

2010 MN SEMS 12 & Under Extra Chance Invitational
Saturday – Sunday, February 20-21, 2010
Invitational

Sponsored By: South East Metro Sharks Swim Club (SEMS)
Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.
Meet Sanction Number : MN10W-02-124Y

Meet Director: Deb Rizzo, 651-739-0299, dlrizzo@comcast.net

Meet Marshal: Bradd Moen

Inquiries & Entries: Eric Seversen, 651-739-0116, seversen@comcast.net

Safety Coordinator: Jeff Kandt

Team Coaches: Eric Seversen, Charlie Cauthorn, Lyndsay Goldammer, Sharon Simpson, Pat Underhill

Club Officials: Mike Westfall, Miles Burd, Dave Davidson

Referee: Mike Westfall, mlwestfall@comcast.net

Team President: Mike Westfall

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

Meet Type: *This is a 12 & Under Invitational for all swimmers with any time but designed for swimmers wishing to “get out of” C Finals!*

Teams Attending: BDOG, SCSC, MAAC, PST, others who express interest

Pool Location: Woodbury High School, 2665 Woodlane Drive, Woodbury, MN 55125. Take 494 to Valley Creek Road exit, east on Valley Creek to Woodlane, turn south (right), go one mile on Woodlane. The High School will be on your left. Park in the lots to the north of the school and enter through the doors east of the Athletics Activity Center entrance on the north side of the building.

Emergency Use Only: 768-4418 and your message will be given to the person at Woodbury High School.

Time Schedule: *Single Session - Warm-up 10:00AM – 10:50AM, Meet Start 11:00AM.*

Facility: *6 Lane, 25 Yard Indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 30 inches above the water surface. The pool depth at the starting end is 10 feet deep.*

Timing: *Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.*

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards.

Entry Due Date: 11:59PM, Friday, February 12, 2010 by email to seversen@comcast.net. If you do not receive a reply within 12 hours please contact Eric Seversen to confirm.

Awards: Events are standard age groups but we will be awarding top 6 plus heat winners will win some sort of trinket. In addition, best time ribbons will be given.

Scoring: None

Fees: \$1.50 entry fee (MSI non-scheduled meet fee) and \$3.50 per Individual splash and \$14.00 per Relay entry.

Checks must be submitted prior to start of the meet and made payable to: SEMS.

Concessions: Will be provided.

OVERSIZE MEET PROCEDURE: The MSI/USA Swimming four hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

MEET INFORMATION, RULES AND REGULATIONS: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

USA SWIMMING MEMBERSHIP: All swimmers must be current 2010 registered athlete members of USA Swimming. All coaches must be current 2010 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

WARM-UP: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

PURPOSE: To encourage and promote competitive swimming among age group swimmers.

ENTRIES: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

TIMED FINALS: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

TIME STANDARDS: 2009 – 2012 Time standards effective 4/1/09.

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

CHANGES TO THE MEET INFORMATION: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

MEET COMMITTEE: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete(not from the host club). Judgment decisions cannot be protested.

COACH'S MEETINGS: Will take place on a regular basis at the discretion of the referee.

Order of Events

Saturday			Sunday		
1	12-U 200 F.R.	2	35	12-U 200 M.R.	36
3	10-U 200 F.R.	4	37	10-U 200 M.R.	38
5	11-12 100 IM	6	39	11-12 100 Free	40
7	9-10 100 IM	8	41	9-10 100 Free	42
9	8-U 50 Breast	10	43	8-U 50 Free	44
11	11-12 50 Breast	12	45	11-12 100 Fly	46
13	9-10 50 Breast	14	47	10-U 100 Fly	48
15	8-U 100 Free	16	49	8-U 50 Fly	50
17	11-12 50 Free	18	51	11-12 50 Back	52
19	9-10 50 Free	20	53	9-10 50 Back	54
21	8-U 50 Back	22	55	11-12 100 Breast	56
23	11-12 100 Back	24	57	10-U 100 Breast	58
25	10-U 100 Back	26	59	8-U 100 IM	60
27	11-12 50 Fly	28	61	11-12 200 IM	62
29	9-10 50 Fly	30	63	10-U 200 IM	64
31	11-12 200 Free	32			
33	10-U 200 Free	34			

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Entering Club's Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone#** _____

Entry Data Costs:

MSI Entry Fee: _____ **# of Swimmers entered x \$1.50 = \$** _____.

_____ **Total Splashes x \$3.50 = \$** _____ **# of boys** _____ **# of girls** _____

_____ **Total Relays x \$14.00 = \$** _____

Total Due = \$ _____

Make checks payable to: Sems. *Fees are due with your entry.*

Mail summaries to: **Name** _____
Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry disk?

Name _____ **Phone ~ Day** _____ **Night** _____