

WINONA RIVER CITY SPLASH
A/B/C Finals
July 24, 25 & 26, 2009
With Time Trials

Sponsored By: Winona Swim Club

Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.

Meet Sanction Number: MN09-06-28M

Time Trial Sanction Number: MN09-06-142M

Meet Director: Kim Kleinow
507-398-5847
kkleinow@watlow.com

Meet Marshal: Sam Quandahl

Inquiries: Sam Quandahl **Entries: Shannon Wolner & Trudy Papenfuss**
507-453-0915 **2432 Carolyn Place**
squandahl@winonafloors.com **Winona, MN 55987**
 507-454-7526
 winonaswimclub@gmail.com

Safety Coordinator: Wanda Bastian

Team Coaches: Amy Schulz, Head Coach
Tom Walsh, Assistant Coach

Club Officials: Tracy Morgan, Craig Porter

Officials: MSI Qualified Officials **Team President: Sam Quandahl**

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

MEET TYPE: This is a 2 ½ day meet. There will be three categories of competition for awards: swimmers with verifiable "A" times but not faster (No champ times will be allowed), swimmers with verifiable B times, and swimmers with verifiable C times. Teams must attend their assigned zoned meet (one of three). Non-zoned teams may attend the meet of their choice. This is a closed meet: Only swimmers from the MN LSC can participate.

POOL LOCATION: Winona Bob Welch Aquatic Center, 780 West 4th Street, Winona, MN 55987. From Highway 61 Northbound, turn right onto Huff Street for downtown. Highway 61 South bound, turn left onto Huff Street towards downtown. (Huff Street splits the two lakes near the bluffs.) When you get to 5th Street, take a left. Go approximately 8 blocks, watch for a small Aquatic Center sign and turn right for parking lot and Aquatic Center. Telephone number for the Aquatic Center is 507-453-1646.

TIME SCHEDULE: Friday afternoon session – Warm-ups at 3:50PM to 4:50PM meet starts at 5:00 PM.
Saturday and Sunday Morning sessions: Warm-ups start at 7:20 AM to 8:20 AM, meet starts at 8:30 AM.
Saturday and Sunday afternoon sessions: Will not start before 11:30 AM preceded by a 60-minute warm-up, and a 10-minute break for a coaches meeting.

FACILITY: 8 Lane, 50 Meter Outdoor) pool with lanelines and backstroke pennants. Slanted starting blocks are 29.5 inches) above the water surface. The pool depth at the starting end is 12 feet deep.

Winona's compliance with the Abigail Taylor Pool Safety Act caused a delay to the summer swim season. In order to get the pool open and start only a week late, the City of Winona Park & Recreation Department

requested and received from Minnesota Swimming, dispensation from Rule 103.5 /M/ POOL AND BULKHEAD MARKINGS. Specifically, Subsection 103.5.1 Pool bottom lane markers and the need for an uninterrupted line the length of the course with a distinctive cross line. The lines on the bottom of the start end of the pool for both Lanes 4 and 5 stop approximately five meters from the end of the pool and there is no cross line on those two lanes. Please make your swimmers aware of this dispensation in case they may be seeded in lanes four or five over the course of the three days.

TIMING: Electronic timing system with backup buttons and/or watches, horn start and touchpads at both ends of the pool.

Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

ENTRY LIMITATIONS: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day. A swimmer may swim up to 5 events per day, if additional events are time trial events. All events must be verifiable from **January 1, 2008** to present. All A event swimmers must have a minimum of an A time but slower than the champ time in that event.

ATTENTION!

Swimmers who have achieved a Champ time in either yards or meters **CANNOT** swim that event at A/B-C Finals. MSI Legislation dictates that swimmers with Champ times must enter with the time they have, (meters or yards), for State Meet and cannot use A/B-C finals as an opportunity to improve their qualifying time. (Motion passed 1/16/2007).

If you are approved to use written entries you must mark written entry times as such.

FEES: \$2.50 per entrant listed on the entry sheet, \$5.00 per individual splash. Summary cost per calculation sheet. Email entries will be accepted with confirmation of payment based on an attached Meet Calculation Form. Checks must accompany entries and made payable to: *Winona Swim Club*. Entry fees must accompany your entry or your entries will not be accepted.

LONG COURSE METER TIMES AND NON-CONFORMING TIMES ACCEPTED NO CONVERSIONS ACCEPTED

Please submit verifiable times in either long course meters, short course meters or short course yards. **No conversions will be accepted.** This is a change from previous years. Yard times will be seeded last, regardless of division. (Motion passed 11/28/06)

Minnesota host teams must use Hy-Tek or SDIF compatible software to run swim meets. Those teams using disk entry must use Hy-Tek or SDIF compatible software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a **PRINTED AND PROOFED** copy of your **COMMLINK REPORT**, along with your disk as well as the fee calculation form. Minnesota clubs entering this meet must use Hy-Tek or SDIF compatible entry unless your club is on record with MSI that you cannot comply with the disk entry requirements.

E-MAIL ENTRIES: Please follow these guidelines when submitting e-mail entries.

1. Use Hy-Tek Team Manager to send entries.
2. E-mail a text file of your entries along with the team manager file – this allows the entries chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your text file. If they match, everything is ok, if they do NOT match, we can trouble shoot **BEFORE** the meet is seeded to *make sure no swimmers are left out of the meet. This is extremely important!*

3. Please include coach's name, phone numbers and e-mail address so we may contact you if there is any problem with the entry.
4. Any revisions to entries must be complete replacement of the previous entries file. The previous entries will be deleted. A revised text file must accompany the revised team manager file.
5. Meet results will be emailed unless otherwise arranged. Please indicate your e-mail address on the fee calculation form.
6. If you e-mail your entries, you will receive an e-mail reply as confirmation. If you DO NOT receive a reply, please call the entries chair.

PROOF OF TIMES: All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Each team or individual is responsible for providing their own proof of times and must accompany entries. Entries must include Hy-Tek (or compatible) Team Manager printed proof of times or they will not be accepted.

Procedure for swimmers who do not achieve the time standard at the meet

- Swimmers time will be checked by the host team.
- If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- All fines must be paid to the host club by the end of the meet.
- Teams have one week from the end of the meet to prove the time and their fine will be refunded by the host team.
- When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.
- Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the teams charter being suspended until the fine is paid.
- The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.

FINES: Any swimmer failing to achieve the qualifying time standard for any individual event must submit appropriate proof of having previously achieved the entry time standard. Any swimmer unable to provide such proof of performance shall pay a fine of \$100 to the host club. Proof of performance must be in a USA Swimming sanctioned or approved competition or Time Trial or official verifiable high school or college meet. Each club or individual is responsible for providing their own proof of performance.

ENTRIES: All entries must be completed by the entering club or individual that will be solely responsible for the accuracy of the entry. A fine of \$100.00 per event will be charged for falsifying any entry. Please call the entries person for directions if you need to hand deliver.

ENTRY DUE DATE: An Email copy of your entry is due Wednesday, July 15, 2009 by 2:00 PM. A hard copy including all proof of times and entry fees owed is due Friday, July 17, 2009 by 2:00 PM. To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, email an entire new entry to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team.

400 FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Sunday afternoon at the timing table, the referee will determine the time of check-in. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). Minnesota Scratch rules will be in effect.**

800 FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Saturday afternoon at the timing table, the referee will determine the time of check-in. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). Minnesota Scratch rules will be in effect.**

1500 FREESTYLE: This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Friday at the timing table, the referee will determine the time of check-in. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). Minnesota Scratch rules will be in effect.**

Additional criteria for entering the 800/1000 or the 1500/1650 Freestyle events:

1. Swimmers with an "A" (or faster) or "B" time in the 400/500 Free may use that time to enter the 800/1000 or 1500/1650 (enter the corresponding "A" or "B" event). Note: this rule applies to this meet but not to the STATE meet. Swimmers should enter at the corresponding TSE Time.
2. Swimmers with an "A" (or faster) or "B" time in the 800/1000 may use it to enter the 1500/1650 and vice-versa (enter the corresponding "A" or "B" event). Swimmers should enter at the corresponding TSE Time.

AWARDS: Individual Events: A Events: Medals will be awarded to 1st through 8th place. B Events: Rosette Ribbons will be awarded to 1st through 8th place. C Events: Strip Ribbons will be awarded to 1st through 8th place. Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

SCORING: None.

TIMED FINAL EVENTS: Minnesota Swimming warm-up procedures will be followed. Please observe general warm up, pace lane and sprint lane time assignments. Depending upon entries, warm-up lane assignments and/or split session warm up may be used.

TIME TRIALS: Time trials will be offered, time permitting, following the morning and afternoon sessions. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's entry limit for the day (See Entry Limitations). Sign up will be at the pool entrance door. There will be a cost of \$5.00 per time trial event.

Warm-ups for time trials will be allowed as time permits at the discretion of the meet referee.

CONCESSIONS: Will be provided at the concessions windows. Concessions is a fundraiser for the Winona Swim Club.

COACHES & OFFICIALS HOSPITALITY: Make use of our complimentary hospitality area located next to the concessions window. Saturday and Sunday: Breakfast served 6:30AM- 8:30AM and Lunch served 11:30AM-1:30PM.

MEET INFORMATION, RULES AND REGULATIONS: All information, rules and regulations including time standards, schedules, order of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA SWIMMING MEMBERSHIP: All swimmers must be current 2009 registered members of USA Swimming. All coaches must be current 2009 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming coach. Any club or individual entering a non-USA-registered swimmer will be subject to a \$25.00 fine per event per swimmer.

WARM-UP: Current MSI and USA Swimming rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be familiar with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The **NO DIVING** and **SLIP-IN-ENTRY** rules will be strictly enforced.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

PURPOSE: To encourage and promote competitive swimming among age group swimmers.

TIMED FINALS: The meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

TIME STANDARD: **2009 - 2012 MN Swimming Time Standards - effective April 1, 2009.** All 15-16 and Senior events will be combined for competition and separated for awards. The 15-16 Men and Women will enter by the 15-16 time standards. In keeping with the State Meet qualifying format, all Senior competitors must use 17-18 times standards for entry.

All athletes swimming in the A/B/C categories will swim together in their age group category seeded by times and will be separated by A/B/C for awards.

TIMELINES: Any timeline provided, whether through MSI phone line or in the meet program, is for information purpose only.

CHANGES TO THE MEET INFORMATION: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

MEET COMMITTEE: A meet committee will be formed by the Referee. It will consist of at least one official (excluding the meet Referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

COACH'S MEETINGS: Will take place on a regular basis at the discretion of the referee.

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**Sanction # MN09-06-28M
Time Trial # MN09-06-142M**

Entering Club's Name: _____ **Club Code** _____

Coach: _____ **Phone #** _____

Entries Person: _____ **Phone#** _____

Entry Data Costs:

_____ Total Swimmers x \$2.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Splashes x \$5.00 = \$ _____ # of boys _____ # of girls _____

_____ Disk results only x \$2.00 = \$ _____

_____ Team results only x \$4.00(Hard copy) = \$ _____

_____ Full results x \$10.00 (Hard copy) = \$ _____

Total Due = \$ _____

Make checks payable to: Winona Swim Club All fees are due with your entry.

Mail summaries to: Name _____
Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry disk?

Name _____ **Phone ~ Day** _____ **Night** _____

OFFICIAL ENTRY FORM

Sanctioned by Minnesota Swimming & USA Swimming

Meet Sanction # **MN09-06-28M** Time Trial Sanction # **MN09-06-142M**

Sheet ____ of ____

CLUB _____ CLUB ABBREV _____

ENTRY CHAIRPERSON _____

ADDRESS _____ PHONE _____

EMAIL _____

INDIVIDUAL ENTRIES

Swimmer's Name: _____ Age: ____ Sex: ____ D.O.B. _____ USA Swimming# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: ____ Sex: ____ D.O.B. _____ USA Swimming# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: ____ Sex: ____ D.O.B. _____ USA Swimming# _____

Event No.								
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Event No.								
Seed Time								