

15th Annual HASTINGS Invite *January 20-21, 2007**
MSI - OPEN Invitational Swim Meet, Sanction # MN07-11-100Y

MEET TYPE: This is an invitational for all swimmers with CH, A, B, C and Pre C events.
We encourage you to bring your team and make this meet as a team building event.

We award a prize for each competitor (T-Shirt, Trophy, et.), + will give out heat winner prizes.
We will swim all ages together, results posted by age groups (8&U, 9-10, 11-2, 13-14, 15-16, 17-18).

SAT– PM Warm-Ups @ 1pm, Meet Starts @ 2pm

1	Coed	10&U	200 M.R
2	Coed	12&U	200 M.R.
3	Coed	Open	200 M.R.

Girls		Boys
4	50 Free	5
6	100 Free	7
8	200 Free	9
10	50 Back	11
12	100 Back	13
14	200 Back	15
16	100 IM	17
18	200 IM	19
20	400 IM	21

SUN – AM Warm-Ups @ 8am, Meet Starts @ 9am

22	Coed	10&U	200 F.R
23	Coed	12&U	200 F.R.
24	Coed	Open	200 F.R.

Girls		Boys
25	50 Breast	26
27	100 Breast	28
29	200 Breast	30
31	50 Fly	32
33	100 Fly	34
35	200 Fly	36
37	100 Free	38
39	200 Free	40
41	500 Free	42

Can swim a max of 3 Indiv Events per Day, + 1 Relay.

On SAT, Can only swim 1 Free, Back, IM Event. On Sun, Can only swim 1 Breast, Fly, Free Event.

All events open to all ages & ability levels.