrete platform as practice was starting and group members were arriving. He did not jump high enough by several inches and landed on his shin and hands on the platform. He immediately rolled over and held his shin which began to bleed substantially. The wound was cleaned and dressed, and the athlete's parents were contacted when the dressing was determined not substantial enough for the injury.	The athlete's right shin was cut open; likely from the impact of him landing on it against a concrete surface. The cut was deep and eventually required stitches.
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	Jammed finger catching medicine ball	Jammed pinky finger. Swelling present
Female	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer slipped while getting out of the pool and bruise ankle.	Bruised ankle
Male	IL - Illinois Swimming	Meet / Competition	Deck	The swimmer stood up in bleacher area on deck and bumped his head on a clock/timer on the wall.	Goose Egg bump on head
Male	IL - Illinois Swimming	Practice / Water	In Water	Swimming backstroke. Did not see flags. Swam in to wall, hitting head first.	Abrasion on top of head Concussion
Male	IL - Illinois Swimming	Practice / Dry-Land	Outside Venue	After doing jumps in grass athlete fell and cut his wrist on a piece of mangled metal lying on the ground.	3/4 inch laceration on wrist, near bone.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Right foot cut by shard of sharp object on deck	Right foot cut
Female	IL - Illinois Swimming	Practice/Deck but not dryland	Deck	Swimmer was walking and slipped. Feel down and injured wrist breaking the fall.	Sore wrist after falling and during practice.
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	Swimmer collided legs with teammate during hop over-roll under exercise on wrestling mats. Swimmer is not sure how injury happened specifically	left kneecap dislocated to the outside of her knee
Male	IL - Illinois Swimming	Practice / Dry-Land	Gym	Dryland activity for senior swim group Swimmer rolled his ankle while running. No contact with anyone else. Fell to the ground	Rolled ankle. Pain on the lateral side of ankle.
Female	IL - Illinois Swimming	Practice / Dry-Land	Weight Room	athlete was lifting a bench press bar, doing bench press, and the bar tilted, lost the weight and fell on top of her head	More intense when weight bearing Swelling on the top of her head after a weight bar fell on it.
Female	IL - Illinois Swimming	Practice / Water	In Water	Breaststroke kick into the handicap lift in the shallow end next to the wall. Gash on right foot big toe.	gash on big toe of right foot

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IL - Illinois Swimming	Practice / Water	In Water	During a set the Swimmer advised a coach that her shoulder was hurting and that her shoulder had ached over the past couple of days. The coach asked the swimmer if this was too painful to continue or if the swimmer would like to stretch it out and try to keep practicing if it felt alright. The swimmer said she would like to keep swimming and it only hurts during fly. The coach asked the swimmer to just do one arm fly (using the arm that was not in pain) so the swimmer could stretch out while continuing swimming. The swimmer asked if she could swim backstroke as an alternative, The coach said that would be fine if it would make the swimmer feel better, but cautioned that the swimmer would be continuing to rotate and put pressure on her shoulder while doing backstroke. The swimmer stretched and then continued swimming.	Swimmer's shoulder was sore after practice.
Female	IL - Illinois Swimming	Practice / Water	In Water	After very hard swimming during the first day of practice, athlete felt a very sharp pain in her shoulder. Told me (her father) that she is in a great deal of pain and needs to stop swimming. I went to the coach and informed her that she was hurt and needed to cease practice immediately. Athlete was seen by her pediatrician and it was confirmed that she sustained an injury to her shoulder.	Not yet completely determined. The pediatric doctor established that injury to the shoulder occurred and gave a referral to a specialist for further evaluation. He is suspecting a tear in the shoulder.
Female	IL - Illinois Swimming	Practice / Water	In Water	Athlete was accidentally kicked in the face.	Bloody nose with swelling on left side of nose.
Male	IL - Illinois Swimming	Practice / Water	In Water	Athlete was accidentally kicked in the face while swimming.	Athlete sustained a small cut on his left eyelid. Minor bruising. Was able to attend practice the next day.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer approached coach to let him know he was not feeling well. He complained of dizziness and extreme light headedness & weakness.	Dizziness and light headedness
Male	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer got dizzy and lightheaded after a race. Was unable to continue standing.	lightheaded and dizzy, shaking
Male	IL - Illinois Swimming	Meet / Competition	Bleachers	Injured party stood to move in bleachers, then tripped on stair ledge and fell forward. He hit head first per witnesses.	Injured does not remember the incident. Following the fall, he was dazed for a period of time. He has scrapes on his head, face, mouth, and arms. Lower right side of bottom lip was open and bleeding. Scrape around nose was bleeding. Additionally, glasses were broken in the fall.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Stepped on a piece of glass. Had to remove the glass from foot.	Glass stuck in foot
Female	IL - Illinois Swimming	Meet / Competition	In Water	Right heel caught in gutter on turn in 50 Free	Bruise of right heel
Female	IL - Illinois Swimming	Meet / Competition	Deck	After swimming the 500 yard freestyle, Athlete had a difficult time breathing.	After swimming the 500 yard freestyle, athlete had a difficult time breathing.
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer was in practice swimming and split her left heel open when doing a flip turn	Left heel cut
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	Official slipped on water in bleachers on way to scoring table. Fell hard on knees and sprained right foot and ankle when it caught on fan she was carrying.	Bruised knees; sprained foot and ankle right
Female	IL - Illinois Swimming	Meet / Competition	Team Area high school cafeteria	fell on chin	laceration on chin and inside of lower lip
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer was swimming backstroke and hit her hand/wrist/right hand on the bulkhead during competition.	Forearm swollen and bruised
Female	IL - Illinois Swimming	Practice / Water	Deck	Swimmer stubbed her toe on a metal piece used to hold up the midway marker pole. Swimmer's toe was bleeding a lot.	Second toe was stubbed, bleeding a lot. Looked like maybe the toe nail came off a little.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IL - Illinois Swimming	Meet / Competition	In Water	started coughing in pool, stopped swimming the race and got out of the pool.	started coughing in water, unable to continue race, pale, tremulous, with poor pulses
Female	IL - Illinois Swimming	Practice / Water	In Water	While doing a flip turn swimmer hit her heel on the edge of the pool (gutter)	split her heel open
Male	IL - Illinois Swimming	Hallway on the way to practice.	Hallway	athlete was on his way into the locker room and tripped as he approached the door. He hit his head on the door frame.	Large bump above his right eye.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Injured fell on wet floor on deck on SE end of deck near diving well. She attempted to catch herself with right arm and is complaining of wrist and tailbone pain.	Tailbone and right wrist tenderness.
Female	IL - Illinois Swimming	Meet / Warm-up	In Water	swimmer finishing backstroke and hit her head and neck on the wall	Pain in neck and back of head at impact, headache, blurred vision, saw double after incident.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Fell on stairs going to lower pool and hit head. Complained of back and neck pain, as well as nausea.	Fell on stairs going to lower pool and hit head. Complained of back and neck pain, as well as nausea.
Male	IL - Illinois Swimming	Practice / Water	Deck	athlete was sitting on the edge of the pool, when he went into pool, he slipped and hit his chin on the deck.	The bottom of his chin was cut
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	Athlete was running, stepped on a yoga mat. The mat slipped out from under the athlete and the athlete fell flat on her back.	Athlete complained of chest soreness while breathing.
Female	IL - Illinois Swimming	Practice / Water	In Water	Athlete inadvertently collided during a turn. Athlete was on her back when run into by another swimmer and was hit in the head/neck. Notified coach after the fact with no immediate injuries	Collision from previous day but the following day at practice the athlete complained of headache/neck pain and nausea and went to ER because possible symptoms of concussion had started to occur.
Female	IL - Illinois Swimming	Practice / Dry-Land	Hallway	Was carrying a teammate on her back as she walked down the hall. Athlete slipped and fell forward - her teammate falling on top of her - her nose hit the floor. Bloody nose.	Bloody Nose
Male	IL - Illinois Swimming	Practice / Dry-Land	Hallway	Athlete was running backward down hall, was turning to go through door, door started swinging shut, edge of door caught him on the left eyebrow as he was turning to go forward - cut on left eyebrow	vertical cut on left eyebrow above left eye
Female	IL - Illinois Swimming	Practice / Water	In Water	Was hit in the face by another athlete after pushing off the wall during a turn. The other swimmers finger scraped and broke the skin of the athlete under her eye.	broken skin underneath the eye and bruised the left side of the face.
Female	IL - Illinois Swimming	Meet / Competition	Outside Venue	slipped on ice in parking lot and hit knee on curb	hit knee on curb
Female	IL - Illinois Swimming	After Practice Locker Room	Locker Room	The girls were squirting each other in the locker room after practice and when one girl when to squirt swimmer in the face, the water bottle was accidentally pushed into swimmers mouth chipping her teeth. Swimmer was able to find and hold onto the chipped part of her tooth	athletes front tooth got chipped.
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer felt sudden pain in right shoulder during swim event.	Swimmer states had sudden pain to right shoulder during a turn while swimming 200 fly event.
Female	IL - Illinois Swimming	Meet / Competition	side/edge of pool	while exiting pool after event, scraped left knee on edge of pool.	Small cut to left knee. Slight amount of bleeding stopped with minimal pressure. Wound cleanser and bandaid applied.
Male	IL - Illinois Swimming	Meet / Warm-up	On Blocks	Swimmers left leg/shin slipped while starting off the blocks during warm-ups. Abrasion noted to left shin and below left knee.	Two abrasions noted- one to left shin and one under left knee. Wound cleanser and bandaids applied.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IN - Indiana Swimming	Practice / Water	Bleachers	Injured party was walking down the bleachers and slipped. She fell on her back/side and hit her side, arm, neck, and back.	Left side of body was affected. She was not bleeding, but she was sore from the fall. Her eyes were not dilated, and she was aware of her surroundings.
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was swimming back stroke and she bumped her her head on the wall. Athlete dove from the block and hit the bottom of the pool. She states that she threw up after getting out of the water. Lifeguard and assistant coach were called around 15 minutes later, she was checked for concussion symptoms (pupils dilated, grip strength, short term memory, dizziness or problems with vision) . After athlete stated that she could see "spots" and felt "dizzy" we called the local paramedics. Mother of athlete refused to go to the hospital, she was advice to follow up with her family doctor or go to the Emergency room if symptoms got worst.	Bumped her head on the wall while doing back stroke. She did not have a knot and there was no mark on her head.
Female	IN - Indiana Swimming	Meet / Competition	In Water	Swimmer was pulling himself out of the water, slipped, and hit his front teeth on the bulk head.	Small (quarter size) bump on forehead.
Male	IN - Indiana Swimming	Practice / Water	Bulk Head	While by the blocks waiting for their event, a teammate picked athlete up. The marshall instructed teammate to put athlete down. Athlete was dropped, fell and hit her tooth on the pool deck.	Hit teeth on bulk while getting out of the water.
Female	IN - Indiana Swimming	Meet / Competition	Deck	While swimming, swimmer was kicked by another swimmer quite forcefully on the right side of her neck near the back of her skull. She immediately exited the pool holding the place she had been kicked. The skin in that area had already turned red. She was very upset and mentioned some light hotheadedness.Swimmer was then escorted to the training room for closer examination.	Approximately half of athlete's upper front tooth broken off.
Female	IN - Indiana Swimming	Practice / Water	In Water	A group of boys were messing around and another swimmer jumped on athletes back. athlete lost his balance and he hit his eyebrow on the corner of the wall, leaving a gash above his eye	Forceful kick to the neck near the right side of her spine/skull. Her skin turned red, but had not yet bruised.
Male	IN - Indiana Swimming	Practice / Water	Locker Room	athlete was running outdoors and was pushed by another athlete while playing/dryland. athlete fell and tried to catch himself using his arms to brace the fall.	athlete has a gash above his right eye that appeared to need stitches.
Male	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	athlete jammed finger into wall on the finish of the race.	Broken arm/wrist
Male	IN - Indiana Swimming	Meet / Competition	In Water	fell while exiting pool - slipped and fell on pool deck	tenderness and swelling in arm and elbow, with sore finger. Also bloody nose
Male	IN - Indiana Swimming	Meet / Warm Down	Deck	Teammate dove in on top of swimmer during warmup session	athlete complained of pain on head
Female	IN - Indiana Swimming	Meet / Warm-up	In Water	athlete dove in and hit another swimmer - his head hit her back.	red marks on mid and lower back - hurt to bend
Male	IN - Indiana Swimming	Meet / Warm-up	In Water	We were playing a game of tag outside in the grass andhe fell on the ground and hurt his finger.	finger was swollen and bruising
Male	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	Athlete was running during dryland practice and tripped on the sidewalk.	he hurt his index finger and the side of his hand.
Female	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	Swimmer was at the finish of his race and when he hit the touch pad, his arm locked up.	Wrist was injured and knee was skinned. (Wrist was determined to be broken after x-rays were taken). The swimmer's elbow was dislocated and he couldn't move it. Swimmer did a manual reduction to put it back in place before being helped from the pool. Swimmer's elbow was swelling.
Male	IN - Indiana Swimming	Meet / Competition	In Water	Finished backstroke, hit head on wall, neck pain instantly.	pain along side of neck
Female	IN - Indiana Swimming	Meet / Competition	In Water	States he was walking and stubbed his right great toe	Stubbed right great toe / contusion
Male	IN - Indiana Swimming	Meet / Competition	Deck		

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped and fell on deck - bruised knee	Bruised Knee - medical personnel provided ice
Male	IN - Indiana Swimming	Meet / Competition	In Water	Kicked in mouth during warmups - bled from gum and mouth	Bled from mouth and gum
Male	IN - Indiana Swimming	Meet / Competition	In Water	When he jumped into the water, his goggles broke. States he bumped his head on the wall because he could not see due to broken goggles. States he wears glass on regular basis. Small abrasion on forehead	Small abrasion on forehead
Male	IN - Indiana Swimming	Meet / Competition	Outside Venue	While walking outside in parking lot, he slipped on ice causing him to fall and land on traffic cone.	cut through cartilage of right ear and bruised right forearm front and side of head soreness
Female	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	The swimmers were coming in from running outside. sthlete was tripped on accident by another swimmer as they tried to enter the door. athlete fell on her knee and scrapped it.	Scrap to the knee. Blood started to come out slowly. Was able to fully walk, jog, swim on knee the injury happened.
Female	IN - Indiana Swimming	Practice / Water	In Water	Athlete was swimming from the middle of the pool into the wall and another swimmer was pushing off the wall. They then collided and athlete head hurt afterwards. The other swimmer was completely fine and didn't have any signs of pain or injury. Athlete sat out of the the rest of practice	No signs of injury. Athletes head hurt from hitting another swimmer.
Male	IN - Indiana Swimming	Practice / Dry-Land	Bleachers	athlete was hanging on pull up bar and fell off, landed on wrist. Also hurt toe.	broken radius left arm, rt foot lg toe,nail broken off
Female	IN - Indiana Swimming	Meet / Competition	Stairs	not watching and missed a stairstep	Swollen outside left ankle. missed step and rolled ankle
Female	IN - Indiana Swimming	Meet / Competition	On Blocks	Scraped arm on block getting fell as exiting pool and hit arm on starting block	fell as exiting pool and hit arm on starting block
Female	IN - Indiana Swimming	Meet / Competition	Deck	Scratched foot on wall or touchpad- not sure if getting out of water or while swimming	Scraped bottom of foot on touchpad or wall while getting out of pool or swimming. Swimmer was unsure how
Female	IN - Indiana Swimming	Meet / Competition	Deck	cut hand	scraped/ cut hand
Male	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on pool deck with water	Claims no injury
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Slipped on the stairs and hurt her arm.	Bumped and scraped inner elbow.
Female	IN - Indiana Swimming	Practice / Water	Walking through the pool door	fell walking through the door and landed on her knee & elbow.	Small cuts, bruising, and swelling in both knee & elbow.
Female	IN - Indiana Swimming	Practice / Water	In Water	While practicing relay exchanges athlete dove too deep and hit her head on the bottom. She came too the wall out of breathe and with head and back pain. She was very emotionally distressed when initially contacted.	After hitting her head, athlete explained that the pain was on the top of her head and her upper back/neck area. She was not bleeding nor did she seem confused or nauseous. Ice was administered for approximately 15 minutes to the top of her head.
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was doing backstroke, even though swimmer's were told no backstroke. She ran into the wall with her head	Swimmer hit her head on the wall
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was kicked in head at swim practice.	head and nose hurt
Male	IN - Indiana Swimming	Meet / Competition	Hallway	Injured was sitting in a chair, when it collapsed and he hit his head as well as his back.	Trainer ran some tests to check for concussion and any other injuries.
Male	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Was running to swimming practice after dryland and slipped in the hallway and fell on his knee.	Bruised swollen cut knee.
Female	IN - Indiana Swimming	Practice / Dry-Land	Gym	Performing box jumps, athlete hit her shin on the edge of the box. It became swollen and bleeding.	bruised, swollen and cut shin
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer bumped heads with another swimmer	Swimmer bumped heads with another swimmer. Raised Golf ball sized lump on head

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	IN - Indiana Swimming	Practice / Water	Deck	Athlete was on the pool deck, and walked up the bleachers to reach her bag to change between dryland and swimming. She tripped on her untied shoelace and bumped her head on the wall behind the bleachers. She also landed on her elbow. Lifeguard on duty checked her for a concussion and we applied ice to her head and elbow. She said she initially felt dizzy, so she sat out the rest of practice. By the end of practice, she said she felt better, but she did not resume activities.	Bump on head, possible mild concussion?
Female	IN - Indiana Swimming	Practice / Water	Stairs	Coach tripped and fell down 4 stairs leading from the bleachers to the pool deck.	Coach has four fractures in her left foot as a result of this fall.
Male	IN - Indiana Swimming	Meet / Competition	In Water	Swimmer hit heel on top of touch pad while doing flip turn.	Swimmer complained of tenderness at the heel after accident and some mild swelling was present.
Female	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Athlete was late to drylands and went upstairs by the gym area (outside the pool area) and tripped and fell and hit her head.	Hit her head on the floor. There was no bump/bruise. She told us she had a headache but was not dizzy.
Female	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Swimmer collided with another swimmer while playing tag during dry-land, fell and hit head on floor.	Swimmer's head hit the floor
Male	KY - Kentucky Swimming	Meet / Competition	Bolkhead	Slipped off bolkhead after attempting to exit pool after his event.	aberration on upper left leg, lower thigh area. Was tinted a light shade of pink, but no bleeding from the wound.
Female	KY - Kentucky Swimming	Practice / Dry-Land	Hallway	At the end of dryland and practice was over when the incident occurred. On Thursday, two swimmers were leaving the racket ball court, and chased after a ball which led them to collide. The girl swimmer fell hard on the ground face first. When pulling her up I noticed her nose was bleeding very fast. I sent my swimmers back, took her to clean up her nose, and when passing a healthpark employee in the hallway told her what had happened and she cleaned up the blood. Once getting athlete to a sink we stopped the bleeding and washed off her face, hands, and shirt. Her nose bleed was very bad, but she had stopped crying, said she felt okay, and had calmed down. When her dad arrived, I told him what happened. At the time, there was no visible bruising or swelling. He took her home.	Later she was taken to ER by parents and they diagnosed with a concussion and follow up with EMT on her nose.
Female	LA - Louisiana Swimming	Practice / Water	Deck	Slipped on the wet floor and hit head on handrail for the steps into the pool.	abrasion on left leg and hip swollen and bruised ear lobe (left) swollen and bruised mastoid (left)
Male	LA - Louisiana Swimming	Practice / Water	In Water	athlete collided with another swimmer while practicing (backstroke kick) and complained that his head was hurting so I had him sit out and got him ice. A few minutes he complained of his neck hurting when his mom came over so before they left I suggested that they go to Urgent care or went to the doctor.	bumped head and neck pain
Male	LA - Louisiana Swimming	before practice on bleachers	Bleachers	child was running up and down bleachers and fell on one of the bleachers. He busted his nose and face.	child was bleeding from his nose and possible mouth
Male	LA - Louisiana Swimming	Practice / Dry-Land	Gym	Athlete was having a piggy back ride. Got excited and was kicking and climbing up over the athlete giving him a piggy back ride. Both athletes fell to the ground, with the athlete on the back falling over the other athlete landing on his right shoulder.	Suspected a fractured collar bone, due to pain and very tender to touch. At the tip of his right shoulder/collar bone
Female	LA - Louisiana Swimming	Practice / Water	In Water	Swimmer finished at the wall, and cut her hand on the touchpad. There was a tear in the touchpad at the top. This injury required the swimmer to receive five stitches.	Swimmer's hand was cut on the palm near the thumb. The cut required five stitches.
Male	LE - Lake Erie Swimming	Practice / Dry-Land	Outside Venue	Swimmer fell while outside playing Ultimate Frisbee for dry-land session.	Fracture of the Radius and Ulna.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	LE - Lake Erie Swimming	Walking	Outside Venue	Fell in parking lot.	Swimmer fell in parking lot of the facility and injured his left forearm.
Female	LE - Lake Erie Swimming	Spectator	Deck	While her younger sister was swimming practice, sibling climbed a lifeguard chair to watch. When instructed that she had to leave the chair, she slipped and fell (approx. 4 feet) down the steps of the guard chair, landing on her right lower arm, right elbow, and right knee.	Contusion on right elbow; contusion on right knee
Female	LE - Lake Erie Swimming	Meet / Competition	Stairs	Child wanted relative to watch the remaining part of the swim meet. As she went to look for her relative she fell going up the stairs at university's natatorium.	One deep cut on right front shen. One long scratch on right shen located 1/2 inch from short cut.
Female	LE - Lake Erie Swimming	Practice / Water	In Water	Athlete went under the lane line from lane 3 to lane 4. Another Swimmer jumped in at the same time as this one was resurfacing he jumped onto her left side, pushing her head towards the right	athlete stated the top of her head hurt but not her neck.
Male	LE - Lake Erie Swimming	Meet / Competition	Deck	Swimmer stubbed his toe on drain on the pool deck. His third toe was sliced open near the tip.	Swimmer stubbed his toe on drain on the pool deck. His third toe was sliced open near the tip.
Male	LE - Lake Erie Swimming	Meet / Competition	Deck	The swimmer swam too hard and vomited	The swimmer swam too hard and vomited
Female	LE - Lake Erie Swimming	Practice / Water	In Water	At the end of swim practice (approx. 7:35PM), the coach instructed all swimmers to take their kickboards to the other end of the pool and store them in the cabinet there. One swimmer picked up his kickboard and threw it toward the other end of the pool. This kickboard hit injured person in the head about 3/4 of an inch above her right eye, broke the goggles that were resting on her forehead, and raised a bump about the size of an almond on her head at this spot.	As per above, injury was an almond-size lump (angled somewhat diagonally) on forehead above her right eye. It did not break the skin, there was no bleeding. There was no loss of consciousness no change in mental status. Pupils were equal and reactive. She remained alert and oriented throughout -- she cried.
Female	LE - Lake Erie Swimming	Meet / Competition	Locker Room	athlete was exiting from the restroom stall, when another athlete tried to go in and the door hit her in the forehead, causing swelling, bruising a slight cut just right of center.	bruising, swelling and slight cut to the forehead just right of center.
Male	LE - Lake Erie Swimming	Practice / Water	In Water	During practice athlete was pushing off the bottom of the 3 foot and diving under water while waiting to start his next practice set, when he struck his mouth on the bottom of the pool, chipping his front tooth and bumping his lip.	Chipped front tooth and a sore upper lip
Male	LE - Lake Erie Swimming	Practice / Dry-Land	Stairs	The athlete fell on the stairs and twisted ankle	Athlete twisted his ankle while running stairs as part of dry land practice.
Female	LE - Lake Erie Swimming	Practice / Water	In Water	Children were practicing team lane sharing, and the kids overlapped each other, causing athlete to be hit in the nose.	Left nostril, bleeding clothed within 1 minute, no visible signs of concussion, dizziness, or facial fracture.
Female	MA - Middle Atlantic Swimming	On Deck	Deck	Athlete was sitting on deck in her folding chair. She went to get up to warm up and her right little toe hit the front right leg of the chair and bent the toe downward.	Right little toe bent downward
Male	MA - Middle Atlantic Swimming	Meet / Competition	Outside Venue	There was a four car accident in the parking lot. This report is one several that will be filed regarding the incident. Official was not injured but his truck sustained quite a bit of damage. Official chose to drive the vehicle home. Safety Director has pictures of three of the four involved vehicles. There will be a police report available from the Police Department in a few days. Some of the information gathered for this report was obtained from the Incident Report which will be retained by the Safety Director	Damage to official's vehicle. Official was not in vehicle at time of accident.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MA - Middle Atlantic Swimming	Meet / Competition	Outside Venue	There was a four car accident in the parking lot. This report is one several that will be filed regarding the incident. Swimmer was in family car (Car #2), following completion of day's competition. Athlete's car, being driven by her mother, which had been hit by yet another car (Car #1). Swimmer's car then accelerated into Car #3 which then went into Car #4. Both adults in this car were in need of medical attention and swimmer was nauseated (not injured; shaken up). Air bags in car deployed. Safety Director has pictures of three of the four involved vehicles. There will be a police report available from the Police Department in a few days. Some of the information gathered for this report was obtained from the Incident Report which will be retained by the Safety Director.	Swimmer was nauseated following car accident. Both adults in swimmer's car needed to be transported to the hospital -- the male due to chest pains and because he's a diabetic; the female because she had an abrasion/slight cut on her left arm -- although athlete would not have needed transport, she went with the adults.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Outside Venue	There was a four car accident in the parking lot. This report is one several that will be filed regarding the incident. Swimmer was entering family car (Car #3), following completion of day's competition. A car, which had been hit by yet another car, went into the swimmer's car pushing it into a fourth car. At the time of the accident, the athlete was between her car and the fourth car (pickup truck) and her family's car pushed up into her jaw. Although not injured, the other parties in or around this particular car were the swimmer's parents and a younger sibling. These three were not injured, however they were all forced to jump out of the way to avoid being crushed between Car #2 and Car #4. Safety Director has pictures of three of the four involved vehicles. There will be a police report available from the Police Department in a few days. Some of the information gathered for this report was obtained from the Incident Report which will be retained by the Safety Director.	Car pushed into swimmer's jaw. She was wearing braces and the inside of her lip was cut.
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer being passed by other swimmer at wall. Other swimmer pushes off wall with swimmer's finger in between swimmers foot and wall	Not known
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer struck pull deck with his right hand while taking final stroke into finish of backstroke event.	Right hand swollen with abrasion, still had movement of fingers and wrist.
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was swimming backstroke and missed the flags and ran into the wall. Guards and coaches helped backboard her out of the pool. Complained of head pain bt denied back , neck pain.	Ran into wall
Male	MA - Middle Atlantic Swimming	Meet / Competition	Locker Room	Athlete was in locker room during preliminary session of meet when he stepped on an apparent sliver of glass. The sliver was removed by his coach and athlete was able to compete in the rest of his events. Locker room subsequently checked by Safety Director for any additional broken glass with negative results.	Small puncture wound on bottom of right foot from sliver of glass.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Kicked in nose by team mate. I don't think anyone actually witnessed the incident. The coach and others came to me while the swimmer went to the restroom to get their own tissues/paper towels to stop the bleeding.	Nose was bleeding from being kicked.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	athlete was exiting the pool in lane 6 after his race and slipped. He hit his left knee and scraped his right arm below the elbow on the inside of his forearm on the edge of the deck and touchpad.	Scrape on right arm below the elbow on the inside of his forearm and bruised left knee.
Male	MA - Middle Atlantic Swimming	Practice / Water	Locker Room	athlete was punched by teammate. Unbeknownst to the coaching staff there was apparently tension between the two swimmers for some time. Just before they exited the locker room, teammate punched athlete in the eye, causing a concussion and breaking 4 facial bones. Teammate proceeded directly to his car and left.	Blood everywhere. Black eye forming with blurry vision. athlete threw up indicating possible concussion. One of the swim team parents is a nurse and urged athlete to go to the ER. He has a concussion and 4 broken facial bones, one below the eye, one in the cheek and 2 in the nose. He is going to see a plastic surgeon today.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer touched the wall at the completion of her swim and felt discomfort in her left elbow	Discomfort in left elbow
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	athlete was swimming in the warm up/down pool. She was swimming behind another swimmer. She was following to close and her left hand was struck by the lead swimmers kicking foot.	athletes left index finger was struck by the swimmer in front of her. She was seen by our on-site medical training staff. The trainer suggested the finger be x-ray.
Male	MA - Middle Atlantic Swimming	Practice / Water	Deck	Slipped on deck walking to locker room. Legs flew out from under him and he landed on buttocks first then back on the safety mat outside the locker room entrance	mat imprinted on right upper back into upper flank area; area slightly red complained of tailbone discomfort ; buttocks reddened but no apparent bruising. Swimmer denied hitting head; no head bumps appreciated
Female	MA - Middle Atlantic Swimming	Meet / Competition	On Blocks	Scraped right shin when getting onto starting block	1 inch cut along shin from stepping onto block
Female	MA - Middle Atlantic Swimming	Walking on pool deck prior to practice starting	Deck	Athlete was walking along the pool deck at a point where she had to turn around the corner of the pool. There was a spot where some water had accumulated, she slipped and fell to the pool deck	Slipped on pool deck, fell and hit arm/wrist.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was completing a backstroke event when he struck his head on the end wall.	Bump on top of head
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	While warming up, athlete sliced foot on wall in the warm-up pool	laceration on top outside of right foot
Male	MD - Maryland Swimming	Practice / Water	In Water	scrape on foot	scrape on foot
Male	MD - Maryland Swimming	Meet / Competition	Locker Room	Slipped in shower area and landed on backside. He reported pain in his lower lumbar area.	Pain in lower lumbar area
Male	MD - Maryland Swimming	Practice / Water	In Water	twisted knee	twisted knee
Female	MD - Maryland Swimming	Practice / Water	In Water	Finger jabbed in eye	Finger poked in eye, had goggles on, small bruise under eye
Male	MD - Maryland Swimming	Practice / Dry-Land	Deck	Stubbed toe on deck.	Stubbed toe, tip of toe bleed.
Female	MD - Maryland Swimming	Meet / Competition	On Blocks	Tried to catch herself to prevent false start and sprained wrist when she reached for the block.	Tried to catch herself to prevent false start and sprained wrist when she reached for the block.
Male	MD - Maryland Swimming	Practice / Dry-Land	Outside Venue	While swimmer/Athlete was jogging from one exercise station to another on the sidewalk, he chest bumped another swimmer/athlete and fell back on the ground hitting his left elbow.	Athlete chest bumped another athlete while jogging from one exercise station to another, lost his balance and fell back on the ground hitting his left elbow on the concrete sidewalk
Male	MD - Maryland Swimming	Meet / Competition	Deck	ATHLETE FELL WHILE WALKING ON DECK	ATHLETE FELL ON DECK BRUISING/SCRAPING KNEE AND ELBOW. LIFEGUARD ON DUTY ADMINISTERED ICE. ATHLETE WAS INTERVIEWED BY HEAD SAFETY MARSHAL AND WAS TOLD HE WAS FINE. ATHLETE THEN RETURNED TO COMPETITION.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
				ATHLETE WAS INVOLVED IN A FIGHT WITH another athlete. IT WAS REPORTED TO THE SAFETY MARSHAL THAT 2nd ATHLETE PUNCHED ATHLETE AFTER A SITUATION BETWEEN THE TWO ON THE POOL DECK FOLLOWING 2nd ATHLETE'S RACE. IT WAS ALSO REPORTED TO THE SAFETY MARSHAL THAT 2nd ATHLETE WAS IN THE LOCKER ROOM BLEEDING. THE SAFETY MARSHAL CHECKED THE LOCKER ROOM AND 2nd ATHLETE WAS NOT THERE. UPON RETURNING TO THE DECK, THE SAFETY MARSHAL WAS INFORMED BY THE MEET REFEREE THAT COACH HAD DISMISSED 2nd ATHLETE FROM THE MEET AND THAT 1st ATHLETE HAD LEFT THE MEET. BOTH ATHLETES WERE OFF THE DECK PRIOR TO THE MEET REFEREE BEING ABLE TO INTERVIEW THE TWO ATHLETES. THE MEET REFEREE HAS INDICATED TO THE SAFETY MARSHAL THAT HE WILL FOLLOW UP WITH THE COACH AFTER THE MEET AND SUBMIT ADDITIONAL DETAILS AS WARRANTED. AS A RESULT OF BOTH ATHLETES LEAVING THE PREMISES, NO MEDICAL CARE WAS GIVE AND THE EXTENT OF ANY INJURIES IS UNKNOWN.	
Female	MD - Maryland Swimming	SEE BELOW	Deck		PUNCH TO FACE OF ATHLETE 1 AND POSSIBLE SCRAPE TO FACE OF ATHLETE 2 - NOT VERIFIED.
Male	MD - Maryland Swimming	Practice / Water	In Water	swimmers collided head on during practice	Swimmers collided head on during practice
Male	MD - Maryland Swimming	Practice / Water	In Water	Hit his head while swimming backstroke	Hit head while swimming backstroke
Female	MD - Maryland Swimming	Practice / Water	In Water	Hit the wall with the heels hard. Split part of the ankle open.	Hit the wall with the heels hard. Split part of the ankle open.
Female	MD - Maryland Swimming	walking on deck	Deck	Swimmer walking on deck and ran into the back stroke flag pole	Red area above right eye - small amount of swelling
Female	MD - Maryland Swimming	Meet / Warm-up	In Water	Team mate hit injured swimmer in nose with arm during warm-ups. Injured swimmer suffered a bloody nose	Nose was bleeding.
Male	MD - Maryland Swimming	Practice / Water	Deck	Athlete was stepping up to the diving board and slipped on the step, and fell onto his chest. He sustained a scrape to his upper left chest. Superficial scratch, skin intact, no bleeding. Athlete in no apparent distress and continued on through practice without other issues.	Athlete was stepping up to the diving board and slipped on the step, and fell onto his chest. He sustained a scrape to his upper left chest. Superficial scratch, skin intact, no bleeding. Athlete in no apparent distress and continued on through practice without other issues.
Female	MD - Maryland Swimming	Practice / Water	In Water	athlete dove off the blocks and neglected to put her hands into the correct diving position, thus hitting her head on the bottom of the pool	bumped head on the the bottom of pool while diving
Female	MD - Maryland Swimming	Meet / Competition	In Water	Swimmer was getting out of the water. Her upper torso was out of the water and on deck, lower body (legs) was still in water when she got cut. Did not feel or notice cut until out of the water. Accident occurred in lane 5.	Multiple deep scratches on left leg, below knee
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer reports that she felt that her kneecap slipped; swimmer reported that she is seeing a physical therapist currently	tenderness along lateral patella; no dislocation present; no edema
Female	MD - Maryland Swimming	Meet / Competition	In Water	hit nose with knee during backstroke flip turn	nit nose with knee during backstroke flip turn
Male	MD - Maryland Swimming	Meet / Warm-up	In Water	scraped back on pool floor	mild abrasion to upper back
Female	MD - Maryland Swimming	Meet / Warm-up	Bleachers	Scraped leg on the faucet for the hot tub	abrasion on right leg
Female	MD - Maryland Swimming	Meet / Competition	In Water	Bloody Nose while swimming. Swimmer denies any contact with wall or bottom	Bloody Nose- Swimmer reports history of nose bleed previous night
Female	MD - Maryland Swimming	Meet / Competition	Locker Room	Slipped in bathroom, caught edge of sink with bottom of chin.	Slight Swelling under point of chin with slight bruising

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	ME - Maine Swimming	Practice / Water	In Water	While swimming backstroke athlete reported hitting her head on the wall twice, due to flag misplacement. She continued to swim for an additional 15 minutes before notifying her coach of the incident. Care was given immediately.	Bumped head on wall in the deep end of the pool.
Female	ME - Maine Swimming	Meet / Competition	In Water	Finishing a race backstroke hit head on wall	Hit head on wall at finish of backstroke race
Male	ME - Maine Swimming	Meet / Competition	In Water	Swimmer 1 pushed off wall on back. Swimmer 2 swimming to wall on stomach and 2 swimmers hit. Swimmer 1 (on back) hit his head on swimmer 2 (on stomach) face. Swimmer 2 has bruising on nose and slight swelling	Brushing on the face on nose. Swelling on his nose and bruising
Male	ME - Maine Swimming	Practice / Water	In Water	Swimmer was executing an open turn and somehow hit his knee on the wall of the pool. Coach assisted him out of the water and noted that the knee was red and slightly swollen. Treated with ice and sent home from practice with father.	Hit knee on side of pool while executing open turn in water. Knee was red and slightly swollen, so ice was given and swimmer was sent home with father.
Female	ME - Maine Swimming	Meet / Competition	Concessions	Low blood sugar, felt faint, laid down, pulse taken by nurse present. Emergency personnel called.	Low blood sugar, felt faint. She was taken to the hospital by ambulance to be observed.
Male	MI Michigan Swimming	Meet / Competition	Locker Room	Swimmer was allegedly slide tackled by another swimmer in the shower. He fell and cut open his knee. Witness stated there was standing water. Shower also leads to another bathroom area which swimmers must pass through the shower to get to.	Swimmer had a 3/4" laceration on the left knee. There was no swelling. Cut was bleeding slightly. Two bandiads were applied. Parents only requested basic first aid. Parents sent a picture of wound to Doctor friend, Doctor friend did not indicate any need for stitches at that time.
Male	MI Michigan Swimming	Practice / Water	Locker Room	Swimmer slipped and fell on right arm going into showerroom.	possible growth plate fracture
Male	MI Michigan Swimming	Meet / Competition	In Water	HIT HEAD ON WALL ON BACKSTROKE FINISH.	PAIN ON TOP OF HEAD
Male	MI Michigan Swimming	Meet / Competition	On Blocks	Scraped knee while practicing starts.	Abrasion to right knee.
Female	MI Michigan Swimming	Meet / Warm-up	On Blocks	Scrapped leg on starting blocks.	Abrasion to right leg.
Male	MI Michigan Swimming	Meet / Competition	In Water	Swimmer finished freestyle race and jammed middle finger on the wall.	Jammed middle finger
Male	MI Michigan Swimming	Practice / Water	Deck	Athlete stood up from the pool deck and became lightheaded, lost balance and hit his head.	Small knot on rear of head.
Female	MI Michigan Swimming	Meet / Competition	In Water	Athlete notified a Life Guard that she was having an allergic reaction to something	Allergic reaction to something. Hives and swelling
Female	MI Michigan Swimming	Practice / Water	Deck	athlete was walking on a wet pool deck during practice, and slipped and fell on her back. She was in intense pain immediately, and could not move nor get up. She stayed in one position until the ems arrived 20 minutes later. Ice was applied to the injured area, but that did not make her feel better.	She fell on her back, and could not move, and could not get up. We called EMS, and they were able to straighten her out on her back to back board her. Both the paramedic and injured party determined it would be best to go to hospital for x rays and for further monitoring.
Male	MI Michigan Swimming	Spectator	Bleachers	Playing with another child, was pushed or slipped and hit head on window ledge cutting right ear.	Cut right ear
Female	MI Michigan Swimming	Meet / Competition	Bleachers	Passed out in the Stands during competition	Passed out, but did regain consciousness. EMS had arrived and provided additional care
Male	MI Michigan Swimming	Meet / Competition	Bleachers	Stated that he felt like he was going to pass out, and subsequently passed out Quickly regained consciousness.	Passed out, regained consciousness
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer kicked in the nose by another swimmer while swimming laps	Sore nos. Swelling.
Female	MI Michigan Swimming	Meet / Warm-up	Deck	After swimmer exited the pool and was walking to the blocks, she slipped and hit her left knee.	Bruised knee.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MI Michigan Swimming	Meet / Competition	Deck	Swimmer was timing for an event. She slipped and hit her head on the wall.	Head injury
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in right eye by another swimmer while swimming breast stroke	Sore eye
Female	MI Michigan Swimming	Meet / Competition	Deck	Slipped on the deck and fell. Hit her head	Slipped on deck and hit her head
Female	MI Michigan Swimming	Meet / Competition	On Blocks	The swimmer slipped on the blocks and twisted her ankle	The swimmer twisted he ankle while getting onto the starting block
Female	MI Michigan Swimming	Meet / Competition	Deck	The volunteer slipped on the wet pool deck and landed on her head	Head injury
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer was loosening a lane line and the tension in the line spun the wrench back and hit her in the lip. It caused a cut on her lip	A cut to the lip
Female	MI Michigan Swimming	Practice / Water	In Water	At around 8:00pm on Wednesday February 18th, during a short bathroom break, athlete was seen crying on the side of the pool claiming that she hit her head on the bottom of the pool. She walked to coach and explained initially that she hit her head on the bottom of the pool while diving into the water at the deep end (10') of the pool. Coach immediately called another coach to escort athlete to the athletic trainer for inspection. athlete complained of having a headache, dizziness and neck pain and after inspection by the trainer said she might have a slight concussion and gave her ice to put on the top of her head. She did not return to practice but sent home for rest under the direction of the athletic trainer. athlete signed forms and was escorted back to the pool by coach where she waited on the pool deck bench until practice was over and her parents arrived to pick her up. Only one of athlete's teammates saw the accident happen and their stories were a slightly conflicting. athlete described that she dove into the deep end of the pool, feet first and hit her head on the bottom of the pool as she was pushing off. athlete's teammate claimed that athlete dove into the deep pool, feet first, pushed off the bottom and hit her head on the bulkhead, not the bottom of the pool.	Possible Concussion
Female	MI Michigan Swimming	Meet / Warm-up	Getting out of the water	Strained knee getting out of warm up lane	Scraped and hit her knee
Female	MI Michigan Swimming	Meet / Competition	In Water	During a flip turn knee popped and became extremely painful.	knee popped on push off from flip turn and is painful to move.
Male	MI Michigan Swimming	Meet / Warm Down	Deck	While exiting warm down pool slipped on metal floor paneling. Cut leg just below knee.	Cut
Female	MI Michigan Swimming	Practice / Water	In Water	Bumped head on wall	Sore in area where head bumped wall
Male	MI Michigan Swimming	Meet / Competition	In Water	Mistimed turn for backstroke and hit head on bulkhead	Hit back of head on the bulkhead, paused and then finished race
Female	MN - Minnesota Swimming	Meet / Warm-up	In Water	Swimmer reported that she slipped when she was at the bulkhead getting ready to practice a start. She kicked the bulkhead and/or starting pad and received a minor cut on the bottom of her foot near her toes	cut/laceration
Male	MN - Minnesota Swimming	Practice / Water	Locker Room	BROKEN GLASS IN LOCKER THAT THE JANITOR MISSED ON THE BENCH, CHILD KNELT ON THE BENCH AND A PIECE OF GLASS CUT HIS LEFT SHIN - DEEP CUT	DEEP LACERATION TO LEFT SHEN
Male	MN - Minnesota Swimming	Practice/Locker Room	Locker Room	Slipped on locker room floor. Fell with arm behind him.	forarm/wrist sore/bruised after the fall Secondary survey reveled no blood or contusion on the back of the head. Victim's pupils were equal and responsive. Victim was able to read small print at a great distance, responded in the negative to any feelings of dizziness or nausea.
Male	MN - Minnesota Swimming	Practice / Dry-Land	Deck	Athlete fell backwards, striking his the back of his head on the deck. His shoulders and back hit first. He was close to the edge so he slid into the pool after his fall. His gait was short of a run, but faster then a normal walk.	

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	MN - Minnesota Swimming	Bed - Zone Select Camp	Dorm room @ Cincinnati	Athlete became ill just after lights out and threw up his dinner. He believes it was food poisoning.	Profusive vomiting and stomach discomfort. Relieved once vomiting stopped.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	just after swimming her heat she was walking behind the diving blocks by lanes 5 & 6, when she slipped and wiped out hard on the deck	large scrape with road rash type injury on left hip approximately 3 inches wide by 3 1/2 inches long
Female	MN - Minnesota Swimming	Practice / Water	Deck	coming out of the water onto the deck while pulling herself up got a cut on her right foot	approximately a dime size cut with scrapes around the cut on the right foot
Female	MN - Minnesota Swimming	Practice / Water	Deck	slipped and fell on deck floor	fell and landed on back
Male	MN - Minnesota Swimming	Practice / Water	In Water	climbing out of the water onto the deck and cut arm and knee on a sharp edge of the newly remodeled deck.	left arm and left knee
Female	MN - Minnesota Swimming	Meet / Competition	In Water	misinterpreted depth of the wall and hit her head on the wall and scraped her knuckles on her left hand. This happened in the diving well while she was warming up for her event	head injury - bump on forehead, left hand knuckles scraped up
Female	MN - Minnesota Swimming	Practice / Water	Deck	Cut left toe on drain between starting blocks lanes 2 & 3. This injury bled over 5 minutes, swimmer could barely walk on her foot	cut left foot on drain that had sharp edges from newly installed deck
Female	MN - Minnesota Swimming	Parent waiting for her child on deck	Deck	slipped on deck and fell hard on hip, buttocks and lower back	slipped on the newly installed deck and fell (wiped out)
Female	MN - Minnesota Swimming	Practice / Water	Deck	Getting out of the pool on lane 5 and scraped the back of her left thigh on the new installed deck .	scraped back of left thigh
Male	MN - Minnesota Swimming	Meet / Warm Down	In Water	Swimmer stepped into the diving well to cool down after a swim and the lateral edge of his right foot caught the curved bottom of the pool on the 5'-deep end. He had point tenderness with palpation and swelling over his 5th metatarsal head, and pain with weight bearing that increased over the course of 30-45 minutes. His mother transported him to the orthoQUICK clinic for an assessment.	As noted above, point tenderness with palpation over the 5th met head, swelling, and pain with weight bearing, right lower extremity.
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Coach was doing pull-ups at the Aquatic Center when the band broke. Coach fell and hit his head and shoulder on the deck	Hit head and shoulder on the deck.
Male	MN - Minnesota Swimming	Meet / Competition	Outside Venue	Running and slipped in the outside parking lot	Scrapped
Female	MN - Minnesota Swimming	Meet / Warm-up	Deck	Walking on pool deck, athlete stubbed little toe on unknown object on Friday, 3/13/15. Did not seek medical attention until Saturday, 3/14/15 at 10:15am when same toe was stepped on by another individual	Athlete stubbed toe on 3/13/15. Same toe was stepped on by another individual the next day on 3/14/15.
Female	MN - Minnesota Swimming	Meet / Warm-up	Deck	Victim stepped on another individual's heel/shoe as they passed by each other and fell on the pool deck near the head table. Victim landed on arm and shoulder, and struck head on the pool deck.	Victim struck head, arm, shoulder and elbow on pool deck when she fell. Contusion on elbow and arm.
Male	MN - Minnesota Swimming	Meet / Competition	Deck	swimmer had a bloody nose- no particular incident caused the bloody nose	random bloody nose
Female	MN - Minnesota Swimming	Meet / Competition	In Water	swimmer cut her right toe as she was getting out of the pool	minor cut toe on right foot, slight blood
Male	MN - Minnesota Swimming	Meet / Competition	Stairs	Previous scab on his lower leg, bumped on the stairs and knocked the scab off and wound started bleeding	scab got bumped off and leg was bleeding
Female	MN - Minnesota Swimming	Meet / Competition	Hallway	Vomit on the floor- janitor was being summoned. She did not notice the vomit, stepped in it, and landed on her butt/back and bent her knee which was sore from previous injury.	dislocated knee cap in January 2015. Knee was bent back and sore after the fall.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	Walking out of locker room, slipped and fell backwards hitting head and back. Did have a backpack on at the time.	Hit head and back
Female	MN - Minnesota Swimming	Practice / Water	Locker Room	She was getting ready for practice and bent over to get something. She she stood up she hit her head on a pipe	Bumped her forehead pretty hard
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Slipped at the bottom of a ramp on deck, hit left knee on railing.	Bump/bruise
Male	MN - Minnesota Swimming	Practice / Water	In Water	During a flip turn two swimmers collided. The shoulder of one swimmer hit swimmer in the left eye causing redness and swelling	Redness and swelling of the left eye. No bleeding occurred.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MN - Minnesota Swimming	Meet / Competition	In Water	Swimmer contacted wall with the right hand upon completing a butterfly event resulting in injury to the middle and ring fingers of the right hand.	Swimmer contacted start-end wall with the middle and ring fingers of the right hand upon completion of an event resulting in discoloration and swelling of the affected fingers.
Female	MN - Minnesota Swimming	Practice / Water	In Water	Swimmer finished into wall, hit fingers onto wall.	Bruised and swelling middle and ring fingers.
Male	MR - Metropolitan Swimming	Meet / Competition	In Water	Jammed middle finger of right hand on wall when finishing a race	swelling at first knuckle
Female	MR - Metropolitan Swimming	Practice / Water	In Water	While swimming a freestyle set using plastic hand paddles and snorkels, swimmer's and another swimmer's hands collided while they were circle swimming. Swimmer immediatly got out of the pool and we are applied an ice pack. Swimmer didn't get in to swim the rest of the practice.	There was no open wound or blood with this injury. The next day at practice the coaching staff was informed by Mother that swimmer's left hand had suffered a bone bruise.
Male	MR - Metropolitan Swimming	Practice / Water	In Water	Caught finger underneath gutter	Scrape along right thumb
Male	MR - Metropolitan Swimming	Practice / Water	Locker Room	athlete bumped his head on a locker while getting ready for swim practice. He had a severe bump on his forehead that turned black and blue. Coaches applied ice packs and placed him in a seated position so he could recover. Swelling and bruising decreased as ice was applied. Athletes parents were present at the pool and stayed with him the whole time and took him home after a few minutes. athlete never reported any symptoms of dizziness or blurred vision, only stating that his head and bump hurt to touch.	Bump on forehead with bruising and swelling. Ice packs were applied and bruising and swelling decreased. athlete was in the locker room and stated he turned around quickly and bumped his head on a metal locker. athlete come to the coaches with his hand on his head and showed us the bump. Coaches applied ice packs and placed him in a seated position in the LG office. athletes mom was present for the entire incident and sat with him to monitor any symptoms. After 20 minutes of rest and ice athlete went home in the care of his parents.
Female	MR - Metropolitan Swimming	Meet / Competition	On Blocks	Scraped top of left foot	Scrape
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	knee popped while swimming 200 IM	knee popped in water
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Flipped into wall on backstroke hit head	Cut on right side of forehead - scrape on right cheek
Female	MR - Metropolitan Swimming	Practice / Water	In Water	Jammed her finger.	Left 4th digit fracture
Female	MR - Metropolitan Swimming	Practice / Water	Deck	athlete came out of the water and complained of dizziness. While standing on deck next to coach she began shaking and her eyes began to roll. Coach caught athlete as she was collapsing.	there were no visible signs of injury. athlete complained of nausea and dizziness.
Female	MR - Metropolitan Swimming	Before practice at Aquatic Center	Hallway	Before practice athlete sat on bench near window in upstairs foyer. She received a long splinter from bench. Athlete went to the lifeguard office for first aid.	Langer splinter
Male	MR - Metropolitan Swimming	Meet / Competition	Bleachers	DOB is made up, didn't get age Child fell in balcony, mother had back to son and did not see the actual event occur.	child had a bloody nose and hit forehead
Male	MR - Metropolitan Swimming	Practice / Dry-Land	Hallway	Swimmer fell in the hallway during dryland.	Swimmer tripped and fell and braced his fall by landing on his knee and wrist. Knee hurt at first then pain went to wrist later on in the practice. After dry land we went into the pool. Later on in the practice he got out. Took a break to see how the pain was after a while. Notified mother. She came, looked at her son and they went home. Injuries didn't see severe. No bruising. Just some discomfort.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	MR - Metropolitan Swimming	Meet / Competition	On Blocks	Swimmer hit foot on edge of block as he was diving into the water at the start of a race.	1/2 inch cut on top of foot.
Male	MR - Metropolitan Swimming	Meet / Competition	In Water	Swimmer's knee became very sore while swimming breast stroke. Swimmer had difficulty exiting the pool.	Swimmer's knee appeared red and swollen. Swimmer stated that they had fallen on it earlier in the day.
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	Swimmer was exiting the pool and hit her head on diving platform frame.	Athlete hit the top of her head against the bar. There was no bleeding.
Male	MR - Metropolitan Swimming	Meet / Competition	On Blocks	Back foot slipped on blocks at start of race. Both feet hit onto starting block.	Both feet bruising
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	Right elbow hit on lane line.	The right elbow got bruised.
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer collided with an oncoming swimmer, causing a nose bleed	Nose Bleed
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	while jumping into pool, right middle finder hit the bottom of the pool, ice pack given on deck	while jumping into pool, right middle finder hit the bottom of the pool, ice pack given on deck
Female	MR - Metropolitan Swimming	Practice / Dry-Land	Locker Room	Swimmer walked into the locker room, and slipped on the wet floor, and fell on her arm	Dislocated bone in elbow, or broken arm.
Male	MR - Metropolitan Swimming	Practice / Dry-Land	Deck	While using resistance cords the closed hook attached to the cords came off the stanchion and struck the individual on the crown of the head	Skull fracture
Female	MR - Metropolitan Swimming	Meet / Competition	Meeting room	Felt faint during stroke briefing	Fainted
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	Slipped on Deck and landed on backside	Slipped on deck. Landed on tail bone
Female	MR - Metropolitan Swimming	Meet / Competition	Bleachers	Slipped and fell backward. Hit back, back of head, left elbow	split upper lip
Female	MR - Metropolitan Swimming	Meet / Competition	Stairs	Swimmer slipped on the stairs and scraped her back on the stairs. Swimmer competed the following day.	Scraped her back on the traction protection on the stairs. Swimmer competed in the swim meet the following day.
Male	MR - Metropolitan Swimming	Meet / Competition	Outside Venue	In back parking lot adjacent to E and B wings of the Middle School the side walk coming into the building at B wing iced over. Injured slipped on the ice, fell against the wall and then fell to the ground.	when fell into the wall banged left shoulder into the brick building, fell on the concrete walk way and injured back and right shoulder blade.
Female	MR - Metropolitan Swimming	Meet / Competition	Bleachers	cut knee	cut on Knee
Male	MR - Metropolitan Swimming	Meet / Competition	Deck	While leaning on wall, slipped on deck and scraped back on outlet box	scrape on back
Female	MS - Mississippi Swimming	Meet / Competition	Deck	referee stepped down and fell, hurting shoulder	shoulder-may be rotator cuff issue
Male	MT - Montana Swimming	Practice / Water	In Water	Swimmer was kicking with fins on his back. He saw the flags, but waited too long to roll over. When he rolled over he hit the front right part of his forehead on the wall causing a bump to instantly appear.	On the right part of his forehead a bump to instantly appeared after hitting his head. At the largest it was the size of a small candy egg. After 10 minutes of ice it was significantly reduced, and after 30 minutes it was reduced to an unnoticeable minimal raised area. There was a very small scratch that occurred on the bump as well.
Female	MT - Montana Swimming	Meet / Competition	In Water	Severe pain in shoulder occurred during state meet March 2015 in Butte, MT	Diagnosed as severe rotator cuff impingement in right shoulder
Female	MV - Missouri Valley Swimming	Practice / Water	Deck	Athlete (In celebration) came up to hug me, but came at me full force. Due to this, he tore cartilage in my rib cage with a possible small fracture.	Torn Cartilage/possible fracture
Male	MV - Missouri Valley Swimming	Between Sets	Outside	He had trouble breathing. He went outside with the other swimmers to get some fresh air. His condition worsened.	Breathing difficulties
Male	MV - Missouri Valley Swimming	Meet / Competition	Hallway	injured described to me that a children was rotating with a box and accidentally bumped him in the lower abdomen where he had surgery. found him pale and in noticeable pain in the break room. Removed him from the deck for all activities and spoke with his spouse.	hit in surgical site area.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	MV - Missouri Valley Swimming	Meet / Competition	Deck	injured walking to through away a bottle while watching swimmer. tripped on leg of life guard stand.	puncture/laceration above elbow. Potential fracture according to doctor on scene.
Male	MV - Missouri Valley Swimming	Meet / Competition	Deck	Swimmer was dizzy after completions of race (200 BR). Feel on the deck and hit head on concrete. Potential he blacked out. (per coach-boy was ill prior to meet with mono). Spoke with mother the following day and the boy was fine.	Swimmer blacked out and hit head on deck. No bleeding.
Male	MV - Missouri Valley Swimming	Practice / Water	Deck	Sliced his toe on the gutter. Lots of blood. Looked worse then it really was. Pool makes us write us USA Form for EVERYTHING.	Sliced between toes.
Male	MV - Missouri Valley Swimming	Practice / Water	In Water	Athlete dove in and when coming up hit another swimmer with his head. He had a slight bump on his head. We iced it and he did not seem to have a concussion. He did not go to the dr. or hospital	Bump on forehead
Male	MV - Missouri Valley Swimming	Practice Deck	Bleachers	Slipped stepping from deck to bleacher stairs.	Blow from fall on inside right knee and inside right foot.
Male	MV - Missouri Valley Swimming	Practice / Dry-Land	Deck	Swimmer was doing a dry-land exercise on cords wrapped around a pole on deck. His feet slipped out from under him and he fell backwards, striking his head on the pool deck.	Swimmer sustained a likely minor concussion and has soreness in his neck.
Female	MV - Missouri Valley Swimming	Meet / Competition	Bleachers	Girl tripped going down the stairs alongside of the bleachers in spectator area.	Cut just under nose, upper lip.
Female	MV - Missouri Valley Swimming	Walking from Crash Area to Meet/Warm-up	Hallway	Foot caught under a hallway door when opening/closing as athlete walked from crash area to meet - warm-up area.	Left foot - Cut on top of foot between big toe and the toe next to it. Bleeding did occur, was treated immediately by a lifeguard and staff. Swimmer remained calm.
Male	MW - Midwestern Swimming	Practice / Water	In Water	Athlete was submerged at bottom of shallow end of pool (when he was supposed to be standing, observing a demo by a fellow swimmer), when a teammate, wishing him to move, prodded him with her foot. It was more of a kick, which caused the athlete to bump his head on the bottom (4 foot depth).	noticeable bump on back right quadrant of head, about size of 1/4 golf ball or less.
Male	NC - North Carolina Swimming	practice walking towards pool	Deck	Swimmer caught his little toe on a deck chair while walking to the pool to start practice.	broken little toe
Male	NC - North Carolina Swimming	Practice / Water	In Water	While attempting to put away power towers-power tower began to fall in water and athlete fell in after it, hit head.	cut, about 2 inches long and potentially deep enough to need stitches.
Male	NC - North Carolina Swimming	Practice / Dry-Land	Fields at the Y	Athlete stubbed toe while playing ultimate frisbee.	Athlete stubbed toe while playing ultimate frisbee. This was a team dryland activity an allergic reaction during practice. We are not sure to what. Her eyes became very swollen and she broke out pretty much all over her body.
Female	NC - North Carolina Swimming	Practice / Water	ALLERGY - not sure...	Athlete broke out in a bad rash and her eyes became swollen. This was an allergic reaction, but we do not know to what...	Her eyes became very swollen and she broke out pretty much all over her body.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	While running, athlete tripped and fell down on to her wrist.	Her wrist was buckle fractured
Female	NC - North Carolina Swimming	In will-call tent	Outside Venue	Child fainted per dad, did not fall; dad helped child to ground.	Child fainted.
Male	NC - North Carolina Swimming	Practice / Water	In Water	While swimming into the wall, he hit his head on another swimmers shoulder. He did not lose consciousness and was responsive.	Has a small bump on his head, He knew who he was, Head hurt a little, was not sensitive to light.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Deck	Athlete twisted her ankle running in place during drylands	Sprained her ankle.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Gym	We were doing dryland on the basketball court and we had rotating exercise stations. One of the stations was throwing the big medicine ball with a partner. I was throwing the large medicine with a partner during dry land when the ball was coming towards me fast and hard. It pushed my entire hand backwards.	My fingers were swollen to the point one finger looked like 2 regular fingers put together. The main finger injured is my ring finger. I was very worried that I broke it. The pain continued up into the top of my hand following the bones of my fingers.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	swimmer jammed his finger on a finish in the 50 free. It is broken.	Broken finger

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Athlete fell and landed on their wrist/arm. Athlete went to urgent care and has a fracture.	Fracture due to fall.
Male	NC - North Carolina Swimming	Practice / Water	Sidewalk outside main doors of facility	Athlete was doing a handstand on the sidewalk concrete, came near the curb, started backing up, his elbows buckled and he came down on his nose and mouth.	Abrasions on his nose, teeth scraped along the inside of his lower lip.
Female	NC - North Carolina Swimming	Practice / Water	In Water	hit head on wall while trying back to breast turn	bump
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Injured party was swimming into the wall and collided with another swimmer who had just completed a flip turn off of the wall. The swimmer's hand made contact with the injured party's goggles, pushing them in.	The injured party complained of dizziness immediately after the accident, blurry vision in her right eye, and a headache. She said she didn't see "stars" or feel nauseous.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Accident occurred during warm up during a meet. Injured party was swimming into the wall & collided with another swimmer who had just completed a flip turn off of the wall. The swimmer's head hit the injured party's forehead/nose/right eye. There were only 3 swimmers in the lane at the time.	Injured party's right eye and nose were swollen, & she complained of a bad headache & slight nausea. She stated she did not black out or see "stars," though said her vision was slightly blurry.
Female	NC - North Carolina Swimming	Meet / Competition	On Blocks	swimmer on block, right front foot slipped off block. Knee struck block, continued to swim and finished event. Climbed out of the pool	KNEE CONTUSION
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Hit in the nose with a frisbee	Bloody nose
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Accidental elbow to the nose during a game of Ultimate Frisbee	Bloody Nose
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer complained of feeling tingly and dizzy after a race.	Swimmer felt dizzy and tingly after a race.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer was experiencing shoulder pain while racing.	Was experiencing pain while swimming
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Hit hand and forearm on touch pad	Hit on touch pad
Female	NC - North Carolina Swimming	Meet / Competition	Deck	back spasms while sitting on deck	Back spasms
Male	NC - North Carolina Swimming	Practice / Water	In Water	Injured party was coming off of the wall after a flip turn when he collided with another swimmer coming into the wall. Contact was made on the top of his head. This information was determined after conferring with the other boy in the collision, as athlete could not remember exactly what had occurred.	Injured party collided with another swimmer during practice, hitting the top of his head badly. He stated he "saw stars," was dizzy, and had a bad headache. When asked what had occurred, he could not recall what had happened.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Deck	While jumping on a box the athlete scraped her shin on the box.	Abrasion to the front of the shin.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer was completing turn on Backstroke and jammed his ankle into the wall. The force tore the skin resulting in a large cut.	A gash approximately two inches in length below ankle bone extending into the heel region.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	During warm-down, a teammate thought athlete was not going to push off the wall so she jumped in and as she did athlete did push off the wall. The athlete jumping in hit this athlete's head with her knee area.	Hit on the head by teammates knee. The next day was experiencing loss of memory. Mother took athlete to doctor and was diagnosed with concussion and is restricted from activity for at least 2 weeks.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer exited the pool on the final lap of 100 Breaststroke, complaining of shortness of breath. Soon after the swimmer and coach said she was okay. Swimmer's father was a stroke and turn official on deck at the time of the occurrence and he also said that she was okay	Shortness of breath.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Shoulder popped while swimming the 100 freestyle event	Shoulder popped while swimming the 100 freestyle
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Back spasms with leg numbness	leg became numb and back spasms began during swim and continued after swim
Male	NC - North Carolina Swimming	Practice / Dry-Land	Stairs	Athlete slipped while running stairs and twisted his ankle	Twisted his ankle
Female	ND - North Dakota Swimming	Meet / Competition	Deck	athlete felt faint/ill following race	faint
Female	ND - North Dakota Swimming	Meet / Competition	Deck	slipped or fell backward on deck. caught herself on her elbows.	elbow bruising

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	ND - North Dakota Swimming	Meet / Competition	Deck	slipped on deck and landed on back. Head landed over pool edge and hit deck across shoulders.	possible back/cervical injury
Male	NE - New England Swimming	Meet / Competition	In Water	Dove in too deep on start and scraped bridge of nose	Scraped bridge of nose
Female	NE - New England Swimming	Meet / Warm-up	In Water	Swimmer strained muscle climbing out of pool.	Strained muscle
Male	NE - New England Swimming	Meet / Competition	In Water	During 100 butterfly race, he felt pain occurred on his left shoulder.	During 100 butterfly race, he felt pain occurred on his left shoulder.
Male	NE - New England Swimming	Meet / Competition	Locker Room	swimmer caught & cut finger in the bathroom stall doors.	cut index finger
Male	NE - New England Swimming	Practice / Dry-Land	TURF FIELD	We were playing a tag game at the end. Athlete was running behind another athlete in his blind spot. 2nd athlete pulled a 180 degree turn to avoid being tagged and the two of them butted heads	Left side of the forehead swelled up - Golf ball sized.
Male	NE - New England Swimming	Practice / Dry-Land	TURF FIELD	We were playing a tag game at the end. Athlete was running behind 2nd athlete in his blind spot. 2nd athlete pulled a 180 degree turn to avoid being tagged and the two of them butted heads	Contact point was just to the left of his left eye brow. Minimal swelling - From the child's perspective.
Male	NE - New England Swimming	Meet / Competition	Hospitality Room	Pt. complained of substernal chest pain and difficulty breathing. Pt. was pale and diaphoretic.	Chest pain & shortness of breath.
Female	NE - New England Swimming	Meet / Warm-up	In Water	Was accidentally struck in right eye	possible abrasion of eye
Male	NE - New England Swimming	Practice / Water	In Water	2 swimmers jumped into pool and landed on affected swimmer. One swimmer landed on shoulder, other landed on wrist	shoulder and neck pain.
Female	NE - New England Swimming	Practice / Dry-Land	Deck	Swimmer was walking on the deck and cut her foot on a broken piece of plastic on the deck.	Laceration on right foot. Laceration is approximately 3-4 inches long. Laceration was not deep.
Female	NE - New England Swimming	Practice / Water	In Water	Swimmer jammed left hand ring finger on lane line after pushing off from a backstroke flip turn.	Swimmer jammed and possibly sprained her little/ring finger on the lane line coming off of a backstroke flip turn. Affected area was slightly swollen/bruised and tender to the touch. Athlete could make fist (showing that the finger is not broken) but had no ability to "clench" or make her fist tight.
Male	NE - New England Swimming	Practice / Water	In Water	Swimmer bumped head on wall while swimming freestyle.	Swimmer had a bump on his head, complaining of pain in legs.
Female	NE - New England Swimming	Meet / Competition	Behind the blocks	athlete was seated and had her chair pulled out from under her	bump on head
Female	NE - New England Swimming	Meet / Competition	Deck	dropped lap counter on her toe	bleeding toe

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NE - New England Swimming	Practice / Water	Stairs	<p>At the conclusion of in-water practice, swimmer and others from his group were headed down the stairs to the boy's locker room. Swimmer reported that he was moving fast in an effort to be ahead of a teammate, when he slipped on the mid-level landing, falling on his right elbow. The friction of the skin against the floor being twisted as he was rounding the corner as he slipped appears to have been the cause of his injury. Another swimmer came to inform the lifeguard and coaches of the injury. Since the lifeguard was female and was unsure of appropriateness of her presence in the locker room area, I went in to evaluate. I found swimmer kneeling, resting on his legs, holding his right arm in the air with blood dripping from the wound on his elbow. Recognizing that all shower and changing areas were not visible from our location, I summoned the lifeguard to the landing with her first aid kit. Injury and treatment details are provided in later sections.</p>	<p>athlete suffered a partial avulsion to the skin of the posterior / outside of his right elbow, inferior to the joint. The wound was approximately 1 inch wide and 1.5 inches long. A thin flap of skin was visibly still intact along the inferior edge, but was folding under itself resting on top of the wound. The tissue was bleeding in large drops at about 1 drop every 2-3 seconds. The depth of the wound appeared to be substantial for its location, potentially affecting most or all layers of soft tissue along the bone. athlete was asked and denied injuring any other part of his body, including among others, his hip, knees, shoulder, and head. athlete stated he did not hit his head, and was not experiencing pain anywhere else. athlete was alert and oriented to person, place, time, and location. No additional signs of injury were visible, and athlete exhibited normal mental function throughout treatment, and full range of motion in all areas of his body. After treatment (detailed in the following section), athlete was helped to his feet and descended the stairs without assistance and got dressed independently.</p>
Female	NE - New England Swimming	Meet / Competition	On Blocks	Slipped off block during start. Scrapped foot	Slipped off block during start. Scrapped foot
Male	NE - New England Swimming	Practice / Water	Deck	Athlete slipped on deck and struck mouth. Small puncture wound on lower lip and chipped front incisor.	Athlete slipped on deck and struck mouth. Small puncture wound on lower lip and chipped front incisor.
Female	NE - New England Swimming	Practice / Water	Deck	As athlete was climbing out of the water, her foot slipped on a crack in the gutter, went in between the two pieces of plastic and cut her foot	Large laceration on covering the length of her big toe
Female	NE - New England Swimming	Meet / Competition	Hallway	Injured has a history of fainting and is 3 months pregnant. She was feeling lightheaded in the stands and decided to walk to the hallway to get fresh air. She had some difficulty descending the stairs and felt increasingly faint as she reached the landing. She passed out as she reached the hallway and was attended to by several spectators as well as a physician.	reported no injuries.
Female	NE - New England Swimming	Meet / Competition	Deck	Cut toe on something	Cut to toe
Female	NE - New England Swimming	Meet / Competition	In Water	Hit Hand on metal edge at end of lane on backstroke	Red sore fingers on her right hand
Female	NE - New England Swimming	Meet / Competition	In Water	Coach feels swimmer held breath to long on the first 25 yards of the 200 free.	Swimmer was light headed, face and body red, shaking, reporting that she was not feeling well.
Female	NE - New England Swimming	Meet / Competition	In Water	Fell back into pool while trying to get out	bruise, scraped against side of pool
Male	NE - New England Swimming	Meet / Competition	In Water	Swimmer smacked arm on backstroke when doing a turn (hit arm on deck).	bruised arm
Male	NE - New England Swimming	Practice / Water	Deck	putting lane lines in pool i was pulled in hitting knee, elbow and head.	mild concussion, banged up elbow and knee

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NI - Niagara Swimming	Practice / Water	Deck	Athlete was stretching with both arms extended and fingers interlaced behind her back. She felt a "pop" in her should and felt shoulder move out of place.	Left shoulder injury with temporary loss sensation and control in arm. Sensation and control returned less than two minutes after injury occurred.
Male	NI - Niagara Swimming	Practice / Dry-Land	Gym	during dryland, team was playing basketball and athlete collided with coach and he fell on his left arm.	arm/wrist was hurting and coaches applied ice
Male	NI - Niagara Swimming	Practice / Water	In Water	Athlete swam into wall	Bumped head, appeared bruised
Female	NI - Niagara Swimming	After practice-on deck dressed	Bleachers	Swimmer states their right heel hit bleacher side causing the injury	Abrasion on swimmer's right heel-very little bleeding. It had stopped before treatment was given to injury site.
Female	NI - Niagara Swimming	Practice / Water	In Water	She hit her hand on the wall.	Hit hand on wall which led to swelling after the fact. I am not aware of a DR's diagnosis, but it does look like she could have broken a bone in her hand.
Male	NI - Niagara Swimming	Practice / Water	In Water	Athlete was practicing racing starts from the blocks in the shallow end of our pool when he accidentally went too deep on his start and hit his arm/elbow on the bottom of the pool.	Arm looked like it would bruise, possible fracture
Male	NI - Niagara Swimming	Meet / Competition	In Water	Swimmer dove into the water for race. Stated he hit his head on the bottom of he pool. After the race he exited the pool and went to sit in the stands with his parent.	Head pain
Male	NI - Niagara Swimming	Practice / Water	In Water	A teammate pushed off the wall and ran into athlete, colliding with him and hurting his forehead.	athlete collided with another swimmer and was dizzy for a few minutes. I gave him an ice pack to keep on it. He had a headache after twenty minutes, so we sent him home.
Female	NI - Niagara Swimming	Post Practice	Locker Room	athlete slipped in the locker room and landed on her right hand and thumb	Broken wrist
Female	NI - Niagara Swimming	Meet / Competition	In Water	DURING THE FINALS OF THE 100 BREASTSTROKE,swimmer DISLOCATED HER LEFT SHOULDER WHEN SHE OVER EXTENDED HER STROKE NEAR THE FINISH OF THE RACE	DISLOCATED SHOULDER
Female	NI - Niagara Swimming	Watching Practtice	Bleachers	Parent missed a step in the bleachers and fell at the conclusion of practice. It was not seen, only heard.	Twisted ankle.
Male	NI - Niagara Swimming	Practice / Water	In Water	athlete had advanced through the steps of a racing start to be practicing from the shallow end blocks. He accidently went too deep and hit his upper arm/elbow on the bottom.	looked like it would bruise, possible fracture
Female	NI - Niagara Swimming	Meet / Competition	In Water	After completing her leg of a relay race, swimmer was climbing out of the pool and felt her knee "pop".	Possible dislocation of knee
Female	NI - Niagara Swimming	Meet / Competition	Deck	Volunteer at swim meet slipped on the deck while performing timing duties at a swim meet	It is her right shoulder and left hip where she fell
Male	NI - Niagara Swimming	Meet / Competition	In Water	Swimmer hit head at the turn in a 50 backstroke	Swimmer had a headache, after approximately 30 min the swimmer had a bump on head, swimmer visited doctor next day and it was determined swimmer had concussion
Female	NI - Niagara Swimming	Practice / Water	Locker Room	Slipped on wet floor, bumped rt ankle and hip.	Slipped on wet floor, bumped rt ankle and hip.
Female	NI - Niagara Swimming	Practice / Water	Deck	Slip and fall behind blocks	Apparent bruising and swelling of right wrist, forearm. May have pain in elbow and shoulder
Male	NI - Niagara Swimming	Practice / Water	In Water	Swimmer was kicking and lost focus of where he was and swam into the bulkhead.	He scraped his left hand...mostly his fingers

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	NI - Niagara Swimming	Practice / Water	Deck	He was walking towards the starting block and stepped on a piece of glass which embedded into his heel	Small piece of glass in bottom of foot.
Female	NJ - New Jersey Swimming	Meet / Warm-up	In Water	during warm up she hit her haed on the pool wall	during warm up she hit her haed on the pool wall
Female	NJ - New Jersey Swimming	Practice getting out of pool	Deck	Athlete was getting out of pool with her fins took steps and slipped on deck, Athlete hit her buttocks and came down on her forearms. Athlete had an abrasion on her left forearm which was bleeding	Athlete was getting out of pool with her fins took steps and slipped on deck, Athlete hit her buttocks and came down on her forearms. Athlete had an abrasion on her left forearm which was bleeding
Male	NJ - New Jersey Swimming	Changing after a swim lesson	Locker Room	Slipped and struck his head on bench in the locker room	Struck head on bench
Female	NJ - New Jersey Swimming	Practice / Water	In Water	Hit arms with a swimmer in er lane going in opposite direction	swollen wrist with bump
Female	NJ - New Jersey Swimming	Meet / Competition	Outside Venue	Athlete was leaving the building and slipped on ledge and received an abrasion on the outside of the top of her left ankle which was approximately 1 in by 1 and 1/2 inches. Abrasion required to be cleaned as skin was broken	Athlete was leaving the building and slipped on ledge and received an abrasion on the outside of the top of her left ankle which was approximately 1 in by 1 and 1/2 inches. Abrasion required to be cleaned as skin was broken
Male	NJ - New Jersey Swimming	Practice / Dry-Land	Outside Venue	Athlete jumped off of a ledge about 3.5 feet high and landed awkwardly hurting his lower leg.	There was pain and some swelling just below the knee on the front side of the leg.
Female	NJ - New Jersey Swimming	Practice / Water	In Water	Athlete swam into another athlete and was kicked in the face.	Athlete suffered a severe nose bleed.
Female	NJ - New Jersey Swimming	Meet / Competition	Bleachers	was walking up the bleachers, slipped and fell cutting her left thigh	3 inch cut on left thigh
Female	NJ - New Jersey Swimming	Meet / Competition	On Blocks	Swimmer dove in too deep while practicing racing dives, the swimmer hit her head at the bottom and suffered a cut where here goggles.	Small cuts on the nose in addition to the impact made by hitting the bottom of the pool
Male	NJ - New Jersey Swimming	Practice / Water	In Water	athlete indicated that while swimming something jab him in the figure on right hand athlete indicated that he was unsure as how it happener	Right hand figure had what appear to be a small puncture wound and was bleeding
Female	NJ - New Jersey Swimming	Practice - on way to locker room	Bleachers	Athlete indicated that she was attempting to get her bag and the momentum caused her to slip in bleachers, She then caught the top inside of her left foot. Minor scrap and redness - treated with ice. no witnesses athlete was one of many in the bleachers.	Caught top inside of left foot bump and bruise
Female	NJ - New Jersey Swimming	Practice / Water	Deck	Slipped and fell on pool deck.	Patient stated feeling pain and soreness to the right hip area. No visable bruising, scratches were observed. Patient stated she did not hit her head and just injured her hip area.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete obtained a scratch behind right heel on a railing when getting out of the pool.	Small scratch behind right heal. (Approx. 1/2 mm)
Female	NJ - New Jersey Swimming	Meet / Competition	While entering pool...	Athlete slipped while entering the pool and hit her left hip.	Soreness and mild swelling on left hip.
Male	NJ - New Jersey Swimming	Meet / Competition	Bleachers	athlete sustained a cut between toes on his left food while walking in the bleachers at the end of the meet.	Cut between toes on left foot.
Female	NM - New Mexico Swimming	Meet / Competition	Deck	Swimmer exited pool after racing, collapsed due to asthma causing severe shortage of breath.	Swimmer was treated for severe shortness of breath due to asthma attack.
Female	NT - North Texas Swimming	Meet / Warm-up	In Water	Kicked if the head	Concussion like symptoms
Male	NT - North Texas Swimming	Practice / Water	In Water	Swimmer had jumped in, and was underwater a couple feet. Another swimmer did not see him and jumped in and the swimmers collided.	Swimmer exited pool and was holding around the left eye. Eye looked a bit swollen.
Male	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer slipped on the deck and landed on his left knee.	Deep scrape to his left knee.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NT - North Texas Swimming	Practice / Water	In Water	The incident occurred an hour in to practice, towards to beginning of our main set. During the first break in the set, I noticed swimmer's hands shaking slightly which isn't uncommon. Knowing her existing condition of epilepsy I asked how she felt and if she was okay. She said she was good to continue and I trust her knowledge of what her limits are. To be on the safer side I slowed her interval for the next part of the set. In addition I notified the nearby lifeguard of her condition and to help me keep an eye on her in case an emergency should take place. After a few hundred yards swimmer stopped on the wall, hands continuing to shake. I immediately checked in with her and she was calm and talkative. We were going to relax and sit on the wall until the shaking subsided. Something she has done in the past on occasion. She preferred to remain in the water, but I continued to stand over her lane as a precaution. Slowly the shaking subsided and she looked more relaxed. As I squatted down to check in with her, she went underwater right by the wall. It initially appeared intentional, as if she was going to get her head wet and come right back up. After only a couple seconds it was apparent that was not the case. I quickly reached down and grabbed both her arms before they sank. I pulled her straight out of the water with her arms above her head and her legs still in the water. As I yelled for assistance a nearby coach, who saw what was happening, was already on the scene. I passed one arm to my fellow coach and supported her head in a neutral position. In the process I was able to confirm she was still breathing normally. Meanwhile, the nearby lifeguard had already initiated the pools emergency procedure and acquired a headboard. He brought the board to the side of the pool and we were able to quickly perform a textbook board water removal. By this time 911 had already been called and the parents were also notified. It was at this point swimmer started to have a seizure. Another coach, who had previous experience with one of swimmer's rare seizures, joined me and we were able to roll swimmer on her side and support her during her seizure. We were able to continuing the semi immobilizing position until EMS arrived just a few minutes later. At that point they took over swimmer's care. Her parents arrived on scene, were briefed on what had happened so far. and joined the ambulance to the	Epileptic seizure resting on the wall during practice.
Female	NT - North Texas Swimming	Practice / Water	Deck	Athlete had shortness of breath, then took her inhaler. After taking her inhaler the breathing issue continued. She was brought to the lifeguards at the facility, the breathing became better, but then she began speaking incoherently. The swimmers said that she just started taking that inhaler. Her mother was called when she was brought into the guard room. She took the swimmer home.	Shortness of breath. Incoherent speech-after taking inhaler
Female	NT - North Texas Swimming	Practice / Water	In Water	Athlete swam into the wall, performed proper flip turn and on push off, collided with the incoming swimmer.	Athlete bumped heads with another athlete and mentioned that she may have chipped a tooth, but she was unsure about the tooth as it was not bothering her.
Female	NT - North Texas Swimming	Meet / Competition	In Water	Swimmer had ankle sprain before the meet. She swam her first event and aggravated the sprain during the turn of the 100 free. Note: Swimmer came back to next session on Sunday to swim. Gave her an ice bag before the meet. She swam her events.	aggravated an ankle sprain
Female	NT - North Texas Swimming	Meet / Warm-up	getting out of water	As the athlete exited the pool, she hit her head on a diving board railing that is adjacent to the water.	possible concussion
Male	NT - North Texas Swimming	Practice / Water	In Water	athlete and another swimmer were starting warm up and accidentally contacted the other swimmer's head with his left hand with force causing a severe fracture of the pinkie on the left hand.	Fracture of left hand pinkie finger

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	NT - North Texas Swimming	locker room following practice	Locker Room	swimmer was changing in the locker room following practice when she bent over to pick up her backpack to leave and struck her head on the wall as she stood up. The wall was a simple, painted, cement-block wall with no protruding features. She apparently hit her head on the corner of the blocks.	swimmer suffered a large curled gash above her left eye and into her eyebrow. There was very little blood, but the wound was gaping. Swimmer remained alert and calm and exhibited no other secondary symptoms or issues.
Female	NT - North Texas Swimming	Practice / Water	In Water	The swimmer accidentally got hit by another swimmer in the mouth with a paddle while swimming freestyle. The paddle hit and sliced her gum and knocked a tooth slightly loose.	The swimmer's gum on the left, upper side of her mouth was hit with a swim paddle and sliced. Either her lateral incisor or (cuspid) canine tooth was knocked slightly loose.
Female	NT - North Texas Swimming	Practice / Water	In Water	Swam into another swimmer.	Concussion
Female	NT - North Texas Swimming	Practice / Water	In Water	athlete was swimming freestyle in practice and was too close to the wall when coming in for a turn. She flipped and hit the back of her head on the wall. She continued to swim, and did not notify anyone that she hit her head. Her mother emailed me to notify me that her daughter hit her head the previous night. She also said that athlete did not want to tell anyone about hitting the wall because she thought the headache would go away and it was not important.	Head injury from impact. No concussion
Female	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	Stepped in hole, and sprained ankle and suffered a cut	Sprained ankle and cut on foot
Male	NT - North Texas Swimming	Practice / Water	In Water	Swimmer was kicked in the eye by another swimmer while swimming.	Abrasion and bruising to eye. Swimmer had goggles on at the time of injury.
Male	NT - North Texas Swimming	Practice / Water	Deck	Swimmer tripped	scratched his toes around the nail, was bleeding subdermal.
Female	NT - North Texas Swimming	Practice / Dry-Land	Deck	athlete was walking on the deck to pick up her bag after she finished her dry land workout, and she was hit in the back of the head with a water polo ball. The ball was thrown by a member of the (USA Water Polo club team). The water polo player shot at the goal and missed then hit athlete	concussion.
Female	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	Hit nose with flying Frisbee and broke nose	Broken nose Hit head/bumped head on bleacher. Had a sore area on top right area of head above the temple. No visible bruising or contusion or laceration. Swimmer had bruise like soreness to the area.
Male	NT - North Texas Swimming	Meet / Competition	Bleachers	Swimmer was walking/stepping over bottom bleacher to his swim bag located on higher bleacher bench. Swimmer slipped and fell - as falling over upper bleacher levels hit head on top bleacher bench.	scrapped skin on shin, some bleeding
Male	NT - North Texas Swimming	Meet / Competition	On Blocks	swimmer slipped on blocks and scrapped his shin	
Male	NT - North Texas Swimming	Practice / Water	On Blocks	During practice, while using starting blocks for sprints, the starting block broke off at the base. The block broke as the swimmer left the block causing him to tumble to the bottom of the pool approximately 8-10' from the starting end of the pool. The swimmer's wrist struck the bottom of the pool.	slight sprain of the athlete's left wrist
Female	NT - North Texas Swimming	Practice / Water	On Blocks	Swimmer was on the blocks ready to swim, she thought she heard the coach say "Stand", she stood up and lost her balance and fell into the water and came up complaining that her wrist hurt. She was unable to get out with her wrist hurting. She was given ice and her parents were called.	Possible sprained wrist on the Left arm.
Female	NT - North Texas Swimming	Practice / Dry-Land	Locker Room	athlete was pulling on a locked locker door. The locker fell on top of athlete. The bench stopped the locker from going to the floor.	Bump on the
Female	OH - Ohio Swimming	Practice / Water	In Water	Ran into the wall during practice and hit her head.	Bumped her head on the wall.
Female	OH - Ohio Swimming	Practice / Dry-Land	Bleachers	Athlete was running the bleachers when she hit her knee on the metal railing splitting her knee open.	Cut across her knee.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	OH - Ohio Swimming	Practice / Dry-Land	Parking Lot	Athletes were doing a run after water workout in the asphalt/concrete parking lot of the facility. Swimmer was running straight at a fast speed and felt his left knee buckle. He fell to the ground grabbing his knee. We left him on the ground and summoned lifeguards to get ice and gauze/bandages while he was on the ground. He also had a small abrasion on left wrist. Swimmer was wearing appropriate running shoes, it was a clear, dry day about 85 degrees at 9:45 AM.	Immediately after the injury, the left knee was swollen. While tending to the injury, I felt for a pulse on the side of the knee. Small abrasion on the left wrist from the fall. We did not stand him up until we received crutches from another parent and a car to put him in until father came.
Female	OH - Ohio Swimming	Meet / Competition	In Water	Swimmer started to feel ill (short of breath and light headed) while swimming the 200IM. Swimmer got out of the pool and vomited	Swimmer was short of breath, light-headed (not a head injury!), and sick to stomach.
Male	OH - Ohio Swimming	Meet / Competition	Swimmer's lounge	Cut Finger	cut
Male	OH - Ohio Swimming	Practice / Water	In Water	Collided with another swimmer	Complained of concussion-like symptoms after hitting his head
Female	OH - Ohio Swimming	Practice / Water	In Water	Bumped heads with another swimmer	Hit head
Female	OH - Ohio Swimming	Practice / Water	In Water	Hit another swimmer's hip with front of the head while pushing off the wall.	Front of the head
Female	OH - Ohio Swimming	Practice / Water	In Water	Athlete was performing a "no-breather" swim when she began to lose consciousness. Athlete was reached by rescuers just as she began to submerge underwater. EMS was called, athlete's pulse and breathing were observed and both found to be steady/normal.	Athlete did not sustain any injuries. Athlete's parents decided to take her see a doctor later in the evening as a precautionary measure, and everything was found to be normal.
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	A team mate bumped into athlete while he was leaning on diving tower pillar. athlete slipped and fell hitting the back of his head.	Bump on back of head-no evidence of concussion
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	Athlete was walking along the pool deck and sliced the bottom of his right big toe on a loose bolt for an old starting block platform.	Bottom of toe was cut on a loose bolt on the pool deck.
Male	OH - Ohio Swimming	Meet / Warm-up	Locker Room	Swimmers big toe was cut by locker room door. (Door scraped top of the toe)	Right big toe was scraped by locker room door.
Female	OH - Ohio Swimming	Practice / Dry-Land	Inside room during dry-land practice	Athlete fell while participating in a running exercise.	Sore knee from fall. Taken to hospital by Father for diagnosis and treatment.
Female	OH - Ohio Swimming	Practice / Water	In Water	Swimmer was practicing starts with an assistant coach and hit their head on the bottom of the pool.	C6 Vertebrae compression fracture
Male	OH - Ohio Swimming	Meet / Competition	Deck	Walking behind someone and slipped on pool deck. Said the person in front stretched arms and to avoid being hit by the arms he bent backwards and slipped on the deck. Injured wrist when he fell. Person in front unknown.	Complained that wrist hurt. Provided ice at the scene of accident.
Female	OH - Ohio Swimming	Practice / Water	Deck	Athlete was standing listening to her coach's instruction and she said everything started to turn fuzzy and black. Seconds later she fainter	There was no physical injury
Male	OK - Oklahoma Swimming	practice/ blocks	On Blocks	fell of block getting out of the water	scape
Male	OK - Oklahoma Swimming	Practice / Water	In Water	cut toe doing a flip turn	cut to toe
Female	OK - Oklahoma Swimming	Practice / Water	na	locked up wrist joint	dove into the water and hit the lane rope with her hand and locked up her wrist; slipped while diving in.
Male	OK - Oklahoma Swimming	Practice / Water	On Blocks	scraped arm	scrape to the inside of his arm
Female	OK - Oklahoma Swimming	Practice / Water	On Blocks	Doing a relay using fins on hands dove off block. Swimmer said shoulder hit the water first and then she had pain when she came up and stared swimming.	sore muscle around the front part of the shoulder.
Female	OK - Oklahoma Swimming	Meet / Competition	In Water	Swimming 50 free came into wall and thinks she broke her left wrist when she touched (hit) the wall.	May have broken left wrist.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	OK - Oklahoma Swimming	Practice / Water	Deck	At approximately 6:32pm athlete and the rest of the team had completed the first part of warm-up and were exiting to pool to receiving instruction on the second part of the warm-up. Upon explaining the warm-up athlete began to bump into another swimmer and appeared to try and push someone else. I moved toward what I thought was a commotion to see athlete with his eyes rolled back and not responsive to my inquiry if he was ok. He continued to stumble forward and I helped him to the ground. After about 20 seconds he came to and said he felt unwell. I moved him over to a chair and sat him down telling him to breathe normally.	No physical injury, momentary loss of conciseness
Female	OK - Oklahoma Swimming	Practice / Dry-Land	Locker Room	was walking through the locker room and slipped and fell	INJURED
Female	OK - Oklahoma Swimming	Practice / Water	In Water	bumped chin and her side when pulling herself out of the water.	brise pain Hit head on wall. Coach ask if ok, swimmer seemed fine and completed practice. Upon arriving home he was disoriented and taken to hospital. Spent night in hospital and released to parents with follow up scheduled for 2/11/2015
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Hit head on wall	When he fell he hit his KNEE CAP and strained his patellar tendon.
Male	OK - Oklahoma Swimming	Before Dry-Land	Locker Room	Ground was wet and he slipped on wet ground.	hit top back of head on wall of pool during back stroke of 200 IM.
Female	OR - Oregon Swimming	Meet / Competition	In Water	During 200 IM, swimmer lost count of strokes during Back and hit top back of head on wall.	kicked in the nose, sore nose. No blood, no visible sign at practice as it happened at the end of practice and swimmer did not inform coach.
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer was kicked in the nose by a fellow swimmer during a swim set.	scraped his knees
Male	OR - Oregon Swimming	Practice / Water	Bleachers	He tripped and fell on his knees on the bleachers during dryland practice.	He complained of pain in his right foot. He could not jump on it put could place his body weight on it and walk back to the pool
Male	OR - Oregon Swimming	Practice / Dry-Land	Outside Venue	While running stairs for dry-land. he fell forward on the stairs potentially injuring his whole front half of body. He then got up and continued running.	right shoulder pain
Female	OR - Oregon Swimming	Practice / Water	In Water	Another swimmer slipped getting into the pool and fell on swimmer.	
Male	OR - Oregon Swimming	Practice / Water	In Water	Swimmers were doing relays, instructed all to dive and enter the water feet first. Swimmer appeared to have lost coordination and balance for a moment and entered the water in a semi-ball at an awkward angle with head tilting towards bottom of the pool. After the dive, swimmer popped up and grabbed his nose. I saw him bleeding on the forehead and under the eye. I immediately initiated code blue (internal), and back boarding because I was suspecting a spinal injury. Had assistance with backboarding. We put him on towels and later released to paramedics, who subsequently took him to hospital.	Bruise on the forehead, and scratch under the eye from goggles contact and the bottom of the pool
Male	OR - Oregon Swimming	after practice	Hallway	swimmer was sitting on an open window sill in the hallway and fell backwards off of it onto his arm.	broken humorous
Female	OR - Oregon Swimming	Practice / Water	Deck	COACH GENTLY PUSHED SWIMMER FROM DECK INTO WATER AND SWIMMER HIT ANKLE ON SIDE OF POOL.	SMALL CUT ON BONE BELOW ANKLE. POSSIBLE SPRAIN.
Female	OR - Oregon Swimming	Meet / Competition	In Water	The swimmer had a breathing emergency while swimming the butterfly. She did not finish her race. She swam to the side and removed herself from the water. She was instructed to take her inhaler. The swimmer was transported to hospital by ambulance.	symptoms: The swimmer complained that it hurt to breath. She has a history of asthma. She has not had an attack like this before.
Female	OR - Oregon Swimming	Meet / Competition	In Water	Swimmers left calf cramped while in competition pool. She finished race and went to parents. Parents found head gard, and asked what stretches to do, and for ice.	leg cramp

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	OR - Oregon Swimming	Practice / Water	In Water	swimmer's hand collided with another swimmers foot as they were swimming in opposite directions.	Hand was bent back during contact. There was some pain when she would open and close her hand.
Male	OR - Oregon Swimming	Before Practice	Outside Venue	Swimmer was outside of pool before practice playing tag with friends. He was on the sidewalk and tripped and fell into the bushes. He landed on a thorn bush and had 6 thorns splinter into his hand. Another swimmer had him come over to his coach who was starting to gather the kids around for dry land. The coach took him inside to have the lifeguard help. The lifeguard and coach helped the swimmer calm down and together they started to remove the splinters. The coach called the parents and informed them that the swimmer had fallen and had several splinters. The parent was close by and was there with in ten minutes. The swimmer and parent decided to go home to better remove the splinters.	Approximately 6 splinters from thorns on left hand.
Female	OR - Oregon Swimming	Meet / Competition	In Water	swimmer left the wall, swimming breaststroke. She felt something and realized she was bleeding.	Cut on the outside edge of the smallest toe
Female	OR - Oregon Swimming	Meet / Competition	In Water	athlete was beginning the final 100 yards of her 400 IM, when she noticed that she was having difficulty breathing. Despite the asthma attack, she finished the even, after which her mother brought her inhaler	swimmer had trouble breathing due to an asthma attack
Male	OZ - Ozark Swimming	Practice / Water	In Water	Athlete and another swimmer collided after a botched turn by the other swimmer. The other swimmer's head hit athletes shoulder. The other swimmer was fine but athlete complained of pain.	Shoulder looked red. athlete said it hurt on the surface.
Male	OZ - Ozark Swimming	Meet / Competition	In Water	when swimmer was asked to stand after start, the swimmer fell and hit left toe on bottom of pool. toenail was torn off most of the way	toenail injury
Female	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer was pushing off the wall and cut her left foot (top of pinky toe) on a broken tile. She was taken to a local Urgent Care after the incident by her mother.	Cut on top of left foot, on pinky toe.
Female	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer hit her wrist on the bulkhead as she turned to do a backstroke flip turn	fractured wrist
Male	PC - Pacific Swimming	Practice / Dry-Land	Soccer Field	Athlete fell on his wrist, fracturing it, after hanging from the top of the soccer goal. This occurred after we finished our soccer game and I (the coach) was getting everyone off the field.	Fractured Wrist
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was leaving the water, lifting himself out, when his heel caught the back of the lane line. Because swimmer was in the process of standing, he raked the rear of his achilles on the plastic of the lane line. This incident rendered swimmer with a small cut in the same location	cut on back of left ankle/heel
Male	PC - Pacific Swimming	Practice / Water	In Water	Two tile cuts on knee	Two cuts on same knee, about 1/4 inch in length each, swimmer said from broken tile at edge of gutter below waterline
Male	PC - Pacific Swimming	Practice / Water	In Water	Two tile cuts on knee	Two cuts on same knee, about 1/4 inch in length each, swimmer said from broken tile at edge of gutter below waterline
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer got out of water with bleeding cut on underside of big toe	Approximately 1 inch slice on the bottom of big toe
Female	PC - Pacific Swimming	Practice / Water	In Water	While switch lanes for warm-down athlete banged head against another teammate's head or shoulder	mild concussion
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer went to climb out of the pool and passed out in the process. She regained consciousness and was checked out by EMT personnel.	Passed out. No external injuries.
Female	PC - Pacific Swimming	Meet / Competition	In Water	dove from block, hit head on bottom of pool	scratch under right eye, bruise under bridge of nose and center of forehead
Female	PC - Pacific Swimming	Meet / Competition	In Water	dove in from block and hit chin at bottom of pool	some scrapes on chin

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PC - Pacific Swimming	Meet / Competition	Outside Venue	bee sting on finger	bee sting, pinkish on finger where stung
Female	PC - Pacific Swimming	Meet / Competition	In Water	Finished backstroke. Hit hand on wall.	sore hand
Female	PC - Pacific Swimming	Practice / Water	In Water	Awkward flipturn too close to wall. athlete hit both of her Achilles and heels on the gutter.	Contusions to both Achilles' region
Male	PC - Pacific Swimming	Practice / Water	In Water	Swim was working on flip turns and he hit his heels on the pool wall as he rotated through his turn quickly.	Swimmer hit heels on wall and so both heels were bruised and swollen. The bottom of his foot near the heel was also tender. He could not apply pressure to both heels when he tried to walk.
Male	PC - Pacific Swimming	Meet / Competition	In Water	fiberglass embedded in skin	all over body with fiberglass
Female	PC - Pacific Swimming	Meet / Competition	In Water	Fiberglass embedded in skin from the bulkhead	Fiberglass embedded in the skin
Female	PC - Pacific Swimming	Meet / Competition	In Water	Fiberglass from pool bulkhead embedded in skin	Fiberglass embedded in the skin along the arm
Male	PC - Pacific Swimming	Practice / Water	Deck	Athlete got out of the pool during practice to get something out of his swim bag. While walking on deck, he tripped and fell against a concrete ledge & a cover reel. From the fall, he had a large cut on the inside of his foot and some scraps and bruising on this side. Two of our coaches responded directly, putting pressure on the wound and wapping the cut. R Athletes parents were called. Athlete sat in his parka and waited for his mom to arrive. Athletes mom took him to urgent care.	athlete had a cut on his foot about 1.5 inches long and some scrapes on his side.
Male	PC - Pacific Swimming	Meet / Competition	Locker Room	swimmer was walking out of bathroom and scrapped his shoulder on a sharp corner.	Scrape on top of right shoulder
Male	PC - Pacific Swimming	Meet / Competition	In Water	swimming in the warm up pool, a large kid dove into the pool and dove into the swimmer hitting his left shoulder.	swimmer's shoulder was injured by another swimmer.
Male	PC - Pacific Swimming	Meet / Competition	Deck	Laceration between 3rd & 4th toe on right foot. Deep laceration at base between toes. Sliced open when foot hit an anchor on deck connected to the bubble covering the training pool.	Laceration between 3rd & 4th toe on right foot. Deep laceration at base between toes. Sliced open when foot hit an anchor on deck connected to the bubble covering the training pool. May need stitches.
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer Slipped when exiting the pool and cut medial shin.	1/2 laceration and contusion
Male	PC - Pacific Swimming	Practice / Water	In Water	athlete was swimming backstroke during warmup and hit his head on the corner of the wall near the steps. Also, hit the back of his neck on the corner of the gutter	Cut on the back of his head
Female	PC - Pacific Swimming	Practice / Water	In Water	athlete jammed her finger on the lane line during practice.	jammed her finger against the lane line nothing visible. swimmer said he bumped his head.
Male	PC - Pacific Swimming	Meet / Competition	In Water	bumped his head on the bulkhead during the 100 BACK.	pinched and cut the skin on the side of her finger.
Female	PC - Pacific Swimming	before Practice/ Changing in locker room	Locker Room	athlete shut the bathroom stall door on her finger and it pinched and cut the skin on the side of her index finger causing it bleed.	
Female	PC - Pacific Swimming	Meet / Competition	In Water	Athlete was swimming 200 Fly in a race. She was on her 3rd 50 about half down the pool when she stopped at the completion of a stroke cycle. She Finished the race but was in severe pain.	Athlete described the injury as popping in and out. Her shoulder was not dislocated at the time but through evaluation it was noted that a possible subluxation could have occurred. Her fingers were all feeling sensation fine as well as there was no visible deformity to the join. We administered ice for 20 minutes. Swimmer was instructed to seek medical attention when returning home.
Female	PC - Pacific Swimming	Meet / Competition	In Water	Athlete was swimming the 500 free and stopped at the wall and appeared distressed. Her friend and a life guard helped to get her out of the water. Athlete was gasping and shaking.	short of breath and shaking

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was passing another swimmer, pushed off the wall, and went underneath another swimmer. While underneath the swimmer, he was kicked on the top of his head.	Kicked on the top of the head. No bump. No bleeding. No concussion symptoms.
Male	PC - Pacific Swimming	Meet / Competition	Deck	Tripped over pool gutter and cut big toe	cut on big toe
Female	PC - Pacific Swimming	Practice / Water	Deck	Stung by a bee	athlete stepped on a bee laying on the ground with her right foot. She took the stinger out herself and told her coach after that what happen
Male	PC - Pacific Swimming	Meet / Warm-up	In Water	While warming up in the backstroke, the swimmer hit his head against the wall in the warm up/cool down pool.	Pain on top of head. No edema, no open wounds, vision and cognitively WFL's
Male	PC - Pacific Swimming	Practice / Water	In Water	group was doing desk push ups. Swimmer hand slipped and he hit his mouth on deck.	chipped two front teeth
Female	PC - Pacific Swimming	sibling of athlete	Deck	Injured was being carried by her sister. Her sister tripped up and dropped injured from her arms, she fell down onto her right side of her face and head. Possible seizure like activity following the fall for 30-40 seconds. not complaining of any pain not bleeding.	Hit her head when dropped on the pool deck.
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer slipped off of block falling into pool and landing on another swimmer. He appeared un-hurt and swam his heat subsequently without issue.	Un-hurt
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer was in water at completion of event awaiting fly-over start of next heat. Starter stood heat up and swimmer on block fell into pool hitting swimmer in heat. He was startled but appeared un-hurt	Swimmer was fine and swam his next event later of the meet.
Male	PC - Pacific Swimming	Meet / Competition	Deck	Overhead light exploded and glass shattered and cut injured's head requiring 2 staples from the emergency room	Cut on his head from glass
Male	PC - Pacific Swimming	Meet / Competition	inside pool area, grassy area	He was running around bleachers and hit the trash can, slipped and fell and landed on grass.	pain in right shoulder, unable to move on his own
Female	PC - Pacific Swimming	Meet / Competition	On Blocks	Swimmer was on the starting block getting ready for the 200 free and slipped and hit her hip on the block.	Bruise on leg
Male	PC - Pacific Swimming	Practice / Water	In Water	during practice swimmer bumped his head while circle swimming.	felt a little dizzy and sat out so
Male	PC - Pacific Swimming	Practice / Dry-Land	Gym	Athlete did a pull up and shoulder started hurting	Shoulder started hurting after pull up. Hurt through summer season, saw doctor for it in fall.
Male	PC - Pacific Swimming	Meet / Competition	On Blocks	Swimmer bumped his head on the diving block while attempting to get out of the water.	bump approximately 3 inches by 2 inches
Male	PN - Pacific Northwest Swimming	Meet / Competition	BEHIND STARTING BLOCKS	VICTIM WAS TIMER. FELT FAINT, POTENTIALLY LOST CONSCIOUSNESS. VOMITTED 911 CALLED AND VICTIM TRANSPORTED NONE BY EMS	
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Hit head coming into the wall.	Possible concussion
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Swimmer was swimming hear wall and was bumped by teammate. This started swimmer to have difficulty breathing due to asthma. Swimmer said head was okay and just wanted a minute to calm down	Asthma attack.
Female	PN - Pacific Northwest Swimming	Practice / Water	Deck	Swimmer slipped while exiting the pool at the end of practice. She fell on her wrist and complained of wrist pain. She was taken to ED for evaluation.	Wrist tender to palpation, +CSM distally. minimal swelling.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PN - Pacific Northwest Swimming	Putting covers on the pool after practice	Deck	I was assisting my group of swimmers in putting the pool covers on at the end of practice. The reel got ahead of the swimmers. To try to slow the reel down, reached and my finger got caught and pulled down suddenly. Immediately after being yanked, I lost complete feeling in my finger. After a little time, my finger started to tingle. It did not immediately swell or become discolored.	Immediately after being yanked, I lost complete feeling in my finger from the second knuckle to the tip of the finger. After a little time, my finger started to tingle. It did not immediately swell or become discolored. After a couple hours, the discoloring began to show and the swelling grew.
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Slipped on deck when returning to seat.	hit bottom/ back/ head on deck after slipping. No LOC. He has CP so balance is sometimes an issue.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	athlete and another swimmer hit heads in the water during training.	athlete and another swimmer hit heads in the water during training.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	athlete was swimming backstroke into the wall and was struck in the head by the hand/forearm of another swimmer leaving the wall from a flip turn.	At the time athlete complained of soreness where she was impacted on the head. She was later diagnosed by a doctor as having a concussion.
Male	PN - Pacific Northwest Swimming	Practice / Water	Deck	athlete received a 1/4" long cut on the underside of his jawline when the handle of the pool cover roller rotated and hit him.	athlete has a cut approximately 1/4" in length on the underside of his jawline.
Female	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	Swimmer cut her knee on the blocks prior to a swim	slice across patella
Male	PN - Pacific Northwest Swimming	Practice / Water	In Water	athlete jumped into the pool and spun around and hit his chin on the wall. Was given a gauze to stop the bleeding along with some ice. Mom took him to Clinic for stitches.	Cut to chin.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Outside Venue	Small cut on knee and scratched toes after slipping while playing outside.	small cut on knee scratched toes
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During backstroke turn swimmer pushed off and her foot slipped causing undue stress on her knee. Possible sprain was attended to by facility staff with the application of ice.	sprained knee
Male	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	jammed finger into block	pain, no bruising
Male	PN - Pacific Northwest Swimming	Meet / Competition	In Water	while racing backstroke, his fingers ran into the lane line.	slight swelling, no bruising
Female	PN - Pacific Northwest Swimming	Meet / Competition	Bleachers	Swimmer slipped on a blanket left on the bleacher seat.	Bruise, possible sprain
Male	PN - Pacific Northwest Swimming	Practice / Water	Deck	Swimmer slipped and fell going around the corner of the pool. Swimmer was walking quickly slipped, fell, landing on bottom first then hitting back of head. Swimmers state was altered when approached. Body was posturing with left arm out (extended) and right arm bent at elbow and tucked to chest (ATNR like). When asked name swimmer paused, eyes were gazing to left. Swimmer was able to state name slowly with very slurred speech. Unknown if swimmer lost consciousness. Lifeguard approached. Lifeguard took over care. Swimmer began showing signs of agitation. 911 was dial	Hit head on pool deck
Male	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	Swimmer fell off the block into the water and hit his wrist on the lane line	Sore wrist
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	During warm-up, the athlete was kicked by another athlete in the face, became dizzy. She stopped the swimming and didn't come back to the meet, so she can be checked for concussion.	Possible Concussion.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Head on collision during practice. Nose was bleeding after the hit.	Nose was hit and bloody. Was concerned about a possible break. Went to see her Pediatrician who referred her to an ENT for a possible broken nose. After going to the ENT she was all clear and no broken nose.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	PN - Pacific Northwest Swimming	Practice / Dry-Land	Stairs	Group was doing jumps up the steps as part of the dry-land activity. Foot slipped out and fell scratching his right eyebrow and hyper extending his elbow as he was trying to catching himself.	Scratched eyebrow and sore elbow.
Male	PN - Pacific Northwest Swimming	Practice / Water	In Water	Jammed a toe on his left foot during a flip turn.	Toe is sore to touch and a move. Purple coloring around injured toe.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	Deck	During leg swing stretch, swimmer slipped, and landed on left wrist	swollen left wrist, pain at wrist, noticeable deformity at injury site
Female	PN - Pacific Northwest Swimming	Walking down the stairs	Stairs	She was walking down the stairs after practice and lost her footing. She landed on her tailbone and it caused a small fracture	Tailbone small fracture.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer reported at the end of her relay she jammed her finger when touching the touch pad.	Swimmer reported pain in her middle finger , no swelling or redness noted. No pain to touch but swimmer reported pain with bending her finger.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During backstroke swimmer missed judged the wall and hit her head on the wall	Swimmer reported her head hurt, no bleeding or swelling was noted
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Swimmer was running on deck Marshall instructed swimmer to stop running as he slipped and fell.	Swimmer fell on his back, scratches on the side of his ankle were noted and swimmers reported his left hand hurt "a little".
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Swimmer was sitting on the top row of the bleachers, he stood up on the bleachers and hit is head on the corner of the score board	Small cut on the right side of the swimmers head slightly bleeding.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer hit her knee on the bottom of the pool during the turn changing to the breaststroke, then swimmer pushed off with her feet and hurt her ankle	Swimmer reported her knee and ankle hurt. No redness or swelling noted, No pain with light touch.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During the backstroke swim swimmer miss judged the wall and hit arm on the touch pad causing bruising	Forearm appeared red and started bruising.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Bleachers	SWIMMER SLIPPED ON BLEACHER AND FELL TO DECK	CUT AND BRUISE
Male	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Experienced labor breathing after swimming the 500 Free (Event 108, Heat 1, Lane 1). Coach and parent was notified. Lifeguards assesed condition and took no action. Swimmer relaxed in waru-up pool, improved and left deck.	Labored Breathing
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	exiting pool during warm ups, slipped on deck and hit back of head on starting block step.	bump on back of head. headache in forehead area.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer bumped head on pool walls at turns during a race.	Pain at crown of head.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Jogging in the shallow end of the warm up pool, slipped on something in the pool and cut her foot.	Cut on big toe of the left foot.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	athlete placed her foot in the gutter to assist herself getting out of the pool, As she lifted her body up by her arms she heard a popping sound in her left knee.	Possible dislocated or strained knee.
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Conference/Meeti ng Room	Swimmer's mother send an email to the coach the day after a dryland practice saying that the swimmer hurt her finger on a medicine ball. The swimmer never reported the injury to any coach and then swam the full practice after the dryland session. They took the child to a doctor and had x-rays done. X-rays were negative and swimmer was told to rest for 3 days.	Sore finger
Female	PV - Potomac Valley Swimming	Practice / Water	In Water	Kicked in face by another swimmer during practice.	Blood nose, swimmer was able to return to practice
Male	PV - Potomac Valley Swimming	Practice / Dry-Land	Outside Venue	Hurt/twisted his ankle while running during dry-land training outside. Stepped in hole in grass, then came in to get ice from guard office.	Stepped in hole in grass and twisted ankle while running during dry-land training.
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Deck	Slipped while in push up position and bumped knee on the pool deck.	Bumped knee. Had pain
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	collided head to head with another swimmer	none
Female	PV - Potomac Valley Swimming	Practice / Water	In Water	collided head to head with another swimmer	bump on head

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PV - Potomac Valley Swimming	Meet / Warm Down	In Water	swimmer's left side head was impacted by another swimmer who was doing a backstroke start in warm down pool	impact to side of head from other swimmer's back
Female	PV - Potomac Valley Swimming	Meet / Competition	unknown	Swimmer's ankle was bleeding. Swimmer stated that they did not know how this happened.	Swimmer's ankle was bleeding. Swimmer stated that they did not know how this happened.
Female	PV - Potomac Valley Swimming	Meet / Competition	Deck	Swimmer was warming up on deck. While warming up they were jumping in place. While doing this they slipped and fell on their right shoulder which bruised their right shoulder.	Swimmer was warming up on deck. While warming up they were jumping in place. While doing this they slipped and fell on their right shoulder which bruised their right shoulder.
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	During warm up the swimmer's goggles fogged up. He was then unable to see and made contact with another swimmer. This resulted in a bloody nose.	During warm up the swimmer's goggles fogged up. He was then unable to see and made contact with another swimmer. This resulted in a bloody nose.
Male	PV - Potomac Valley Swimming	Meet / Competition	On Blocks	Swimmer was getting ready to swim 100 breaststroke and was on the block. On the buzzer, he initiated his start, but his back foot slipped and he fell off the block into the water. His front leg skinned the edge of the block as his back foot hit the pool/lane rope.	Skinned left knee, bruised (maybe more) right foot.
Male	PV - Potomac Valley Swimming	Practice / Dry-Land	Outside Venue	Tripped and fell on driveway	Scrapes on right hand and left knee
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Outside Venue	Tripped and fell on driveway	Scrapes on left hand and both knees
Male	PV - Potomac Valley Swimming	Practice / Water	on bulkhead	swimmer fell backwards from bulkhead and stuck his chin and teeth on the edge of the bulkhead	chipped front tooth
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	I was participating in the 5K Open Water Nationals, and was kicked in the head during the race	Concussion was diagnosed by the Dr at the University of Texas. I was suffering head aches.
Male	PV - Potomac Valley Swimming	Practice/Pool Clean Up	Deck	Athlete was assisting the other swimmers in his group to pull the covers over the heated pool and he slipped on the deck and fell back and hit his head on the deck. He incurred a concussion confirmed by Dr.	Fall on pool deck resulting in a concussion.
Male	PV - Potomac Valley Swimming	Meet / Warm-up	On Blocks	Warm-up one-way sprints at conclusion of warm-ups. Athlete took at starting position, squatted down and then tried to stand up to ask the coach a question. He lost his balance and tried to hold onto the block handles and fell forward toward the water hitting his left buttocks on the backstroke handgrips and gutter of the pool.	bruise - contusion
Female	PV - Potomac Valley Swimming	Meet / Competition	Bleachers	Walking around bleachers and scraped left knee.	Scraped left side of thigh above knee.
Female	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Nose bleed during warm-ups. Non-contact nor injury.	Nose bleed.
Female	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	During a flip turn, she hit her right foot on the metal lip of the pool and cut her heel.	Cut on heel of right foot.
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Hit head on wall during backstroke finish	hit her head on pool wall during backstroke finish.
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Abrasion to R foot	Abrasion on R foot leaving the instructional pool.
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Nose Bleed. Kicked in the face by another swimmer.	Nose bleed
Female	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Nose bleed	Nose Bleed
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Scraped knee on wall	Laceration on L knee
Female	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Injured heel on pool wall	Abrasion on her L heel
Female	PV - Potomac Valley Swimming	Meet / Competition	Deck	Bloody Nose	Bloody Nose
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Athlete was swimming the backstroke and missed the backstroke flags and hit his head on the wall - he finished the race but got out of the water and complained of dizziness	Stabilized head and called 911

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Athlete was swimming the 200 backstroke and during the last 50 she said everything went numb. She felt light headed and dizzy	Numb, light headed, and dizzy
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Abrasion - Scraped open existing scab when exiting the pool	Abrasion - Scraped open existing scab when exiting the pool
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Swimmer was kicked in the eye during in water practice.	Bruise around eye area
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	While swimming during warm-ups, swimmer in front of her kicked her in the face. Swimmer stated her vision was impaired and a nosebleed also occurred. (Possible Concussion suspected). Immediate action taken was to clean area around eye where blood was noted. Swimmer then sat down and relaxed. Nose bleeding was brought under control. Ice was applied to head.	Swimmer stated her vision was impaired and a nosebleed also occurred. (Possible Concussion suspected).
Male	PV - Potomac Valley Swimming	Practice / Dry-Land	Bleachers	Was stretching during dryland and "rolled" off of a mat and hit his head on the floor. The coach noticed him not participating in the ensuing dryland exercises, and asked athlete what was wrong. Athlete complained of a headache. The coach sent him to the lifeguard office and asked the lifeguards to check for a concussion. The guards found no signs of concussion.	Complained of a headache after the incident. No further signs of a concussion were witnessed.
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Swimmer hit head on pool wall at finish of backstroke swim	Small bump, no bleeding
Male	PV - Potomac Valley Swimming	Meet / Warm Down	In Water	Athlete hit hand on wall and cut his finger on wall	Athlete cut left ring finger on wall
Female	PV - Potomac Valley Swimming	Meet / Competition	On Blocks	Athletes foot slid off back of block (track start wedge)	Athlete scraped top of foot on track start wedge
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	During race, athlete felt groin tighter. Each lap it increased in tightness.	Suspected pulled thigh
Male	PV - Potomac Valley Swimming	Entering facility	Outside Venue	Stubbed toe and tore skin on right great toe	Stubbed toe entering facility and tore skin on right great toe
Female	PV - Potomac Valley Swimming	Practice / Water	In Water	athlete cut her arm on a sharp broken tile on the side of the pool	1 inch long cut on left arm
Male	SC - South Carolina Swimming	Practice / Water	In Water	Swimmer dove on another swimmer and two heads collided. Swimmer's forehead split open. 32 stitches.	Forehead split open. 32 stitches.
Female	SC - South Carolina Swimming	Practice / Dry-Land	Gym	Swimmer stubbed toe which is now slightly misshapen.	Not yet diagnosed. Possible sprain or fracture.
Male	SC - South Carolina Swimming	Practice / Water	In Water	Not an accident. Overuse from years of training	Years of overuse. Main issue is 180 degree labral tear.
Male	SD - South Dakota Swimming	Practice / Water	In Water	The team was doing a breaststroke drill. As athlete finished the drill, he jammed his finger on the finish/wall. This caused immediate swelling and bruising of his finger.	Jammed finger/ bruising and swelling. Required a finger splint and taping required during swimming.
Male	SD - South Dakota Swimming	Practice / Dry-Land	Outside Venue	While athlete was running in the grass, his knee "buckled".	His knee felt unstable when straight.
Female	SD - South Dakota Swimming	Practice / Water	In Water	Swimmer was swimming backstroke went to look for wall and hit upper arm on wall.	Swimmer's shoulder hurt to move and touch. There was no visible bruising or broken skin.
Male	SD - South Dakota Swimming	Practice / Water	Locker Room	Swimmer slipped on wet floor in locker room, fell, and hit head on floor.	Side of head hurts and there is a small lump
Female	SD - South Dakota Swimming	Practice / Water	Deck	Swimmer went to jump into pool and stuck her lower mid-back on the gutter of the pool and proceeded into the water.	Swimmer had pain in lower mid-back, left wrist and right elbow.. The pain in her back ranged from a 9 right after the incident and a 5 before she left. The wrist and elbow she had at a 3 on a scale of 10
Male	SD - South Dakota Swimming	Practice / Water	In Water	Hit head on wall during backstroke.	Pain in back of head, dizziness. Hit head on backstroke finish
Male	SD - South Dakota Swimming	Practice / Water	On Blocks	Athlete was standing on block and lost balance and fell in pool, hit right hip, right elbow, right wrist, and right hand by thumb	Right elbow and bottom of right hand bruised
Male	SD - South Dakota Swimming	Practice / Water	On Blocks	Athlete went to step up onto block step and lost balance	Left foot

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	SD - South Dakota Swimming	Meet / Competition	Hallway	was warming up and cut finger on coke machine	cut
Male	SD - South Dakota Swimming	Meet / Warm-up	In Water	swimmer was doing a flip turn at the wall and caught his left foot on a staple/bolt on top of the pad.	1 inch cut on left bottom of foot
Female	SD - South Dakota Swimming	Meet / Competition	Deck	stepped on timing equipment and cut toe	minor cut
Female	SE - Southeastern Swimming	Meet / Competition	Deck	The cover over the connection between the two bulkheads slipped when swimmer stepped on it and she slipped in between. She can a minor cut to her small toe and wrist, and minor cuts and scrapes on her shin	Minor cuts to small toe and wrist, and minor cut and scrape on shin.
Female	SE - Southeastern Swimming	Practice / Water	In Water	The bucket/resistant apparatus fell into the water and on the top of the athlete's head.	Laceration on top of the head.
Male	SE - Southeastern Swimming	Outdoor team activity	Outside Venue	athlete fell while playing a game with the team. His x-rays show a broken clavicle.	Broken clavicle
Female	SE - Southeastern Swimming	Practice / Dry-Land	Outside Venue	Athlete was running, tripped and landed on hands and knees.	Swimmer had scrapes on her knees. Her left knee was more affected, but there was not much blood. From how she landed, her right wrist was a little swollen.
Male	SE - Southeastern Swimming	Practice / Dry-Land	Deck	athlete slipped while grabbing his tennis shoes for drylands on some smooth concrete. During his fall, he hit the back right side of his head. During interview, he showed personality change and attentiveness diminished. Paramedics decided to take himr to hospital for treatment of possible concussion.	Back right side of head impact. No bleeding or immediate swelling.
Female	SE - Southeastern Swimming	Meet / Competition	Deck	Fainted on deck	No injury other than fainting spell
Female	SE - Southeastern Swimming	Meet / Competition	restroom	Felt dizzy in concourse; walked to restroom with friend and doesn't remember anything after that. Her friend indicated that she passed out while washing her hands	
Male	SE - Southeastern Swimming	Meet / Competition	In Water	Athlete hit his head on the handicapped access chair in the dive well during warm down	Bump on head
Female	SE - Southeastern Swimming	Practice / Dry-Land	Deck	During dry-lands the swimmer was not aware of her surroundings and got lightly kicked in the eye.	Swimmer got knocked in the eye. There was no swelling or bruising. Swimmer just felt a little bit of pain surrounding her eye. Her goggles bothered her eye.
Female	SE - Southeastern Swimming	Practice / Water	Deck	As athlete was getting out of the water her foot slipped and she slid into the pool and scraped the upper part of her thigh.	Scrape from falling into the pool on her upper thigh. No blood was drawn but there are red lines on her leg.
Female	SI - San Diego-Imperial Swimming	swam in morning and was waiting while parents were working the meet. She was not swimming in the afternoon session while it happened	Outside Venue	Athlete swam in the morning and was waiting outside with other swimmers while parents worked the meet in the afternoon session. They were sitting on an outside gate and another swimmer pushed the gate and athletes hand was closed inside the gate. It was an accident but they were told numerous times to stay away from the gate outside the pool area by another parent on our team. the coaching staff was inside the pool area coaching afternoon swimmers so did not see it happen since it was outside the pool area.	broken finger, put 2 pins, severed artery that was repaired and torn tendon that was repaired. One of our coaches took them to the ER. She is home now.
Female	SI - San Diego-Imperial Swimming	Practice / Water	In Water	Swimmer was kicked in the hand by another swimmer during regular practice time.	fracture on pinky finger
Female	SI - San Diego-Imperial Swimming	Meet / Warm-up	In Water	As athlete was approaching the wall for a turn, another swimmer pushed off into her.	impact to head caused a concussion
Female	SI - San Diego-Imperial Swimming	Meet / Competition	Shower	Fell and hit her head while in the shower	Bump on back of head
Female	SI - San Diego-Imperial Swimming	Meet / Competition	In Water	Two swimmers were in the warm up pool, one was pushing the other swimmer up so that the second swimmer was doing flips in the water. The second swimmer while doing a flip landed on a third swimmer (the injured party) who was warming up for their race in the 1500 at the end of the session.	Mild Concussion.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	SI - San Diego-Imperial Swimming	Meet / Warm-up	In Water	While warming up in the warm up pool for race, the swimmer hit the back of her head on the pool edge while swimming backstroke	Approx. 1 inch cut in length to the back of the head. Moderate Bleeding.
Male	SI - San Diego-Imperial Swimming	Practice / Dry-Land	On field next to pool	Group was finishing supervised dryland with a 10 minute game of touch football. Athlete slipped on the grass and dislocated his right knee	Right knee dislocated.
Female	SN - Sierra Nevada Swimming	Meet / Competition	Deck	Mary tripped and fell, scrapping her hands and knees before striking the back of her head on the deck. Her eyes rolled back and she was unconscious for about 60 seconds.	A contusion, which was tender with no deformity, to the head along with abrasions to the hands and knees.
Male	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer was working on flip turns and hit his head on the bottom In 4ft. He passed concussion questions/protocol and I called his mom to pick him up.	Top of his head hurt. No open wound.
Male	SN - Sierra Nevada Swimming	Practice / Meeting	Deck	Fell backwards using hands to break fall, right hand/wrist took most of the force	While standing in a circle listing to coach talking, took a step backwards to make room for others, and stepped on towel hanging just low enough for heel of foot to grab, which pulled him backwards out of balance. He fell backwards landing on his bottom, bracing the fall with his hands. He immediately complained about his right wrist hurting. Ice was applied for at least 20 minutes.
Female	SN - Sierra Nevada Swimming	Practice / Dry-Land	Grass next to pool	She was running and slipped, and cut her leg. We gave her first aid, called her parents, and they took her for further care. She needed 8 stitches.	Two cuts on upper rt. leg; needed 4 stitches each.
Female	SN - Sierra Nevada Swimming	Meet / Warm-up	Deck	athlete felt dizzy and fainted then hit her head on the ground. Dad tried to catch her as she fell. She hit the back of her head but did not appear to lose consciousness.	Fell and struck back of head on concrete deck.
Female	SR - Snake River Swimming	Meet / Competition	In Water	Pop-Rt lower leg with swimming (Breast Stroke) event. Right Groin Sprain/Strain	Pop-Rt lower leg with swimming (Breast Stroke) event. Right Groin Sprain/Strain
Female	SR - Snake River Swimming	Practice / Water	In Water	The group swimmers were circle swimming in practice, athlete swam freestyle collided with another incoming girl who swam backstroke. athlete feel some pain on her hand and other swimmer was OK	Broke her left ring finger. Member went to urgent care in evening of incident and was referred to an orthopedist
Female	SR - Snake River Swimming	Practice / Water	In Water	While swimming in lane, swimmer's hand was kicked by another swimmers.	Finger was jammed when kicked by another swimmer.
Female	SR - Snake River Swimming	Practice / Water	Locker Room	Going into locker room another person ran into athlete which caused athlete to fall on her right hip.	Right hip was red and a bruise was starting to form. Also landed on her right hand. The proximal part of her right had was hurting right below her wrist.
Male	SR - Snake River Swimming	Practice / Water	In Water	athlete was doing backstroke and forgot to count his strokes from the flag to the wall. He hit his head fairly hard on the wall	Top of head.
Female	ST - South Texas Swimming	Practice / Dry-Land	Outside Venue	Swimmer was stung by a wasp on the left leg.	Stung by a wasp
Female	ST - South Texas Swimming	Meet / Competition	In Water	Hit head on the wall at the finish of back stroke.	Small bump on head.
Male	ST - South Texas Swimming	Walking up to practice	Deck	Fell scraped knee	scraped knee
Male	ST - South Texas Swimming	Practice / Water	In Water	Swimmer jumped in the pool and his teammate didn't know he was there and she accidentally kicked him in the nose. His nose started to bleed for a few minutes then stopped.	Kicked in nose and nose bleed for a few minutes then stopped
Female	ST - South Texas Swimming	Practice / Water	Deck	Swimmer cut foot while getting out of pool.	Cut
Male	ST - South Texas Swimming	Practice / Water	Deck	Scraped foot getting out of pool. Cut was cleaned and wrapped.	Cut/scrape

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	ST - South Texas Swimming	Practice / Dry-Land	Outside Venue	The group was finishing up dry-land with a few short sprints. As the second group began, athlete's feet became tripped up by another runner, and she fell.	The knee was gashed and bleeding. On her hands and legs she had some scuff marks- Some areas looked red, and others looked like small cuts. Knee was the major point of injury.
Female	ST - South Texas Swimming	Practice / Water	In Water	Hit face on lane line	Small bump on cheek
Female	ST - South Texas Swimming	Practice / Dry-Land	Deck	Scrapped elbow getting out of water	scrapped elbow getting out of water
Male	ST - South Texas Swimming	Practice / Water	Deck	Slipped on deck while walking after a one way sprint. Hit foot on garage door and back of head on deck.	Cut toe and hurt back of head.
Male	ST - South Texas Swimming	Practice / Dry-Land	Deck	Bloody nose	bloody nose
Male	ST - South Texas Swimming	Walking to Lockerroom after practice	Outside of Lockerroom	Athlete was stung by a scorpion on the pinky toe	Scorpion sting
Female	ST - South Texas Swimming	Practice / Water	In Water	Athlete was kicked in the hand	Broken Finger
Female	ST - South Texas Swimming	Meet / Competition	Beach	Prior entering water for warm-up she was stung on foot on Saturday morning. She pulled stinger out On Sunday around 1pm foot started to swell to point a shoe could not be worn Upon return to home, she was given a shot of benedryl and is fine	bee sting, foot swelled 18 hours later
Female	ST - South Texas Swimming	Practice / Water	Deck	Fell on her back	Swimmer slipped on deck and fell on her back.
Female	ST - South Texas Swimming	Meet / Competition	In Water	athlete was getting out of the pool and skinned her shin (L leg below knee) on the bulkhead.	Small minor abrasion requiring antibiotic and a bandaid.
Male	ST - South Texas Swimming	Meet / Competition	In Water	Hit his foot on the wall during flip turn	Hit his foot on the wall during flip turn
Male	ST - South Texas Swimming	Meet / Competition	In Water	During warm up - kicked by another swimmer	Kicked in shoulder
Male	ST - South Texas Swimming	Meet / Competition	Locker Room	Athlete slipped in the locker room and cut his chin	deep cut on the chin
Female	ST - South Texas Swimming	Practice / Water	In Water	Initiating flip turn very close to the wall, swimmer hit head against wall.	Deep gash to forehead
Male	ST - South Texas Swimming	Post-practice 10 min. warm-up in the Therapy pool.	In Water	Three boys playing tag in therapy pool. athlete was swimming away from one boy when he hit his teeth on the hand railing of the entry ramp. The other team members still in the pool did not know that athlete hit his teeth. I questioned him about what happened when I noticed him holding his hand in front of his mouth.	Right front tooth distal edge chipped (1/8"x1/16").
Male	ST - South Texas Swimming	Meet / Competition	In Water	Swimmer Hit the wall with a straight arm on back stroke touch and later as he touched swimming free it really started to hurt	Sharp pain in the forearm area
Female	ST - South Texas Swimming	Meet / Competition	On Blocks	Athlete fell through the block steps as she as stepping on to the block for her race	Scratch on left shin, did not bleed, only bruised
Female	ST - South Texas Swimming	Practice / Dry-Land	Outside Venue	swimmer hurt leg during dryland workout.	Swimmer hurt Right foot in practice. Was unable to put pressure on foot.
Female	ST - South Texas Swimming	Meet / Competition	In Water	Foot caught between gap in bulk head on flip turn during the 500 Free. A swimmer was making a turn at the wall and two swimmers hit head on.	Bottom of foot injured during flip turn
Female	UT - Utah Swimming	Practice / Water	In Water	Injury was pain to the left front forehead. She felt dizzy after the hit, so Coach removed both swimmers for the remainder of practice.	pain to left front forehead
Female	UT - Utah Swimming	Practice / Water	In Water	A Swimmer was doing a turn off the wall and two swimmers hit head on. Athlete had pain in the top left hand side of her head above her ear.	pain to top left hand side of head above ear, was feeling a little dizzy after hit, Coach removed them from practice for the night.
Female	UT - Utah Swimming	Meet / Warm-up	In Water	Swimmer struck side of hand on gutter edge during breast stroke warm up.	Swelling, Tenderness

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	UT - Utah Swimming	Practice / Dry-Land	Deck	At the end of workout, while the swimmers were cleaning up the deck, athlete tried to sit on the lane line reel, which moved and he fell and hit his head in two places. He jumped up and said, "I'm fine, I'm fine." The coach checked him for obvious injuries and signs of concussion. She obtained an icepack for him. She advised him to seek medical care. She informed the head coach, who also checked for signs of concussion.	Athlete fell and hit the back of his head on the deck.
Male	UT - Utah Swimming	Practice / Water	In Water	During FL drill, two swimmers' hands collided. athlete got out of the water and said his wrist was hurting. It had begun to swell. The coach took him to the lifeguards, who administered an ice pack. He was advised to sit out the remainder of the practice. He was also advised to keep ice on it to keep the swelling down.	The pain was from the area in the back of the hand between the thumb and first finger.
Male	UT - Utah Swimming	Practice / Water	In Water	While doing dive drills athlete hit face/nose on the bottom of the pool.	Swollen nose and incision about half an inch long on nose.
Female	UT - Utah Swimming	Practice / Water	In Water	Swimmer collided with another swimmer in the lane.	Swimmer hit her head on another swimmer
Female	UT - Utah Swimming	Practice / Water	In Water	athlete was kicked in the face by another swim team member. Her goggles hit her left eye. She has a small laceration on her upper left eye lid and swelling of the eye.	laceration of upper left eye lid, swelling
Female	UT - Utah Swimming	Practice / Dry-Land	Outside Venue	Swimmer was walking back to pool after dryland session and stepped onto a insecure manhole. The manhole plate flipped up and the swimmers right leg fell through the hole.	Abrasions and swelling on the upper leg and just below the knee.
Male	UT - Utah Swimming	Meet / Warm-up	In Water	was swimming fly during warm up and his hand collided with the nose of another swimmer.	Swollen hand with bruising
Male	UT - Utah Swimming	Meet / Warm-up	In Water	athlete was passing a teammate during warm up while, another swimmer was swimming toward athlete in the same lane, swimming butterfly. The hand of the butterfly swimmer hit athlete in the face breaking his nose	Broken nose & deviated septum
Female	UT - Utah Swimming	END OF PRACTICE	Deck	Swimmer was getting out of the pool at the end of practice when she slipped and hit her face on the edge of the pool. She scrapped her lips and chipped her two front teeth. She was embarrassed and didn't show the Coach. She went straight to the locker room and washed off the blood, and went home to tell her parents	Scrapes to face, and chipped two front teeth
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete rolled ankle while doing box jumps in fitness room	Athlete rolled ankle while doing box jumps in fitness room
Female	VA - Virginia Swimming	Practice / Water	In Water	Hit hand with other swimmer	Sprained wrist and thumb
Female	VA - Virginia Swimming	Practice / Water	In Water	small cut of crease of eyelid	small cut on crease of eyelid
Male	VA - Virginia Swimming	Practice / Water	In Water	Ht Hand on Laneline	Fracture of hand
Male	VA - Virginia Swimming	Practice / Water	In Water	Hand hit lanelines	fracture of hand
Female	VA - Virginia Swimming	Practice / Water	In Water	Athlete hit another swimmer in her lane by accident	Fracture
Male	VA - Virginia Swimming	Practice/Locker Room	Locker Room	Athlete came to the lifeguards with his foot bleeding slightly. He had "no idea" how the injury occurred, but asked for a band-aid	Small Puncture on top of foot close to his toes.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	VA - Virginia Swimming	Practice / Dry-Land	Outside Venue	The group was doing a series of exercises. One of the exercises was box jumps onto a raised, wooden, surface. As athlete was performing his box jumps he either slipped or missed the surface of the platform causing his left shin to hit the edge of the platform. I did not see the action that led to the injury, but athlete approached me and said that he hit his shin. I looked at it and immediately noticed the severity of the injury. I got another swimmer's towel and covered it and put pressure on it. I raised his leg above the rest of his body and moved him into a shaded area. I had sent some swimmers to find one of the many parents on our team that is a nurse, and not two minutes after I set him in the shade one of the nurses showed up and took over from there. athlete's parents pulled a car up as the nurse covered the wound with gauze and medical tape. The injury was in the center of athlete's left shin and it was about the size of a half-dollar. The skin was removed to the bone, and there was no loose skin left to cover the wound.	The injury was in the center of athlete's left shin and it was about the size of a half-dollar. The skin was removed to the bone, and there was no loose skin left to cover the wound.
Male	VA - Virginia Swimming	Meet / Competition	unknown	Swimmer sustained a cut on their left wrist. The swimmer stated to facility care personnel they they did not know how it happened.	Swimmer sustained a cut on their left wrist. The swimmer stated to facility care personnel they they did not know how it happened.
Male	VA - Virginia Swimming	Practice / Water	In Water	A swimmer was trying to pass another swimmer during practice going the opposite direction and Josh and the other swimmer collided	Complained of head ache and pain.
Female	VA - Virginia Swimming	Meet / Warm Down	In Water	ATHLETE IS BELIEVED TO HAVE CUT HER TOE WHILE DOING A COOL DOWN, POSSIBLY DURING A FLIP TURN OR EXITING THE POOL. SHE WAS NOT SURE WHEN IT EXACTLY HAPPENED.	MINOR CUT TO TOE ON LEFT FOOT
Female	VA - Virginia Swimming	Practice / Water	In Water	Swimmers head collided.,athlete was in the deep end, while another swimmer dove and collided into her. Each swimmers head was the first point of contact	Heads collided. Bump of head. Immediate head ache.
Female	VA - Virginia Swimming	Practice / Water	In Water	Hit in the nose by another swimmer	Hit in the nose by another swimmer on accident
Female	VA - Virginia Swimming	after practice	Locker Room	stood up and hit head on a coat hook causing a cut on the back of head	stood up and hit head on a coat hook causing a cut on the back of head
Female	VA - Virginia Swimming	Meet / Warm Down	Bleachers	Injured person slip right off the stand, hit her head, hand and leg.	Injured person bruised her hand, leg and head.
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	During a flip turn during warm-ups for a race, lacerated right heel on wall/bulkhead. Did not realize extent of wound and was bleeding on block shortly thereafter at start of competition race. Noticed by Timers after start of race. Was treated at lifeguard station -- wound cleaned with peroxide, and bandaged. Blocks and surrounding area cleaned with bleach.	Laceration on right heel. Bleeding was stopped, wound cleaned, and bandaged. Parents took her for additional medical treatment after her foot being bandaged.
Female	VA - Virginia Swimming	Practice / Water	In Water	Practice was over and athlete was getting out of the water and bumped her head on the block. She had a small cut in her eyebrow	Small cut in the left eyebrow
Female	VA - Virginia Swimming	Practice / Water	In Water	Two swimmers hit heads on start off blocks and start in the water	above
Female	VA - Virginia Swimming	Practice / Water	In Water	Swimmer did a start off the block as a swimmers did a BK start when she wasn't suppose to. They hit heads	above
Female	VA - Virginia Swimming	Practice / Water	In Water	Swimmer was kicked in the eye and cut by her goggles	Small cut on the top and bottom of left eye
Female	VA - Virginia Swimming	Meet / Competition	In Water	Cut foot while getting out of the pool	Cut Foot while getting out of the pool
Female	VA - Virginia Swimming	Practice / Water	In Water	Cut big toe on the right foot	Cut big toe on the right foot
Female	VA - Virginia Swimming	Practice / Water	In Water	a bleeding blister on little toe of the left foot.	Bleeding blister on the little toe of the left foot
Female	VA - Virginia Swimming	Meet / Competition	On Blocks	Foot slipped and minor scrape.	Small cut.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	VA - Virginia Swimming	Practice / Water	In Water	During practice, swimmer and teammate were swimming backstroke with fins on and collided heads.	Slight concussion - mom took swimmer to urgent care the following day after swimmer was experiencing head pain and nausea during school.
Female	VA - Virginia Swimming	Practice / Water	In Water	swimmer was doing a start from the blocks. She pushed off incorrectly, at a downward angle and hit her head at the bottom of the pool	Top of head hurt
Female	VA - Virginia Swimming	Meet / Competition	In Water	Child at the became very short of breath at the 14th lap of the 500 yard Freestyle event. She opeted to exit the pool at the start end. She was moving air adequately with breathing, but demonstrated labored breathing. She deniec any chest, back, or abdominal pain. Her Mother gave her inhaler, which helped.	As above.
Female	VA - Virginia Swimming	Meet / Competition	In Water	Athlete got hit on head during warm up session, which was quite crowded, as lanes were assigned to each team. She got kicked in the head when she pushed off the bottom of the pool.	concussion diagnosed 24 hours after completion of meet
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete pinched finger between dumb bells	Athlete pinched finger between dumb bells when placing dumb bells back on rack
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete pinched finger between dumb bells	Athlete pinched finger between dumb bells
Male	VA - Virginia Swimming	Practice / Water	In Water	Hit in head with foot	Hit in head with foot
Female	VA - Virginia Swimming	Practice / Water	In Water	swimmer doing back to breast turn and came off wall in middle of lane and had collision with swimmer swimming into wall doing backstroke	mild concussion
Male	VA - Virginia Swimming	Practice / Dry-Land	Deck	Swimmer failed to catch a medicine ball during prone lat throws. The ball hit him in the forehead and he then hit his head on the pool deck	concussion
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Hit finger at base of his hand swinging his arms preparing to do a box jump.	Jammed finger while doing dry land training.
Female	VA - Virginia Swimming	Meet / Warm-up	Deck	Door to Instructional pool was opened onto foot by friend and the bottom of the door cut the right foot	Laceration on outside of right foot near pinkie toe
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	Doing a flip turn and heel stuck the side of the gutter.	Laceration on right heel.
Female	VA - Virginia Swimming	Practice / Water	On Blocks	Athlete climbed onto the blocks to work on a Start and slipped and scrapped both her shins. She is fine... she required a Band-Aid on each sheet and was given ice.	scrapped some skin off both shins, very minimal bleeding.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	cut leg on stationary bike	6" laceration on left leg going down starting at knee.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	The child in question sprained/injured her ankle while running during drylands.	Her ankle hurt her excessively to move it and began to swell by the time a parent arrived to take her home.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	The child in question sprained her ankle while running during drylands.	Her ankle hurt her excessively to move it and began to swell by the time a parent arrived to take her home.
Female	VA - Virginia Swimming	Practice / Water	Deck	Swimmer was walking on deck from the locker rooms, slipped and fell on her bottom and elbow. No injury occurred. Swimmer only complained that her elbow "kind of hurt." Swimmer sat out of practice for a short time and then asked to get in. She remained for the entirety of practice with no complaints. Mother was notified by phone of the incident	Swimmer Feel when exiting the locker room. No injury is reported for this incident.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete injured knee doing running sprints (shuttle run). Injury occurred when athlete turned 180 degrees to go in the other direction.	Athlete said he turned awkwardly, felt a couple "pops" in his knee and then couldn't walk on it.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete while swinging his hands preparing to do a box jump hit his finger on the box edge.	Fractured index finger
Female	VA - Virginia Swimming	Practice / Water	Gym	Athlete attempted to do a box jump, miscalculated the jump and fell back on wrist.	Sprained wrist

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	VA - Virginia Swimming	Meet / Competition	In Water	Swimming hit forehead coming into the wall on butterfly while making a turn	Swimmer received a contusion and swelled after hitting her head on the wall while making an open turn.
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	swimmer did flip turn and got small cut on toe from touch pad.	small cut on toe
Female	WI - Wisconsin Swimming	Meet / Competition	On Blocks	During warmups swimmer was climbing onto block, lost balance, fell on right hip on ledge of pool wall and fell into water. Swimmers coach saw her moving under water and pulled swimmer out and sat swimmer down. No change in consciousness, just pain in right hip. She competed the entire meet without any troubles.	all that was know at the time is swimmer had pain.
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	athlete got a bloody nose during warmups	athlete had a bloody nose during warmups
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Two boys were standing on the pool deck, one grabbed the other, that boy slipped, so then the other boy slipped, they both fell into the pool and the boy who grabbed hit his head on the side of the pool in the wate	There was a bump above his anatomical right eye. Little bit of a bruise too.
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was swimming backstroke and hit his head on the wall.	said his head hurt. There was no bump or bleeding.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Athlete was putting in lane lines and slipped off the deck and in trying to keep from falling in the water grabbed the lane line reel (full of lane lines) and pulled it in the water. She shielded her head but the reel landed on her upper back and abraded her RIGHT upper arm. No bumps noted to the head. Concussion assessment was normal.	Abrasion right upper arm Redness noted on the mid-upper back
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Excessive chlorine content in the air inside the venue due to a ventilation damper not opening and the negligence of the venue managers to open doors to facilitate air flow. Swimmer completed two demanding events in close succession and lined up for award ceremonies at which time he experienced laborious breathing. He was scheduled to swim the last event after the award ceremony and was unable to do so given that the difficulty of his breathing got worse and further complicated by laryngeal spasms. He was unable to complete the event and was taken to the emergency room.	Laborious breathing with laryngeal spasms due to excessive chlorine content in the air inside the venue. Injury occurred during the 2015 Short Course 13 and Over Wisconsin State Meet.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was hit in the eye by another swimmer doing butterfly going the opposite direction in the lane.	Bruised and swollen eye
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Doing a fly turn goggles full of water did not see the wall went face first into the wall. Has a black eye and a small cut under the eye. MD on deck looked at eye and said no scratches to the eye itself. Mother will take child to ER if swelling is worse. Ice was applied.	Has a black eye and a small cut below the eye. Some swelling
Male	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Walking down the bleachers, slipped and missed a step, bending my right leg and ankle behind me.	Top of foot bruised, sprained ankle

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	WI - Wisconsin Swimming	Practice / Water	Deck	The athlete was swimming with her teammates during a kick set. The swimmer got out feeling as if she may need to vomit. 8:20pm this occurred. The athlete was able to make it to the locker room by herself. Shortly after the athlete made it into the women's locker room a female coach went in to check on her. They both returned from the locker room and the swimmer was having difficult breathing. The coach escorted the athlete outside to get some fresh air. This seemed to help for a bit. Then the athlete came inside with the female coach and was still having a difficult time breathing. Then the coach assisted the athlete to lie on her back and elevate her legs on the wall. The swimmer was still having a difficult time breathing. It was then that the female coach noticed the athlete was tensing up especially her fingers. The athlete was also tensing up and moving uncontrollable sometimes. The female coach called over the other coach and with his phone the female coach called the swimmers parents (8:40pm). The parents arrived and after some discussion it was decided to call 911. First a police officer arrived on the scene trailed by an EMT less than five minutes later. The EMT was able to assist the athlete by calming her, providing a breathing mask, checked her pulse rate and blood pressure. Then more EMT's arrived with a wheeled power gurney. The medical staff escorted her to an ambulance. 9:40pm	The "injury" has been diagnosed panic attack.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was vertical kicking and re-injured her left calf.	Swimmer pulled/strained her calf muscle
Female	WI - Wisconsin Swimming	Practice / Dry-Land	Outside Venue	Swimmer was running on sidewalk. As she slowed down, another swimmer (uninjured) stepped on the back of her foot. As she went down, she braced the fall with her hands.	Fractured right Wrist
Female	WI - Wisconsin Swimming	Practice / Water	Deck	As swimmer was maneuvering around the starting block to enter the water, she scraped her thigh on the metal bracket which mounts the starting wedge. The scrape caused a break in the skin approximately an inch long. It does not appear that she will need stitches for the cut	Shallow skin abrasion approximately an inch long causing minor bleeding.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	athlete was swimming into the wall, and another swimmer pushed off the wall and connected with her face. Bloody nose and bruise on bridge of nose	Bloody Nose, bruise on bridge of nose suspected from goggle nose piece
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Swimmer became short of breath after swimming a 200 backstroke. She was provided her inhaler by a team member.	N/A
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Slip and fall	Contusion on elbow, possible soft tissue, possible jerked neck.
Male	WI - Wisconsin Swimming	Practice / Water	Deck	DRAIN COVER MOVED AND SWIMMER CUT BOTTOM OF FOOT ON THE EDGE	SMALL CUT ON BOTTOM OF FOOT
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Jammed Finger at finish	Jammed Finger at Finish /Either Sprained or Broken
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	Swimmer did a flip turn during warm ups and hit both heels on the top edge of the wall, bruising the right heal and splitting the left heal open	Heel of the left foot split open from impact on edge of pool
Female	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Bleacher guard at end of bleacher fell off when athlete stepped on it and her leg fell through where bleachers met and wedged knee in between bleachers.	Right knee scraped and bruised on both sides of knee.
Female	WI - Wisconsin Swimming	Exiting pool	Edge of pool	Swimmer cut her foot while climbing out of the pool. Her toes slid apart on the edge of the pool. No sharp material present.	Swimmer was cut between toes resulting in a flap of skin and bleeding.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Team was doing underwater kicking and swimmer came up and then went back under the water. Coach ran down at the same time alerting 2 mother's (one a registered nurse). The nurse was closest and jumped in and pulled swimmer out. He had gone unconscious but when pulled out took a breath of air and then vomited.	Unconscious when 1st pulled from water but came conscious as soon as he got pulled out. He was alert and acting appropriately.
Female	WI - Wisconsin Swimming	Meet / Competition	On Blocks	The swimmer pulled back on her start and the torque tore her left biceps and bicep tendon.	Torn left bicep and bicep tendon
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Swimmer was swinging on the ladder and slipped and went head first onto the tile floor, which then split open his chin. During dry-land training, jumping exercise, swimmer landed on right foot in an awkward fashion. Swimmer tried to put weight on the right foot and could not.	His chin was split about a half an inch to three quarters. A very clean cut.
Female	WI - Wisconsin Swimming	Practice / Dry-Land	Hallway	Sat swimmer down on the floor and sent for an athletic trainer. Trainer brought ice and did a quick diagnosis of the injury. We then moved swimmer down to the pool deck via a elevator and sat swimmer down on deck. The trainer then administered ice to the injured ankle. Swimmer iced injury for about 30 minutes, and contacted parents. When parents arrived they took swimmer to a local urgent care for x-rays.	Rolled ankle, laterally. Bruising and inflammation occurred on the lateral side of ankle and foot.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Hit head on backstroke turn	Hit head during backstroke competition
Female	WI - Wisconsin Swimming	Meet / Competition	Appleton north high school entrance	Slipped. Snowing outside. Swim meet parent of participant.	walked out of pool area, wet surface, janitorial service had moved mat for cleaning, fell full weight on right knee.
Female	WY - Wyoming Swimming	Meet / Competition	Bleachers	Parent was unsteady on bleachers and fell from 2nd row of bleachers. Parent had preexisting condition which causes instability. Safety Director Called 911 right away. EMS arrived on scene and took Parent to Medical Center of the Rockies.	Parent Hit Head on Ground and Leg on Bleacher.
Male	WY - Wyoming Swimming	Practice / Water	In Water	In the baby pool, athlete and other kids were jumping for a torpedo and he hit his nose on the side of the pool resulting in a bloody nose	Bloody nose
Female	WY - Wyoming Swimming	Practice / Water	Deck	While opening a door from the lobby to the deck, athlete caught her left big toe under the door, approximately 1/2 inch laceration at the joint	1/2 inch laceration on left big toe at the joint
Female	WY - Wyoming Swimming	Practice / Water	In Water	While kicking on back, put head directly back to see swimmer and got kicked in the nose.	Bloody nose, gushing, stopped within 3 minutes
Male	WY - Wyoming Swimming	Practice / Water	On Blocks	After an unusual start, athlete grazed the bottom of the pool with his head. He hit the top of his head.	Hit top of head, no pain, no other symptoms.
Female	WY - Wyoming Swimming	Practice / Water	Deck	While wearing fins, she slipped into the water and fell on the edge of the wall between her legs, possibly injuring her tailbone	possible bruised coccyx
Female	WY - Wyoming Swimming	Meet / Competition	Bleachers	Imjured slipped on bleachers and her left leg fell thru brusing her shin area.	Bruised shin
Female	WY - Wyoming Swimming	Practice / Water	In Water	athlete pushed of the wall on her back and she hit her head against the head of another swimmer.	Bump on back of head just to the right of the midline.
Male	WY - Wyoming Swimming	Practice / Water	In Water	Swimming down the lane when a girl swam down the wrong side and collided with athlete, causing a cut and slight swelling on his forearm.	laceration about 1" long, bleeding stopped within 1 min with pressure over clean dressing
Female		Practice / Dry-Land	Deck	Overheated during dry land	Overheated and threw up.
Female		Meet / Competition	Hallway	While throwing trash away in garbage can, scraped finger on edge of garbage can.	Small cut noted with some bleeding-stopped quickly. Wound cleansed with water and sprayed with bactine, bandaid applied.
Female		Meet / Competition	Deck	Swimmer was walking backwards while talking with friends. Backed into a pole, bumped her head, fell on her side and right arm, rolled over and caused an abrasion on the right elbow.	abrasion to right arm

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female		Meet / Competition	In Water	reports that she felt short of breath. was swimming the 200m. She stopped and was given her inhaler. She took 2 inhalations of ventolin. 15 minutes later she reported that she felt tight at the bases. Her mother had her take 2 more inhalations. She reported she felt better. She was able to swim the 200m free. She has a hx of asthma. Is on multiple medications.	NA
Male		Practice / Water	In Water	While climbing the ladder swimmer slipped, chipped his upper right front tooth and cut the inside of his lower lip on the ladder at deep end	Cut the inside of his lower lip and chipped his upper right front tooth.
Female		Practice / Water	In Water	Jammed finger on another swimmer's foot while performing backstroke.	Jam finger
Male		Practice / Dry-Land	Deck	Athlete was suddenly bleeding. We are not sure what caused the cut, but he cut his foot.	About a 2" cut on the foot.
Male		Practice / Dry-Land	Outside Venue	Tripped and landed on wrist	Landed on wrist
Male		Practice / Dry-Land	Outside Venue	Tripped while running and hit head	Hit head while running
Female		Meet / Competition	Bleachers	Truooed in stairs, fell. One foot caught on stairs at VIP area.	Small abrasion to right elbow. Cleaned with peroxide, antibiotic ointment, dressed with Telfa and Coban.
Female		Practice / Dry-Land	Outside Venue	Athlete was running during Dryland. She twisted her left ankle.	Twisted left ankle.
Male		During tryouts	In Water	Athlete bumped his head on the side of the pool.	Bumped side of his head.
Female		Hospitality	Hospitality Area	Laceration occured when lightbulb fell to the ground.	Lightbulb fell, lacerated leg.
Female		Meet / Warm-up	Noticed it in the water	Initially tol swimmer had laceration, but only blisters noted with open areas x2 on left 2nd toe proximal area.	Open wound beneath blisters x2, left 2nd toe
Male		Practice / Dry-Land	outside lobby	tripped while running; road rash on forearm	road rash on arm
Female		Meet / Competition	Outside Venue	the spectator became unconscious, fell and was seen by another spectator. lifeguard and doctor called over to examine	no visible injuries
Female		Meet / Competition	Doorway	Walking up there was an incline underneath the carpet that was laid down in the doorway. She tripped and fell as a result	Front of knee
Female		Meet / Competition	In Water	The girl was swimming on the warm down area and other boy accidentally jump in the pool and hit her neck.	The girl is feeling pain in her neck.
Female		Meet / Warm-up	Deck	Stepped on earring. Pierced foot.	Puncture to foot
Female		Practice / Dry-Land	Gymnasium	Running and then switched directions rolling left ankle	Rolled left ankle
Male		Practice - ran to bathroom	Stairs	athlete ran down stairs full speed. Fell on his hip and possibly hit head.	Fell and bruised hip. Was taken precautionary to hospital as complained of some ringing in ears and dizziness.
Male		Practice / Dry-Land	Deck	Crawling on hands and feet on deck, right hand slipped	indicated pain in right shoulder following fall
Female		Walking on deck	Deck	Slipped and fell on deck. Landed on wrist.	Landed on wrist
Female		Meet / Competition	Outside Venue	Entering the school and slipped on ice patch on the sidewalk. fell on right side, injured elbow	Elbow injury

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female		Meet / Competition	Bleachers	Injured parent reported she had to receive emergency medical treatment due to an allergic reaction during the swim meet. 4 large fans were turned on during the swim meet to help manage the air quality. If too many bodies are added into the water the air quality worsens due to a chemical reaction that takes place with existing chemicals on the swimmers bodies, e.g. lotions, shampoo and conditioners. This effect is noticed more at swim meets due to the larger quantity of athletes competing. The swim meet featured over 400 athletes in the morning session and over 200 in the evening session.	Below is information report from injured parent: I was at the meet on January 17. Arrived at 6:30 am and left at 5:15 pm. I was on pool deck volunteering all morning until noon. While on pool deck my eyes started to burn and tear and by noon I had already developed a hoarse voice. The afternoon continued with tearing, burning eyes and my left eye began to swell. We left immediately when my oldest daughter was finished. I took an Allegra allergy pill but the pain didn't improve. By the time we came home, my left eye was losing vision and the burning was unbearable. I had completely lost my voice. I had right chest pain when inhaling. My brother in-law drove me to the emergency room. I was given a nebulizer treatment and both eyes were flushed with a bag of saline solution through IV. I was told it was a reaction to high levels of chlorine gas in a poorly ventilated area. I was told to see my doctor on the 21st. My left eye was still a bit swollen and eyelids were peeling. She sent me home with a steroid inhaler since I still had right chest pain when inhaling. I felt better by the 25th. My medical bills are \$650.10 plus I had to call in sick to work one day.
Male		Practice / Dry-Land	Gym	Dryland training on a basketball court	Ruptured patella tendons in both knees
Female		Parent Volunteer running timer sheets	Deck	slipped and fell forward but able to avoid head contact with deck while delivering time sheets to timers just prior to session start.	Bruised right knee, left hand. Muscular strain triceps, left shoulder, back, front of neck.
Female		Meet / Competition	Deck	Swimmer experienced what seemed to be a panic attack and was hyperventilating following an event.	Swimmer experienced what seemed to be a panic attack and was hyperventilating following an event.
Female		Meet / Competition	bulkhead	athlete jumped into the water from the bulkhead. Her foot came up and she scraped it on the bulkhead.	Minor scrape to heel. Minor bleeding. First aid provided on site. No other treatment required.
Female		Meet / Competition	In Water	Swimmer lightheaded in water. Could not catch breath and was dizzy. Needed assistance out of pool.	Not injured persay- just dizzy.
Female		Meet / Competition	Deck	While volunteer was sitting and timing race a speaker fell from it's stand and struck her in the head and shoulder.	After ice was applied and volunteer sat for a while she asked to continue with her timing
Female		Meet / Competition	Deck	Fell on deck.	Fell on deck. Hit tailbone, head.
Female		Meet / Competition	Outside Venue	incident was reported next day. Guest fell next to her car on ice and wanted to drive close to home for medical attention. broken hip	broken hip
Female		outside	Outside Venue	slipped and fell in parking lot. hit head on ground.	bump to back left side of head.
Female		entering the building	Outside Venue	Slipped on ice entering the building	sprained ankle
Male		Meet / Competition	Bleachers	Slipped walking up the bleachers and hurt shins and foot	Bumps on shin and scrape on left foot
Male		Meet / Competition	In Water	Athlete bumped head on backstroke prior to turn	bump on head
Male		Meet / Competition	On Blocks	He slipped and his foot scraped the block at the race start.	Antiseptic applied to minor abrasion on the top of his right foot. Bandaid applied.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female		Meet / Competition	In Water	Swimmer cut her finger on a metal strip in the bulkhead during a flip turn in her event	Small cut on tip of finger
Female		Meet / Competition	Spectator Viewing Stands	Spectator stepped over the back of seat and her foot slid in between the folding bottom and back of stadium seat. Foot and leg became stuck.	Foot/leg was stuck between folding bottom and back of stadium seat. Slight pain/discomfort.
Male		Practice / Water	Deck	athlete and another swimmer were racing on a 25 off the blocks. At the end of the race athlete commented that he had beat her at the race. Out of anger the other swimmer scratched athlete in the chest.	3 scratches in the middle of athlete's chest. The 2 outside scratches were more faint. The middle scratch broke the skin and was about 5-6 inches long. The scratch was not bleeding.
Male		Meet / Competition	On Blocks	Starter said "stand" instead of starting the race. swimmer fell in water and tried to grab the block on the way in. He hurt his wrist/forearm	Hurt wrist/forearm - slight sprain
Male		Meet / Competition	Bleachers	Spectator tripped on bleachers and landed on knee	Bruised knee
Female		Practice / Dry-Land	beach	During a dry land exercise, another athlete fell onto lower leg.	Fibula was broken.
Male		Practice / Water	In Water	Swimming backstroke. Hit head at the end of the pool.	Hit head at the end of the pool while swimming backstroke.
Male		Practice / Dry-Land	In Water	During a flip turn swimmers foot was cut by a partially covered return vent. The cover is missing and there are loose screws	1/4" cut in large toe
Female		Swim 4 fun - lesson	Deck	feel running on deck.	Feel running on deck and scrapped knee and elbow
Male		Practice / Dry-Land	Balcony	Athlete was running for dry-land, tripped on his shoelace and fell hitting his knee on the ground, bruising it.	Bruising on left and right knee
Female		Meet / Warm-up	Locker Room	Athlete was walking into locker room and door slammed on her toe	laceration on left tip of toe
Female		Meet / Warm-up	Locker Room	While exiting the locker room, another athlete slammed the door into this athlete. Injured athlete felt dizzy and confused and approached lifeguards	Athlete hit head on door exiting the locker room, felt dizzy and lightheaded.
Female		Practice / Dry-Land	Outside Venue	was running, fell, and scraped her knee	was running, fell, and scraped her knee
Male		Meet / Competition	Bleachers	passed out from heat	passed out from heat and hit head
Male		Practice / Water	Deck	athlete said he was running to practice when he fell and cut up his leg.	Cut on LEFT knee
Female		Meet / Competition	In Parking Lot	Slipped in parking lot	Abrasion on right hand. Pain in lower back, right shoulder, right wrist, right hand
Male		Meet / Competition	Deck	athlete was climbing out of warm-up pool and stepped on lane line connector	Small cut on big toe and some swelling
Female		Meet / Competition	In Water	When swimmer pulled up for backstroke start the backstroke wedge came off the block and hit her in the face/nose	Nose pain and bleeding from nose
Male		Meet / Competition	On Blocks	Athlete slipped on block and cracked toenails	Athlete cracked toenails causing a hangnail
Female		Meet / Warm-up	In Water	Athlete scraped toes on starting block in lane 4 of main competition pool	3rd and 4th toes of right foot were scraped
Male		Meet / Warm-up	In Water	Athlete cut toe while making a turn in the pool	Cut big toe on right foot
Female		Meet / Competition	In Water	Athlete ran right hand alongside of touch pad accidentally.	Athlete had small cut on right hand ring finger.
Female		Practice / Dry-Land	Deck	Heel is hurting	walking and then jumped and hurt heel
Female		departing meet	Hallway	exiting facility, slipped and hit back of her head on the door opening bar	cut to back of scalp
Female		Practice / Dry-Land	dryland deck area	fell while doing dryland exercise injuring wrist	fractured wrist
Female		Meet / Warm-up	In Water	dove into water and hit head on bottom of pool	hit head on bottom of pool. complained of back pain. was assisted out of the pool on a backboard and ems took her to the hospital
Female		Meet / Competition	In Water	Hyperextended left elbow on finish of event. Felt a pop in elbow.	Apparent hyperextension to left elbow

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
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Male		Meet / Warm-up	In Water	He was swimming during warm up and his knee hit another swimmer in the water. When he stepped out of the water his left knee started hurting. He has hard time walking on the injured leg and hurts when he bends the leg.	Pain and swelling in the left knee
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