

Minnesota Short Course 12 & Under State Championships
(All Zones)
with Time Trials
Rochester Recreation Center, March 9 – 11, 2007

Sponsored By: *Med-City Aquatics*
Sanctioned By: *Minnesota Swimming, Inc. and USA Swimming, Inc.*
Meet Sanction Number : *MN07-01-14Y*
Time Trial Sanction Number *MN07-01-113Y*

Meet Directors: Sharonne Hayes *Meet Marshal:* Jeff Chida
hayes.sharonne@yahoo.com
Bill Shaughnessy
507-289-7747
shaughnessy_william@hotmail.com

Inquiries: Contact meet director *Entries:* Age Group State Meet Entries
3572 Wright Rd. SW
Rochester, MN 55902
507-289-7747
Safety Officer: Bill Shaughnessy shaughnessy_william@hotmail.com

Team Coaches: Billy Howard, Jessica Koepp, Joe Desannoy, Greg Heidorn,
Tim Firstbrook, Chris Kramer

Club Officials: Steve Altchuler, Natalie Kuramoto, Mike Schumacher

Officials: *MSI Qualified Officials* **Team President:** Wayne Ganskop

Registration Chair: *Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184*

Meet Type: This is a 3 day Timed Finals meet for all 12 and Under swimmers with Champ times from all zones including Minnesota's out state swimmers.

Purpose: To encourage and promote competitive swimming among age group swimmers.

Pool Location: Rochester-Olmsted County Recreation Center Natatorium
21 Elton Hills Drive, Rochester, MN 55901

Directions: Directions to Recreation Center: Approaching Rochester from the South or North on US Highway 52 take the 19th Street Northwest Exit. If you are coming from the North, take a left turn (East) off the ramp onto 19th Street. After crossing the highway bridge, go straight at the stop light onto Elton Hills Drive. Follow the winding Elton Hills Drive to just before the intersection with Broadway (0.8 mile). The Rec Center is on the left prior to the Broadway intersection. If you approach from the South, exit at 19th Street. Turn right off the ramp onto 19th street. Go straight at the light onto Elton Hills Drive. Follow Elton Hills Drive similarly. Entrance to the pool on competitive days is on the WEST side. PARK ONLY ON THE WEST SIDE OF THE FACILITY.

Telephone # for emergency use only: (507) 281-6167

Time Schedule:	Friday March 9	Warmup pool opens 3:30 pm	Meet Starts 5:00 pm
	Saturday March 10	Warmup pool opens 12:30 pm	Meet Starts 2:00 pm
	Sunday March 11	Warmup pool opens 7:30 am	Meet Starts 9:00 am

Facility: Eight lane, 50 meter indoor pool with a bulkhead that separates the pool into two eight-lane 25 yard courses. The pool is equipped with lane lines and backstroke pennants. Slanted starting blocks are 26 inches above the water surface. The pool depth at the starting end is 16 feet, rising to 7 feet at the bulkhead. Host team reserves the right to start from both ends if needed.

Continuous warm-up will be available in the shallow-end 25-yard course unless it is being used for competition. Use of the warm-up pool will be restricted to swimmers warming-up and warming down. The NO DIVING rule will constantly be in effect in the warm-up pool. No horseplay will be permitted.

Timing: Electronic timing system with backup buttons and watches, horn start and touchpads at the start end of the pool.

Meet Lane Timing Needs: A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

Closed Meet: The Minnesota State Swimming Championships are open to any Minnesota registered athlete. Swimmers who are registered in LSC'S other than Minnesota are not eligible to swim.

Meet Format: All events are timed finals with only the 500 Free being a deck-seeded event. All other events are pre-seeded. All swimmers must report to their blocks for the start of their heat. The 500 Free will require a positive check-in. Relays will be timed finals and will be swum as described in the Relay section of this information.

Proof of Times: All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Proof of these times must accompany your entries. MSI suggests you use the "proof of time" option offered in Hy-Tek's Team Manager.

Procedure for swimmers who do not achieve the time standard:

- i) Swimmers time will be checked by the host team (host team will keep penalty money).
- ii) If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- iii) The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.
- iv) When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.

Entries: All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. Please call the entries person for directions if you need to hand deliver.

Entries must include Hy-Tek (or compatible) Team Manager proof of times or they will NOT be accepted.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the State Meet.

Event Limits:	11 & 12	9 individual event maximum plus 4 relays
	9 & 10	8 individual event maximum plus 2 relays
	8 & Under	6 individual event maximum plus 2 relays

All seed times must be in either short course yards (seeded first), long course meters (seeded next) or short course meters (seeded final). A swimmer may not exceed 4 events per day, excluding relays.

!!Effective 2004 - Additional Qualifying Criterion for State Championships !!
Affecting swimmers who age-up between A/B Finals and State

Swimmers are now allowed to swim the events from their old age group in which they HAD champ time(s), in their new age group, provided:

They age up in between the starting dates of A/B Finals and State.

They are either 8 becoming 9, or 10 becoming 11.

They have champ time(s) in their old age group before A/B Finals. Champ times made for the younger age group at A/B Finals may not be entered in State under this provision.

This affects only those events in which a swimmer had champ times (old age group) and do not now have champ times (new age group).

These swimmers will not be counted in the MSI formula concerning number of relays allowed at State based on number of champ swimmers. Enter swimmers using their actual, true times from the old age group. Swimmers being entered under this new criterion must note this on the hard copy of the entry sheet.

RELAYS:

To enter a relay at this meet teams must have one swimmer in the age group (by gender) who is entered and swims in at least one individual event at the meet.

1. All swimmers must be registered members of the club they are swimming with. No unattached swimmers may swim on a relay, nor can there be an "unattached relay" entered in an event.
2. All swimmers must be listed on the club entry sheet or disk in an individual event, or as a "relay only" or "relay alternate" swimmer.
3. A club may enter more than one relay in any event only if the number of swimmers they have with champ times exceeds any multiple of four plus one additional swimmer with a champ time and all those swimmers are entered in the meet. (To enter two (2) relays, you must have five (5) champ swimmers, to enter three (3) relays, you must have nine (9) champ swimmers). If an 8 & under is used to create an additional relay, that swimmer must compete on that relay.

All relay swimmers must meet the requirements 1-3 above.

Swimmer's name, ID# and ages must be put on relay cards.

A swimmer may not swim the same relay in two different age groups, e.g. swimmers that participate in both the Senior and Age Group Championship meets cannot swim the same relay on both weekends. Example: A swimmer competing on a 200 Free relay in the Age Group meet cannot swim in the Senior 200 Free Relay.

ENTRY DUE DATE: An Email copy of your entry is due Wednesday, February 28, 2007 by 5 PM.

A hard copy including all proof of times and entry fees owed is due Friday March 2, 2007 by 5 PM.

To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday March 5, or to make changes to your entry**, email entire new entry files to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team.

** now includes any changes to your original entry- new events/ relays, different events/ relays, etc.

E-MAIL ENTRIES: Please follow these guidelines when submitting e-mail entries.

1. E-mail the following **three** files to: **shaughnessy_william@hotmail.com**
 - a. **text file** of your entries
 - b. **team manager entry file**
 - c. **proof of time text file**
2. **Any and all** revisions to entries must be **complete replacements of ALL THREE** of the above files. The previous entries will be deleted. This includes revisions made on Monday March 5. Entries must include text and proof of times files or they will not be accepted.
3. Please include coach's name, phone numbers and e-mail address to contact for problems.
4. If you e-mail your entries, you will receive an e-mail reply as confirmation. If you DO NOT receive a reply within 24 hours, please call the entries chair (507-289-7747).
5. Bring your payment to the meet (**payable to Med-City Aquatics**), or mail to State Meet Entries c/o W. J. Shaughnessy , 3572 Wright Rd. SW., Rochester, MN 55902.
6. Meet results will be e-mailed to teams after the meet unless otherwise arranged.

Fees: \$2.50 per entrant listed on the entry sheet, including "relay only" swimmers, \$5.00 per individual splash, \$20.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks must accompany entries and be made payable to: **MED-CITY AQUATICS.**

Time Standards: MSI time standards dated **September 1, 2005** will be used. A swimmer must have a CH time or faster to enter the meet. The time must have been achieved since January 1, 2006 and be verifiable. The meet will be seeded with conforming times first and non-conforming times thereafter. The order will be short-course yards, long course meters, short course meters.

Awards: Individual Events: 1st - 8th place medals. Relay Events: 1st - 8th place medals. Awards will be presented to the top 8 finishers in each event at award ceremonies during the meet. Certificates will be given to the Top 3 High Point swimmers in each age group and gender. High Point State Championship and Runner-up plaques will be awarded separately for male and female teams in the following age groups: 8 & U, 10 & U and 11-12. An Age Group Championship Trophy will be awarded to the top team. At the completion of both Senior and 12 & Under State Championship meets, team totals will be combined and Team High Point Banners will be awarded to the Top 5 teams in A, AA & AAA Divisions.

Scoring: Individual Event Points: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relay event points: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2. All events will be scored to 16 places. This meet will be scored and combined with the Senior State meet totals for Team High Point Banners.

Distance Events: A positive check-in will be required for the 500 Free. Check-in will be required by the event number determined by the meet officials. Heats will be swum slowest to fastest gender dependent

upon the order of events. Depending upon the length of the meet, these events may be combined by age, gender or both. Minnesota Scratch rules will be in effect.

Time Trials: Time trials will be offered, time permitting, at a time designated by the administrative referee. Time trials are open only to swimmers in the meet. \$5.00 per event. Sign up will be at the meet administration area. Time trials count toward a swimmers entry limit - See Entry Limitations.

Concessions: Will be provided in the gym. Camping is permitted in the gym.

Meet Information, Rules and Regulations: All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

USA Swimming Membership: All swimmers must be current 2007 registered athlete members of USA Swimming. All coaches must be current 2007 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

Warm-up: Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced. Warm-up will end 10 minutes prior to the start of competition to allow for a coach meetings.

Swimmers Without a Coach Present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Timelines: Any timeline provided, whether through MSI phone line or in the meet program, is for information purposes only.

Changes to the Meet Information: Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

Meet Committee: A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

Coach Meeting: Will take place at the discretion of the meet referee. The meeting will not take place during warm-up or the meet unless an emergency decision must be discussed.

Additional Information: *No spectators allowed on the pool deck. No swimmers wearing street shoes will be allowed on the pool deck. Coaches and Officials are requested to wear clean tennis shoes.*

Fee Calculation Form - return with your entry
12 and Under State Championship March 9-11, 2007
Hosted by Med-City Aquatics Sanction MN07-01-14Y Time Trial Sanction MN07-01-113Y

Your Club: _____ Club Abbreviation: _____

Coach: _____ Coach's Phone #(_____) _____

Entries Person: _____ Phone # (_____) _____

Entry Data costs:

_____ total Swimmers x 2.50 = \$ _____ # of boys = _____ # of girls = _____

_____ total Splashes x \$ 5.00 = \$ _____ # of boys = _____ # of girls = _____

_____ total Relays x \$ 20.00 = \$ _____ # of boys = _____ # of girls = _____

TOTAL DUE = \$ _____

Make Checks Payable to: **Med-City Aquatics. All fees are due with your entry.**
Return this page with your entry.

Summaries should be mailed to the following:

Name: _____ Address _____

City/State/ZIP: _____

Who should we contact if we have a problem with your entry? Please Print Clearly & provide an email contact.

Name: _____ E-mail: _____

Day Phone #: (_____) _____ Eve Phone #: (_____) _____

Mail entries with check to: State Meet Entries, 3572 Wright Rd. SW, Rochester, MN 55902
shaughnessy_william@hotmail.com

E-mail ENTRIES MUST BE RECEIVED BY Wednesday February 28, 2007, 5:00 PM
A Hard Copy of Entries, Proof of Times and Entry Fees are due by Friday March 2, 2007, 5:00 PM

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Signature: _____

Printed Name: _____

CLUB _____ CLUB ABBREV: _____
 ENTRY CHAIRPERSON _____
 ADDRESS _____ PHONE _____

INDIVIDUAL ENTRIES

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

Swimmer's Name: _____ Age: _____ Sex: _____ D.O.B. _____
 USS# _____

Event No.								
Seed Time								

RELAY ENTRIES

Event No.								
Team (A/B...)								
Seed Time								
Event No.								
Team (A/B...)								
Seed Time								