

# WEST Holiday Splash December 15-16, 2007 Invitational

SPONSORED BY	SANCTIONED BY	MEET SANCTION NUMBER
West Express Swim Team	Minnesota Swimming, Inc. and USA Swimming, Inc	MN08-10-156Y

<b>MEET DIRECTOR</b>	Julia Augdahl Phone: 952-556-5654; e-mail: <a href="mailto:augdahls@hotmail.com">augdahls@hotmail.com</a>
<b>MEET MARSHAL</b>	Roxanne Ochsner
<b>INQUIRIES</b>	Brian Nagel Phone: 763-742-4869; e-mail: <a href="mailto:westcoach2006@hotmail.com">westcoach2006@hotmail.com</a>
<b>ENTRIES</b>	Julia Augdahl 550 Cascade Drive Chaska, MN 55318 952-556-5654 <a href="mailto:augdahls@hotmail.com">augdahls@hotmail.com</a>
<b>SAFETY COORDINATOR</b>	Brian Nagel
<b>TEAM COACHES</b>	Jennifer Larson Brian Nagel
<b>CLUB OFFICIALS</b>	Mark Augdahl Peter Donnelly Eric Peterson Brian Stark Erin Stark
<b>REFEREE</b>	Rick Biggs
<b>TEAM PRESIDENT</b>	Brian Stark
<b>REGISTRATION CHAIR</b>	Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

In the spirit of giving this holiday season, WEST Express is holding a food drive at the Holiday Splash. We are asking that each swimmer bring a bag of non perishable food/ hygiene items to the meet. There will be boxes at the pool entrance for your donations. All items will be donated to the CAP agency, a local food shelf.

## MEET TYPE

This is an invitational meet for all swimmers with any times in scheduled events.

## TEAMS ATTENDING

The following teams were invited to participate in the meet:

- Blackline
- Richfield
- Dolphin
- Barracuda
- Foxjet
- Black Dog
- North Suburban
- Orcas
- Farmington
- STMA
- YWCA MPLS
- Hopkins
- Metro Marlins

## POOL LOCATION

### Chaska Middle School East

The school is located near the intersection of Highway 41 and Engler Boulevard in Chaska, Minnesota. Take 494 to Highway 212. Just after the Chaska population sign, take a right on Engler Boulevard. The school is about a mile up the hill on the right hand side. The pool entrance is on the West side of the building. If you miss Engler Boulevard, go into downtown Chaska and take a right on Highway 41. You will the school will be up the hill about 1.5 miles on your right. Telephone number at the school is 952-556-7600.

## TIME SCHEDULE

### Morning Session

Warm-up 7:20

Meet Start 8:30

### Afternoon Session

Will not start before 11:30 a.m. following a 60 minute warm up.

**Positive Check In is required for 500 Free, 1000 Free, and 400 IM**

## FACILITY

6 Lane, 25 Yard Indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 29 inches above the water surface. The pool depth at the starting end is 7 feet and 0 inches deep.

## TIMING

Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.

## ENTRY LIMITATIONS

Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards.

## ENTRY DUE DATE

Please have all entries sent via e-mail to Julia Augdahl no later than 5:00 p.m. on Friday, December 7, 2007

### **AWARDS**

For swimmers 13 years old and up, no awards will be given. For swimmers 12 and under, awards will be presented for the top 6 finishers in each event, for each time standard (entering time). Rosette Ribbons for A and B entrants, and strip ribbons for C entrants.

### **SCORING**

None

### **FEES**

\$1.50 entry fee (new MSI non-scheduled meet fee), plus \$3.50 per individual splash, and \$14 per relay entry. Checks must accompany entries and made payable to West Express Swim Team

### **CONCESSIONS**

Concessions will be available for the duration of the meet.

## **OVERSIZE MEET PROCEDURE**

The MSI/USA Swimming four hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

## **MEET INFORMATION, RULES AND REGULATIONS**

All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

## **USA SWIMMING MEMBERSHIP**

All swimmers must be current 2007 registered athlete members of USA Swimming. All coaches must be current 2007 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

## **WARM-UP**

Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

## **SWIMMERS WITHOUT A COACH PRESENT**

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

## **PURPOSE**

To encourage and promote competitive swimming among age group swimmers.

## **ENTRIES**

All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

## **TIMED FINALS**

This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

## **TIME STANDARDS**

2005 – 2008 Minnesota Time Standards, Revised, May 2006 will be used. Senior events will use the 15-16 age group time standards to qualify.

## **TIMELINES**

Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

## **CHANGES TO THE MEET INFORMATION**

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

## **MEET COMMITTEE**

A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete(not from the host club). Judgment decisions cannot be protested.

### **COACH'S MEETINGS**

Will take place on a regular basis at the discretion of the referee.



**WEST HARVEST FEST  
INVITAIONAL MEET**

Hosted by West Express Swim Team

December 15-16, 2007

Meet Sanction # MN08-10-156Y

Saturday Morning				Saturday Afternoon				Sunday Morning				Sunday Afternoon			
Girls	Age	Event	Boys	Girls	Age	Event	Boys	Girls	Age	Event	Boys	Girls	Age	Event	Boys
1	10 & Under	200 Free Relay	2	26	Senior	200 Free Relay	27		12 & Under	200 Medley Relay	58	82	Senior	200 Medley Relay	83
	12 & Under	200 Free Relay	3	28	14 & Under	200 Free Relay	29	59	10 & Under	200 Medley Relay	60	84	14 & Under	200 Medley Relay	85
4	9-10	100 IM	5	30	12 & Under	200 Free Relay			11-12	50 Free	61	86	12 & Under	200 Medley Relay	
	11-12	100 Free	6	31	Senior	200 IM	32	62	9-10	50 Free	63	87	Senior	200 Free	88
7	8 & Under	100 Free	8	33	13-14	200 IM	34	64	8 & Under	50 Free	65	89	13-14	200 Free	90
9	9-10	50 Back	10	35	11-12	100 Free			11-12	100 IM	66	91	11-12	50 Free	
	11-12	50 Breast	11	36	Senior	100 Free	37	67	9-10	100 Breast	68	92	Senior	100 Fly	93
12	8 & Under	50 Breast	13	38	13-14	100 Free	39	69	8 & Under	50 Back	70	94	13-14	100 Fly	95
14	9-10	100 Butterfly	15	40	11-12	50 Breast			11-12	50 Back	71	96	11-12	100 IM	
	11-12	100 Back	16	41	Senior	200 Butterfly	42	72	9-10	100 Back	73	97	Senior	200 Back	98
17	8 & Under	50 Butterfly	18	43	13-14	200 Butterfly	44	74	8 & Under	100 IM	75	99	13-14	200 Back	100
19	9-10	50 Breast	20	45	11-12	100 Back			11-12	100 Breast	76	101	11-12	50 Back	
	11-12	50 Butterfly	21	46	Senior	100 Back	47	77	9-10	50 Fly	78	102	Senior	100 Breast	103
22	9-10	100 Free	23	48	13-14	100 Back	49		11-12	200 Free	79	104	13-14	100 Breast	105
24	12 & Under	500 Free	25	50	11-12	50 Butterfly		80	9-10	200 Free	81	106	11-12	100 Breast	
				51	Senior	200 Breast	52					107	Senior	50 Free	108
				53	13-14	200 Breast	54					109	13-14	50 Free	110
				55	11-12	500 Free						111	11-12	200 Free	
				56	13 & Over	1000 Free	57					112	All Ages / Mixed	400 IM	