

NHCP-TYR FROSTY FROLICS MEET
JANUARY 26-27TH, 2008
A/B/C Open

Sponsored By: New Hope Crystal Plymouth Swim Club
Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.
Meet Sanction Number _MN08-12-07Y_____

Meet Director: Judy Deis 763-478-6295 mdeis@comcast.net

Meet Marshal: Mary Hodorff

Inquiries: Judy Deis 763-478-6295 mdeis@comcast.net

Entries: Dale Nelson
(763) 420-7492
NHCP Swim Club
14000 Timber Crest Drive
Maple Grove, MN 55311
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Safety Coordinator: Jeff Rouleau

Team Coaches: Steve Wilson (832) 489-6277
Ron Jacobsen (763) 550-1224

Club Officials: Beth Sauer, Barbara Biersdorf, Rick Nelson, Greg Bodin, Jeff Rouleau

Team President: Pete Seltz

Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

Meet Type: This is a 2 day meet with three awards categories: 1)"A" and faster; 2)"B"; and 3)"C/pre-C". The A category will accept times at A and faster, the B category will accept only B times, the C category will accept C and pre-C times but will not accept "NT". Awards will be distributed according to the category of swimmers' entry. Any non-zoned teams and out of state swimmers can attend this meet.

Pool Location: Maple Grove Junior High, 7000 Hemlock Lane, Maple Grove, MN.

Directions: Take I-694 to Hemlock Lane (County Rd. 61) in Maple Grove. Exit, going south on Hemlock Lane. The school will be on your left approximately 1/2 mile south of I-694. Emergency phone number: (763)315-7629

Time Schedule: Morning Session - Warm-up Start 7:20 am. Warm-up Ends 8:20 am. Meet Start 8:30 am. Afternoon Session: Will not start before 11:30am preceded by a 60 minute warm up.

Facility: 6 Lane, 25 Yard Indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 18-24inches above the water surface. The pool depth at the starting end is 9 feet deep.

Timing: *Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.*

Meet Lane Timing Needs: *A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."*

If your club would like to help out on a specific time or day, please contact the Meet Director.

Entry Limitations: *Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards.*

Minnesota host teams must use Hy-Tek software to run swim meets. Those teams using disk entry must use Hy-Tek software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED and PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek Disk entry unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this entry.

Entry Due Date: *10:00 pm Wednesday, January 16th, 2008. Telephone entries will be accepted for new events achieved between the entry deadline and 2:00 pm on the Monday before the meet. No entries will be accepted after the 2 pm deadline. EMAILED entries are preferred. Please follow these guidelines when submitting EMAILED ENTRIES:*

1. Use Hy-Tek Team Manager (Version 4.0) to send entries.
2. Email a TEXT FILE of your entries along with the TEAM MANAGER FILE – this allows the Entries Chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your Text File. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to make sure no swimmers are left out of the meet. This is extremely IMPORTANT!
3. Please include coach's name, phone numbers and email address so we may contact you if there is any problem with your entry data.
4. Any REVISIONS to entries must be a COMPLETE REPLACEMENT of the previous entries file. The previous entries will be deleted! A REVISED TEXT FILE must accompany the REVISED TEAM MANAGER file.
5. Bring the Fee Calculation Form and your payment to the meet and see the Meet Director or Entries Chair before you write your check.
6. Meet Results will be EMAILED unless otherwise arranged. Please indicate your email address on the Fee Calculation Form.
7. If you email your entries, you will receive an email reply as confirmation. If you DO NOT receive an email reply from the Entries Chair that means that he has NOT ENTERED YOUR SWIMMERS! Call or email him until he confirms that he has received your entries.

No Times "NT" entries will not be accepted. Swimmers without official time for an event must be entered at a time that best represents their abilities.

Awards: *No awards will be given for senior girls events. Senior boys will get awards because they will use the 13-14 time standards. Individual Events ~ A Events: Medals, 1st – 6th. B Events: Rosette Ribbon, 1st – 6th. C Events: Strip Ribbons, 1st – 6th. “Best Time Achievement Awards” will be given to all swimmers accomplishing an individual personal best time. Certificates will be issued for new Champ, A and B times. Relay Events: 1st - 3rd place medals. Team trophies will be awarded to the Top 2 Teams in A, AA & AAA Division for the A portion of the meet. Teams from outside of Minnesota will be placed in the AAA Division. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.*

Scoring: *Only for the A portion of the meet. Individual Event Points: 6, 4, 3, 2, 1. Relay Event Points: 12, 8, 6, 4, 2*

Distance Events: *A positive check-in will be required for the 500 yard freestyle and the 1650 yard freestyle. Check-in will be required at the timing table by the event stated at the coach’s meeting. Heats will be swum fastest to slowest (alternating gender dependent upon the order of events), at the discretion of the meet referee. We reserve the option of combining age groups and gender. Minnesota Scratch rules will be in effect. A 10 minute warm-up will precede the 1650 freestyle event.*

Fees: *\$2.50 per entrant listed on the entry sheet, \$3.50 per individual splash, \$14.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks must accompany entries and made payable to:
New Hope Crystal Plymouth Swim Club*

Concessions: Will be provided.

Open Lane Swims: The MSI “Open Lane Swim” procedure will be available at the meet. The splash fee is \$5.00. Sign-up is on a first come basis at the timing table. Swimmers must be registered in the swim meet in order to have the opportunity to participate in Open Lane Swims. In the event of a missed heat, swimmers may only swim in their own age group and only in the same event and distance that they were originally entered. Swimmers may swim events for which they have no times. Swimmers may not exceed the event limit of four events including Open Lane Swims. Swimmers may scratch an event in order to swim on Open Lane Swim to stay within the entry limit. No refunds will be given for scratched events.

Oversize Meet Procedure: The MSI/USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

Meet Information, Rules And Regulations: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be conducted in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA Swimming Membership: All swimmers must be current 2008 registered athlete members of USA Swimming. All coaches must be current 2008 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

Warm-Up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Purpose: To encourage and promote competitive swimming among age group swimmers.

Entries: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

Timed Finals: This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

Time Standards: 2005-2008 Minnesota Time Standards, revised May 2006. Senior boys events will use the 13-14 age group time standards to qualify. Senior girls events will use the 15-16 age group time standards to qualify.

Timelines: Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

Changes To The Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Meet Committee: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

Coach's Meetings: Will take place on a regular basis at the discretion of the referee.

Meet Calculation Form

Revised 2/16/06

NHCP-TYR FROSTY FROLICS MEET
NEW HOPE CRYSTAL PLYMOUTH SWIM CLUB
JANUARY 26-27TH

Sanction # _____ MN08-12-07Y _____

Entering Club's Name: _____ Club Code _____

Coach: _____ Phone # _____

Entries Person: _____ Phone# _____

Entry Data Costs:

_____ Total Swimmers x \$2.50 = \$ _____ # of boys _____ # of girls _____

_____ Total Splashes x (\$3.50) = \$ _____ # of boys _____ # of girls _____

_____ Disk results only x \$2.00 = \$ _____

_____ Team results only x \$4.00(Hard copy) = \$ _____

_____ Full results x \$10.00 (Hard copy) = \$ _____

Total Due = \$ _____

Make checks payable to: NHCP Swim Club All fees are due with your entry.

Mail summaries to: Name _____

Address _____

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Who should we contact if there is a problem with your entry disk?

Name _____ Phone ~ Day _____ Night _____

NHCP-TYR FROSTY FROLICS MEET

ORDER OF EVENTS

Meet Sanction Number: MN08-12-07Y

Saturday Morning				Sunday Morning			
G			B	G			B
1	10 & Under	200 Free Relay	2	53	12 & Under	200 Medley Relay	52
	12 & Under	200 Free Relay	3		10 & Under	200 Medley Relay	54
4	"9-10	100 IM	5		"11-12	50 Free	55
	"11-12	100 Free	6	56	"9-10	50 Free	57
7	8 & Under	100 Free	8	58	8 & Under	50 Free	59
9	"9-10	50 Back	10		"11-12	100 IM	60
	"11-12	50 Brst	11	61	"9-10	100 Brst	62
12	8 & Under	50 Brst	13	63	8 & Under	50 Back	64
14	"9-10	100 Fly	15		"11-12	50 Back	65
	"11-12	100 Back	16	66	"9-10	100 Back	67
17	8 & Under	50 Fly	18	68	8 & Under	100 IM	69
19	"9-10	50 Brst	20		"11-12	100 Brst	70
	"11-12	50 Fly	21	71	"9-10	50 Fly	72
22	"9-10	100 Free	23		"11-12	200 Free	73
	"11-12	500 Free	24	74	"9-10	200 Free	75
Saturday Afternoon				Sunday Afternoon			
G			B	G			B
25	Senior	200 Free Relay	26	76	Senior	200 Medley Relay	77
27	14 & Under	200 Free Relay		78	14 & Under	200 Medley Relay	
28	12 & Under	200 Free Relay		79	12 & Under	200 Medley Relay	
29	Senior	200 IM	30	80	Senior	200 Free	81
31	13-14	200 IM		82	13-14	200 Free	
32	"11-12	100 Free		83	"11-12	50 Free	
33	Senior	100 Free	34	84	Senior	100 Fly	85
35	13-14	100 Free		86	13-14	100 Fly	
36	"11-12	50 Brst		87	"11-12	100 IM	
37	Senior	200 Fly	38	88	Senior	200 Back	89
39	13-14	200 Fly		90	13-14	200 Back	
40	"11-12	100 Back		91	"11-12	50 Back	
41	Senior	100 Back	42	92	Senior	100 Brst	93
43	13-14	100 Back		94	13-14	100 Brst	
44	"11-12	50 Fly		95	"11-12	100 Brst	
45	Senior	200 Brst	46	96	Senior	50 Free	97
47	13-14	200 Brst		98	13-14	50 Free	
48	"11-12	500 Free		99	"11-12	200 Free	
49	Senior	1650 Fr	50	100	Senior	400 IM	101
51	13-14	1650 Fr		102	13-14	400 IM	