

**WEST Meltdown Splash  
B/C Invitational Meet  
May 5-6, 2007  
Invitational  
Sanction # MN07-04-119Y**

**Sponsored By: West Express Swim Team  
Sanctioned By: Minnesota Swimming, Inc. and USA Swimming, Inc.  
Meet Sanction Number: MN07-04-119Y**

**Meet Director: Mark Augdahl – 952/556-5654**

**Meet Marshal: Chuck Ochsner**

**Inquiries: Brian Nagel  
763-742-4869**

**Entries: Julie Augdahl  
550 Cascade Drive  
Chaska, MN 55318  
augdahls@hotmail.com**

**Safety Coordinator: Brian Nagel**

**Team Coaches: Brian Nagel  
Mike Wood  
Jenny Larson**

**Club Officials: Eric Peterson**

**Referee: Rick Biggs**

**Team President: Brian Stark**

**Registration Chair: Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184**

**Meet Type: This is a two-day invitational meet for all swimmers with B, C and pre-C times.**

**Teams Attending:**

**The following teams will be invited to participate in the meet:**

- **Blackline**
- **Barracuda Aquatics**
- **Richfield**
- **Edina**
- **Foxjet**
- **Black Dog**
- **Great Wolf**

- **Orcas**
- **Farmington**
- **STMA**
- **Hopkins**
- **Metro Marlins**

**Pool Location: St. Thomas Academy Pool  
949 Mendota Heights Road  
St. Paul, MN 55120**

**Take 494 to Dodd Road (149)  
North to Mendota Heights Road  
West to St. Thomas Academy Pool**

**Time Schedule: Saturday and Sunday Morning Sessions - Warm-up will begin at 7:15 a.m. The morning events will start at 8:15. Saturday and Sunday Afternoon session will not start before 11 a.m. following a 60 minute warm up.**

**Facility: 5-lane, 25-yard indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 36 inches above the water surface. The pool depth at the starting end is 10 feet deep.**

**Timing: Electronic timing system with backup buttons and/or watches, horn start and touch pads at the start end of the pool.**

**Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day, not including relays. All seed times must be in yards. Computer disk entry or e-mail submissions will be used. For computer disk submissions, the disk and a printed copy from the disk must be sent to the host team.**

**Entry Due Date: 4:00 p.m. - Wednesday, April 25, 2007**

**Awards: Awards will be presented for the top 5 finishers in each event, for each time standard (entering time). Rosette ribbons will be awarded for B entrants, and strip ribbons will be awarded for C entrants.**

**Scoring: None**

**Fees: \$1.50 per entrant listed on entry sheet  
\$3.50 per individual splash  
\$14.00 per entered relay**

**Checks must accompany entries and made payable to: West Express Swim Team.**

**Concessions: Will be available for purchase.**

**Oversize Meet Procedure: The MSI/USA Swimming four hour rule will be followed. If the meet becomes too large, MSI Legislative procedure will be followed.**

**Meet Information, Rules, and Regulations:** All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be found in the Minnesota Competitive Rules and Regulations and United States Swimming Rules and Regulations current editions.

**USA Swimming Membership:** All swimmers must be current 2006 registered athlete members of USA Swimming. All coaches must be current 2006 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

**Warm-Up:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

**Swimmers Without a Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**Purpose:** To encourage and promote competitive swimming among age group swimmers.

**Entries:** All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25.00 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand deliver.

**Timed Finals:** This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

**Time Standards:** Minnesota Time Standards dated Sept. 1, 2005 will be used. Senior events will use the 15-16 age group time standards to qualify.

**Timeline:** Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

**Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

**Meet Committee:** A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

**Coach's Meetings:** Will take place on a regular basis at the discretion of the referee.

**Meet Calculation Form**

**Meltdown Splash  
West Express Swim Team (WEST)  
May 5-6, 2007  
Sanction # MN07-04-119Y**

**Entering Club's Name:**

**Club Code:**

**Coach:**

**Phone #**

**Entries Person:**

**Phone#**

**Entry Data Costs:**

\_\_\_\_\_ Total Swimmers x \$1.50        =        \$  
\_\_\_\_\_ Total Individual Splashes x \$3.50        =        \$  
\_\_\_\_\_ Total Relays x \$14.00        =        \$

**Total Due        =        \$ \_\_\_\_\_**

**Make checks payable to: West Express Swim Team  
All fees are due with your entry.**

**e-mail entries to:        augdahls@hotmail.com**

**Mail summaries to:        Julia Augdahl  
   550 Cascade Drive  
   Chaska, MN 55318  
   952/556-5654**

**The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The under signed further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.**

**Who should we contact if there is a problem with your entry disk?**

**Name \_\_\_\_\_ Phone ~ Day \_\_\_\_\_ Night \_\_\_\_\_**



**Order of Events  
May 5-6, 2007**

Hosted by West Express Swim Team

May 5-6, 2007

Meet Saction # MN07-04-119Y

Saturday Morning				Saturday Afternoon				Sunday Morning				Sunday Afternoon			
Girls	Age	Event	Boys	Girls	Age	Event	Boys	Girls	Age	Event	Boys	Girls	Age	Event	Boys
1	10 & Under	200 Free Relay	2	26	Senior	200 Free Relay	27		12 & Under	200 Medley Relay	58	82	Senior	200 Medley Relay	83
	12 & Under	200 Free Relay	3	28	14 & Under	200 Free Relay	29	59	10 & Under	200 Medley Relay	60	84	14 & Under	200 Medley Relay	85
4	9-10	100 IM	5	30	12 & Under	200 Free Relay			11-12	50 Free	61	86	12 & Under	200 Medley Relay	
	11-12	100 Free	6	31	Senior	200 IM	32	62	9-10	50 Free	63	87	Senior	200 Free	88
7	8 & Under	100 Free	8	33	13-14	200 IM	34	64	8 & Under	50 Free	65	89	13-14	200 Free	90
9	9-10	50 Back	10	35	11-12	100 Free			11-12	100 IM	66	91	11-12	50 Free	
	11-12	50 Breast	11	36	Senior	100 Free	37	67	9-10	100 Breast	68	92	Senior	100 Fly	93
12	8 & Under	50 Breast	13	38	13-14	100 Free	39	69	8 & Under	50 Back	70	94	13-14	100 Fly	95
14	9-10	100 Butterfly	15	40	11-12	50 Breast			11-12	50 Back	71	96	11-12	100 IM	
	11-12	100 Back	16	41	Senior	200 Butterfly	42	72	9-10	100 Back	73	97	Senior	200 Back	98
17	8 & Under	50 Butterfly	18	43	13-14	200 Butterfly	44	74	8 & Under	100 IM	75	99	13-14	200 Back	100
19	9-10	50 Breast	20	45	11-12	100 Back			11-12	100 Breast	76	101	11-12	50 Back	
	11-12	50 Butterfly	21	46	Senior	100 Back	47	77	9-10	50 Fly	78	102	Senior	100 Breast	103
22	9-10	100 Free	23	48	13-14	100 Back	49		11-12	200 Free	79	104	13-14	100 Breast	105
24	12 & Under	500 Free	25	50	11-12	50 Butterfly		80	9-10	200 Free	81	106	11-12	100 Breast	
				51	Senior	200 Breast	52					107	Senior	50 Free	108
				53	13-14	200 Breast	54					109	13-14	50 Free	110
				55	11-12	500 Free						111	11-12	200 Free	
				56	13 & Over	1000 Free	57					112	All Ages / Mixed	400 IM	