

**Twin III**  
**Saturday May 6 and Sunday May 7, 2006**  
Invitational

**Sponsored By:** Twin Cities Swim Team

**Sanctioned By:** Minnesota Swimming, Inc. and United States Swimming, Inc.

**Meet Sanction Number :** MN06-04-119M

**Meet Director:** Jim Andersen

**Meet Marshall:** Caroline Stallkamp

**Inquiries:** Jim Andersen 612-625-1026 #2  
Cell 612-964-8272

**Entries:** Caroline Stallkamp  
Please email entries to [tcswim@umn.edu](mailto:tcswim@umn.edu)

**Safety Officer:** Jim Andersen

**Team Coaches:** Jim Andersen, Denise Carlson, Ryan L'Roy

**Club Officials:** Al Ness, Kiri Ness, Laura Matenaer, Kim Ratte-Bunten, Bob Bunten,

**Referee:** Al Ness    **Team President:** Jim Andersen

**Registration Chair:** *Cassy Shapley, 1001 Highway #7, Hopkins, MN 55305 (952)988-4184*

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**Meet Type:** This is an invitational for all swimmers Ch, A, B, C and Pre-C events.

**Teams Attending:** TWIN, Silver Rays, SEMS, Med City Aquatics, Hastings, Blackline (Richfield branch), Shawano Community Swimming Club, Storm, and King County Aquatics

**Pool Location:** University of Minnesota Aquatic Center 1900 University Ave. SE Minneapolis, MN 55455

**Time Schedule:** **Saturday Afternoon Session - Warm-up** 12:00 noon **Meet Start** 1:00pm. **Sunday Morning Session: Warm-up** 7:30am, **Meet Start** 8:30am

**Facility:** 8 Lane, 50 meter indoor pool with lanelines and backstroke pennants. Slanted starting blocks are 16 inches above the water surface. The pool depth at the starting end is 7 feet deep. Underwater swimming distance will be marked at 15 meters from each end of the pool.

**Timing:** Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of **3** individual events per day. All seed times must be in **meters**. Computer disk entry will be accepted. The disk and a printed copy from the disk must be sent to the host team. Email entries are preferred to [tcswim@umn.edu](mailto:tcswim@umn.edu).

**Entry Due Date:** 12:00 noon, Friday 4/28/06

**Awards:** A special award to each Heat winner.

**Scoring:** None

**Fees:** \$1.50 entry fee (new MSI non-scheduled meet fee) plus \$16.00 = **\$17.50** for one day or \$1.50 entry fee plus \$23.50 = **\$25.00** for both days.

**Checks must accompany entries and made payable to: Twin Cities Swim Team**

**Concessions:** Will be provided.

**OVERSIZE MEET PROCEDURE:** The MSI/USA Swimming four hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.

**MEET INFORMATION, RULES AND REGULATIONS:** All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

**USA SWIMMING MEMBERSHIP:** *All swimmers must be current 2006 registered athlete members of USA Swimming. All coaches must be current 2006 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USS registered swimmer will be subject to a \$25.00 fine per event per swimmer.*

**WARM-UP:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced. Swimmer(s) without a coach present are to report to the Meet Referee prior to warm-up for lane assignment.

**PURPOSE:** To encourage and promote competitive swimming among age group swimmers.

**ENTRIES:** *All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.*

**TIMED FINALS:** *This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.*

**TIME STANDARDS:** *Minnesota Time Standards dated Sept. 2005 will be used. Senior events will use the 15-16 age group time standards to qualify.*

**TIMELINES:** *Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.*

**CHANGES TO THE MEET INFORMATION:** *Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.*

**MEET COMMITTEE:** *A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete(not from the host club). Judgment decisions cannot be protested.*

**COACH'S MEETINGS:** *Will take place on a regular basis at the discretion of the referee.*