

**~ NEW FOR 2007 ~**

**To: All Entry Coordinators for:**

**C Finals – 12 & Under**

**A/B Finals – 12 & Under**

**A/B/C Finals – 13 & Over**

Swimmers who have achieved a Champ time in either yards or meters **cannot** swim that event at A/B-C Finals.

Legislation approved by MSI dictates that swimmers with Champ times must enter with the time they have, (meters or yards), for State meet and cannot use A/B-C Finals as an opportunity to improve their qualifying time.

(Motion passed 1/16/2007)

**A/B Finals for 12 & Under  
A/B/C Finals for 13 & Over  
With Time Trials  
March 2-4, 2007**

**SPONSORED BY: JET STREAM AQUATIC RACING**  
**SANCTIONED BY: Minnesota Swimming, Inc. & USA Swimming, Inc.**  
**MEET SANCTION NUMBER: MN07-01-13Y**  
**TIME TRIAL SANCTION NUMBER: MN07-01-110Y**

**Meet Director:** Don Olson (763) 370-4969 donjolson@sherbtl.net

**Meet Marshal:** Jan Vondekamp & Scott Schwab

**Inquiries:** Nicole Hedman (763) 433-9024  
mnhedman@comcast.com

**Entries:** Mark Hedman  
15816 Neon St  
Ramsey, MN 55303  
(763) 433-9024  
markhedman@comcast.net

**Safety Officer:** Nicole Hedman

**Team Coaches:** Nicole Hedman, Alise Emil

**Club Officials:** Rick Chamberlain, Tom Musgjerd, James Friend

**OFFICIALS:** MSI Qualified Officials

**Team President:** Don Olson

**REGISTRATION CHAIR:** Cassy Shapley, 1001 Hwy #7, Hopkins, MN 55305 (952.988.4184)

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**MEET TYPE:** This is a 2 ½ day meet. There will be three categories of competition for awards: swimmers with verifiable "A" times but not faster (No champ times will be allowed), swimmers with verifiable B times, and swimmers with verifiable C times. Teams must attend their assigned zoned meet (one of three). Non-zoned teams may attend the meet of their choice. This is a closed meet: Only swimmers from the MN LSC can participate.

**POOL LOCATION:** VandenBerge Junior High  
948 Proctor Rd.  
Elk River, MN - Emergency phone number: (763) 241-3400 x3448

**DIRECTIONS:** From Metro area 1-94 west to Hwy #101 North (Rogers Exit). North on Hwy #101 approximately 6 miles to Hwy #10 West to Proctor Road (3<sup>rd</sup> Stop Light). Take a right on Proctor Road to School Street (1<sup>st</sup> stop light), take a right and park in the 2<sup>nd</sup> parking lot on the left. Enter through door N.

**TIME SCHEDULE:** Friday afternoon session – Warm-ups at 4:50 PM to 5:50 PM meet starts at 6:00 PM. Saturday and Sunday Morning sessions: Warm-ups start at 7:20 AM to 8:20 AM, meet starts at 8:30 AM. Saturday and Sunday afternoon sessions: Will not start before 11:30 AM preceded by a 60-minute warm-up, and a 10-minute break for a coaches meeting.

**FACILITY:** 8 Lane, 25 yard indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 18 inches above the water surface. The pool depth at the starting end is twelve feet deep.

**PURPOSE:** To provide a Final, Championship level meet for Minnesota swimmers with A, B, and C times.

**MEET INFORMATION, RULES AND REGULATIONS:** All information, rules and regulations including time standards, schedules, order of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

**USA SWIMMING MEMBERSHIP:** All swimmers must be current 2007 registered members of USA Swimming. All coaches must be current 2007 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming coach. Any club or individual entering a non-USA-registered swimmer will be subject to a \$25.00 fine per event per swimmer.

**TIMING:** A Daktronics Electronic timing system with backup buttons and/or watches, start horn and touchpads.

**Meet Lane Timing Needs:** A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet **will not begin** until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

**ENTRIES:** All entries must be completed by the entering club or individual that will be solely responsible for the accuracy of the entry. A fine of \$100.00 per event will be charged for falsifying any entry. Please call the entries person for directions if you need to hand deliver.

**PROOF OF TIMES:** All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. **Each team or individual is responsible for providing their own proof of times and must accompany entries.** Entries must include Hy-Tek (or compatible) Team Manager printed proof of times or they will not be accepted.

**Procedure for swimmers who do not achieve the time standard at the meet**

- Swimmers time will be checked by the host team.
- If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- All fines must be paid to the host club by the end of the meet.
- Teams have one week from the end of the meet to prove the time and their fine will be refunded by the host team.
- When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.
- Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the teams charter being suspended until the fine is paid.
- The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.

**FINES:** Any swimmer failing to achieve the qualifying time standard for any individual event must submit appropriate proof of having previously achieved the entry time standard. Any swimmer unable to provide such proof of performance shall pay a fine of \$100 to the host club. Proof of performance must be in a USA Swimming sanctioned or approved competition or Time Trial or official verifiable high school or college meet. Each club or individual is responsible for providing their own proof of performance.

**ENTRY DUE DATE:** An Email copy of your entry is due **Wednesday, February 21, 2007 by 6:00PM**. A hard copy including all proof of times and entry fees owed is due **Friday, February 23, 2007 by 6:00PM**. To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, email an entire new entry to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. **No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team.**

**TIME STANDARDS:** Minnesota Time Standards dated September 1, 2005 will be used. All 15-16 and Senior events will be combined for competition and separated for awards. The 15-16 Men and Women will enter by the 15-16 time standards. In keeping with the State Meet qualifying format, all Senior competitors must use 17-18 times standards for entry.

**ENTRY LIMITATIONS:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day. A swimmer may swim up to 5 events per day, if those additional events are time trial events. All entries must be verifiable from January 1, 2006 to present. Again, all A swimmers must have a minimum of an A time, but not the maximum of a champ time.

**Due to the combining of categories (A,B,C) and limitations of Hy-tek all non-conforming qualifying times should be entered as short course yard times within the appropriate time standard range for that event.** If you are approved to use written entries you must mark written entry times as such. This is a closed meet: Only swimmers from the MN LSC can participate.

**FEES:** \$2.50 per entrant listed on the entry sheet, \$5.00 per individual splash. The summary costs are on the calculation sheet. Email entries will be accepted with confirmation of payment based on an attached Meet Calculation Form. Checks must accompany entries and made payable to: Jets. Entry fees must accompany your entry or your entries will not be accepted.

Host teams must use Hy-Tek or SDIF compatible software to run swim meets. Those teams using disk entry must use Hy-Tek or SDIF compatible software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED AND PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fee calculation form. Minnesota clubs entering this meet must use Hy-Tek or SDIF compatible entry unless your club is on record with MSI that you cannot comply with the disk entry requirements.

**E-MAIL ENTRIES:** Please follow these guidelines when submitting e-mail entries.

1. Use Hy-Tek Team Manager to send entries.
2. E-mail a text file of your entries along with the team manager file – this allows the entries chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your text file. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to ***make sure no swimmers are left out of the meet. This is extremely important!***
3. Please include coach's name, phone numbers and e-mail address so we may contact you if there is any problem with the entry.
4. Any revisions to entries must be complete replacement of the previous entries file. The previous entries will be deleted. A revised text file must accompany the revised team manager file.
5. Bring the fee calculation form and your payment to the meet and see the Meet Director before you write your check.
6. Meet results will be emailed unless otherwise arranged. Please indicate your e-mail address on the fee calculation form.
7. If you e-mail your entries, you will receive an e-mail reply as confirmation. If you DO NOT receive a reply, please call the entries chair.

**MEET FORMAT:** The meet is pre-seeded with timed finals. All swimmers must report to their blocks for the start of their heat. All athletes will swim together in their age group category seeded by times and will be separated by A/B/C for awards.

**(500/400) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Saturday afternoon at the timing table, the referee will determine the time of check-in. Heats will be swum fastest to slowest alternating gender dependent upon the order of events. Age groups and gender may be combined at the discretion of the meet referee. Minnesota Scratch Rules will be in effect.

**(1000/800) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Sunday afternoon at the timing table, the referee will determine the time of check-in. Heats will be swum fastest to slowest alternating gender dependent on the order of events. Age groups will be combined. We reserve the option to combine events by gender at the discretion of the meet referee. Minnesota Scratch Rules will be in effect.

**(1650/1500) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Friday at the timing table, the referee will determine the time of check-in. Heats will be swum fastest to slowest alternating gender dependent upon the order of events. Age groups will be combined. We reserve the option to combine events by gender at the discretion of the meet referee. Minnesota Scratch Rules will be in effect.

Additional criteria for entering the 800/1000 or the 1500/1650 Freestyle events:

1. Swimmers with an "A" (or faster) or "B" time in the 400/500 Free may use that time to enter the 800/1000 or 1500/1650 (enter the corresponding "A" or "B" event). **Note: this rule applies to this meet but not to the STATE meet.** Swimmers should enter at the corresponding TSE Time.
2. Swimmers with an "A" (or faster) or "B" time in the 800/1000 may use it to enter the 1500/1650 and vice-versa (enter the corresponding "A" or "B" event). Swimmers should enter at the corresponding TSE Time.

**WARM-UP:** Current MSI and USA Swimming **rules** will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be familiar with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The **NO DIVING** and **SLIP-IN-ENTRY** rules will be strictly enforced. Swimmer(s) without a coach present are to report to the Meet Referee prior to warm-ups for lane assignment. Minnesota Swimming warm-up **procedures** will be followed. Please observe general warm up, pace lane and sprint lane time assignments. Depending upon entries, warm-up lane assignments and/or split session warm up may be used.

**AWARDS:** Individual Events: A Events: Medals will be awarded to 1<sup>st</sup> through 8th place. B Events: Rosette Ribbons will be awarded to 1<sup>st</sup> through 8th place. C Events: Strip Ribbons will be awarded to 1<sup>st</sup> through 8th. Certificates will be issued for new Champ, A and B times. **Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.** (Per legislation passed 1/17/06, awards must be given to athletes at the meet.)

**SCORING:** None.

**TIMELINES:** Any timeline provided, whether through MSI phone line or in the meet program, is for information purpose only.

**TIME TRIALS:** Time trials will be offered, time permitting, following the morning and afternoon sessions. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's entry limit for the day (See Entry Limitations). Sign up will be at the pool entrance door. There will be a cost of \$5.00 per time trial event. **Warm-ups** for time trials will be allowed as time permits at the discretion of the meet referee.

**CONCESSIONS:** Will be provided.

**CHANGES TO THE MEET INFORMATION:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

**MEET COMMITTEE:** A meet committee will be formed by the Referee. It will consist of at least one official (excluding the meet Referee), one coach (not from the host club) and one athlete (not from the host club). Judgement decisions cannot be protested.

**COACH'S MEETINGS:** Will take place on a regular basis at the discretion of the referee.

# Winter 2007

## A/B Finals – 12 & Under

## A/B/C Finals – 13 & Older

Name: \_\_\_\_\_

### Friday Evening

1.	13-14 Girls	400 IM		7.	Senior Girls	100 IM
2.	13-14 Boys	400 IM		8.	Senior Boys	100 IM
3.	Senior Girls	400 IM		9.	13-14 Girls	1650 Free
4.	Senior Boys	400 IM		10.	13-14 Boys	1650 Free
5.	13-14 Girls	100 IM		11.	Senior Girls	1650 Free
6.	13-14 Boys	100 IM		12.	Senior Boys	1650 Free

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### Saturday Morning

13.	11-12 Girls	50 Free
14.	11-12 Boys	50 Free
15.	9-10 Girls	50 Free
16.	9-10 Boys	50 Free
17.	8 & U Girls	50 Free
18.	8 & U Boys	50 Free
19.	11-12 Girls	100 Fly
20.	11-12 Boys	100 Fly
21.	9-10 Girls	100 Fly
22.	9-10 Boys	100 Fly
23.	8 & U Girls	50 Back
24.	8 & U Boys	50 Back
25.	11-12 Girls	100 Back
26.	11-12 Boys	100 Back
27.	9-10 Girls	100 Back
28.	9-10 Boys	100 Back
29.	8 & U Girls	100 IM
30.	8 & U Boys	100 IM
31.	11-12 Girls	100 IM
32.	11-12 Boys	100 IM
33.	9-10 Girls	100 IM
34.	9-10 Boys	100 IM
35.	11-12 Girls	50 Breast
36.	11-12 Boys	50 Breast
37.	9-10 Girls	50 Breast
38.	9-10 Boys	50 Breast
39.	11-12 Girls	200 Free
40.	11-12 Boys	200 Free
41.	9-10 Girls	200 Free
42.	9-10 Boys	200 Free

### Saturday Afternoon

43.	13-14 Girls	100 Fly
44.	13-14 Boys	100 Fly
45.	Senior Girls	100 Fly
46.	Senior Boys	100 Fly
47.	13-14 Girls	200 Free
48.	13-14 Boys	200 Free
49.	Senior Girls	200 Free
50.	Senior Boys	200 Free
51.	13-14 Girls	100 Breast
52.	13-14 Boys	100 Breast
53.	Senior Girls	100 Breast
54.	Senior Boys	100 Breast
55.	13-14 Girls	200 IM
56.	13-14 Boys	200 IM
57.	Senior Girls	200 IM
58.	Senior Boys	200 IM
59.	13-14 Girls	100 Back
60.	13-14 Boys	100 Back
61.	Senior Girls	100 Back
62.	Senior Boys	100 Back

#### **Ten Minute Break**

63.	13-14 Girls	500 Free
64.	13-14 Boys	500 Free
65.	Senior Girls	500 Free
66.	Senior Boys	500 Free

## Sunday Morning

67.	11-12 Girls	200 IM
68.	11-12 Boys	200 IM
69.	9-10 Girls	200 IM
70.	9-10 Boys	200 IM
71.	8 & U Girls	50 Breast
72.	8 & U Boys	50 Breast
73.	11-12 Girls	50 Back
74.	11-12 Boys	50 Back
75.	9-10 Girls	50 Back
76.	9-10 Boys	50 Back
77.	8 & U Girls	100 Free
78.	8 & U Boys	100 Free
79.	11-12 Girls	100 Free
80.	11-12 Boys	100 Free
81.	9-10 Girls	100 Free
82.	9-10 Boys	100 Free
83.	8 & U Girls	50 Fly
84.	8 & U Boys	50 Fly
85.	11-12 Girls	100 Breast
86.	11-12 Boys	100 Breast
87.	9-10 Girls	50 Fly
88.	9-10 Boys	50 Fly
89.	11-12 Girls	50 Fly
90.	11-12 Boys	50 Fly
91.	9-10 Girls	100 Breast
92.	9-10 Boys	100 Breast

### **Ten Minute Break**

93.	11-12 Girls	500 Free
94.	11-12 Boys	500 Free

## Sunday Afternoon

95.	13-14 Girls	200 Fly
96.	13-14 Boys	200 Fly
97.	Senior Girls	200 Fly
98.	Senior Boys	200 Fly
99.	13-14 Girls	50 Free
100.	13-14 Boys	50 Free
101.	Senior Girls	50 Free
102.	Senior Boys	50 Free
103.	13-14 Girls	200 Breast
104.	13-14 Boys	200 Breast
105.	Senior Girls	200 Breast
106.	Senior Boys	200 Breast
107.	13-14 Girls	100 Free
108.	13-14 Boys	100 Free
109.	Senior Girls	100 Free
110.	Senior Boys	100 Free
111.	13-14 Girls	200 Back
112.	13-14 Boys	200 Back
113.	Senior Girls	200 Back
114.	Senior Boys	200 Back

### **Ten Minute Break**

115.	13-14 Girls	1000 Free
116.	13-14 Boys	1000 Free
117.	Senior Girls	1000 Free
118.	Senior Boys	1000 Free

