

**Hudson Area Swim Association
Frostbite ABC Open
January 30-31, 2010**

Sponsored By: Hudson Area Swim Association

Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.

Sanction Number: MN10W-12-09Y

Meet Directors: Barb Lusardi (715) 246-2178
barbara@hudsonswimteam.org

Martha Guenther (715) 386-0698
mkguenther@baldwin-telecom.net

Meet Marshal: Angi Reynolds

Inquiries: Barb Lusardi (715) 246-2178

Entries: Katie Claus
entries@hudsonswimteam.org
833 Moonbeam Road W., Hudson, WI 54016
(715) 377-0332

Safety Coordinator: Ryan Hawke

Team Coaches: Ryan Hawke, Kevin O'Brien, Rachael Westlund, Tom Fritchen, Rachel Merrier

Club Officials: Travis Glampe, Kevin Guenther, Mark Lusardi, Jeff Waid, Noah Pruzek

Officials: MSI Qualified Officials

Team President: Carol Skinner

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

Meet Type: This is a 2 day meet with three awards categories: 1)"A" and faster; 2)"B"; and 3)"C/pre-C". The A category will accept times at A and faster, the B category will accept only B times, the C category will accept C and pre-C times. Awards will be distributed according to the category of swimmers' entry. Any non-zoned teams and out of state swimmers can attend this meet.

Pool Location: Hudson Middle School, 1300 Carmichael Road, North; Hudson, WI 54016. **Note this address does not plot in the correct location in most online mapping programs. Please follow the directions below:**

Directions: I-94 East to Hudson, WI. Take Exit #2, Carmichael Road, North. Continue on Carmichael 1.5 to Hudson Middle School on right. Use second driveway at the four way stop sign. Emergency phone #: 715-381-5187

Time Schedule: Morning Session - Warm-up Start 7:20 am. Warm-up Ends 8:20 am. Meet Start 8:30 am. Afternoon Session: Will not start before 11:30am preceded by a 60 minute warm up.

Facility: 8 Lane, 25 Yard Indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 28 inches above the water surface. The pool depth at the starting end is 13 feet deep.

Timing: Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.

Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards.

Minnesota host teams must use Hy-Tek software to run swim meets. Those teams using disk entry must use Hy-Tek software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED and PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek Disk entry unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this entry.

Entry Due Date: 6:00 p.m. Wednesday, January 20, 2010. Telephone entries will be accepted for new events achieved between the entry deadline and 2:00 pm on the Monday before the meet. No entries will be accepted after the 2 pm deadline.

EMAILED entries are accepted and preferred.

Please follow these guidelines when submitting EMAILED ENTRIES:

1. Use Hy-Tek Team Manager (Version 4.0) to send entries.
2. Email a TEXT FILE of your entries along with the TEAM MANAGER FILE – this allows the Entries Chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to *make sure no swimmers are left out of the meet. This is extremely IMPORTANT!*
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT FILE must accompany the REVISED TEAM MANAGER file.
5. Bring the Fee Calculation Form and your **payment** to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair (Katie Claus) that means that she has NOT ENTERED YOUR SWIMMERS! **Call or email Katie until she confirms that she has received your entries. 715-377-0332, entries@hudsonswimteam.org**

Awards: No awards will be given for senior A Girls events.

Individual Events ~ A Events: Medals, 1st – 8th place; B Events: Rosette Ribbon, 1st - 8th place; Events below B: Strip Ribbons, 1st - 8th place. “Best Time Achievement Awards” will be given to all swimmers accomplishing an individual personal best time. Certificates will be issued for new Champ, A and B times. Relay Events: 1st - 3rd place medals. Team trophies will be awarded to the Top 2 Teams in A, AA & AAA Division for the A portion of the meet. Teams from outside of Minnesota will be placed in the AAA Division. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results. (Per legislation passed 1/17/06 awards must be given to athletes at the meet.) Awards that are not picked up by the athletes will be sorted by team and given to the coach at the end of the meet. Awards will not be mailed.

Scoring: Only for the A portion of the meet. Individual Event Points: 9-7-6-5-4-3-2-1; Relay Event Points: 18-14-12-10-8-6-4-2.

Five Hour Rule: In the case where any 13 & Over session timeline is projected to run longer than 5 hours, for ANY meet and for ANY age groups, all individual events and all relays MAY, at the discretion of the referee and host club, become positive check-in with the exception of the FIRST EVENT of that session (individual events or relay). Heat sheets will then be distributed by the host club. (Passed 11/17/2009, effective immediately).

Distance Events: A positive check-in will be required for the 500/1650 yard Freestyle. Check-in will be required at the timing table by the event number stated at the coach’s meeting. Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). Minnesota Scratch rules will be in effect. A 10 minute warm-up will be provided prior to distance events.

Fees: \$2.50 per entrant listed on the entry sheet, \$3.50 per individual splash, \$14.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks must accompany entries and made payable to: HASA.

Concessions: Will be provided. There will be food available at the concession stand in the school cafeteria. Coaches and officials are welcome in the hospitality area. The Hudson Middle School does not allow food or glass containers on the pool deck or in the spectator area. Coaches and swimmers are expected to keep their team area clean and free from litter. Please help us by monitoring and maintaining your team areas.

Open Lane Swims: The MSI “Open Lane Swim” procedure will be available at the meet. The splash fee is \$5.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, swimmers may only swim in their own age group and only in the same event and distance that they were originally entered. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of four events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

Oversize Meet Procedure: The MSI/USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

Meet Information, Rules And Regulations: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be conducted in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA Swimming Membership: All swimmers must be current 2010 registered athlete members of USA Swimming. All coaches must be current 2010 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

Warm-Up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Purpose: To encourage and promote competitive swimming among age group swimmers.

Entries: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

Timed Finals: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

Time Standards: 2009-2012 MN Swimming Time Standards – effective 4/1/09. Senior girls events will use the 15-16 age group time standards to qualify. Senior boys events will use the 13-14 age group time standards to qualify.

TIMELINES: Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

Changes To The Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Meet Committee: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

Coach's Meetings: Will take place on a regular basis at the discretion of the referee.



Hudson Area Swim Association
MAKO SHARKS

**Hudson Area Swim Association
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Sanction Number: MN10W-12-09Y

Club Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone #** _____

Entry Data Costs:

_____ Total Swimmers x \$2.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Splashes x \$3.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Relays x \$14.00 = \$ _____

Total Due = \$ _____

Make checks payable to: HASA. All fees are due when you pick up your coaches packet on the first day of the meet.

E-Mail summaries to: _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry file?

Name _____ **Phone ~ Day** _____ **Night** _____