

Mother's Day Splash  
B/C Invitational Swim Meet  
May 7, 2005  
St. Thomas Academy Pool

Sponsored by West Express Swim Team  
[westexpress@usswim.net](mailto:westexpress@usswim.net)  
Sanctioned by Minnesota Swimming, Inc. and USA Swimming  
Meet Sanction # MN 05-04-125Y

**Meet Director:** Julia Augdahl  
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**Meet Marshall:** Roxanne Ochsner

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**Entries:** Julia Augdahl  
550 Cascade Drive  
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(952) 556-5654

**Safety Officer:** Joel Anderson

**Team Coaches:** Joel Anderson, Kim Larson, and Mike Wood

**Club Officials:** Eric Peterson – Stroke & Turn  
Carol Swanson – Stroke & Turn  
Mark Swanson – Starter

**Other Officials:** Referee – Rick Biggs  
Starter – Mark Swanson

**Team President:** Cheryl Lowery

**Registration Chair:** Cassy Shapley, 1001 Highway #7, Hopkins, MN 55305; (952) 988-4184

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**Meet Type**

This is a 1 day meet for all swimmers with B or C times from all zones and out state swimmers that wish to attend.

**Pool Location**

St. Thomas Academy Pool  
949 Mendota Heights Road  
St. Paul, MN 55120

494 to Dodd Road / 149  
North to Mendota Heights Road  
West to St. Thomas Academy Pool

## ***Time Schedule***

### Morning Session

Warm-Up Start: 7:30 a.m.  
Warm-Up End: 8:15 a.m.  
Meet Start: 8:30 a.m.

### Afternoon Session

Start: Not Before 11:00 a.m.  
preceded by 1 hour warm-up

## ***Facility***

St. Thomas Academy pool is a 5-lane, 25-yard indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 36 inches above the water surface. The pool depth at the starting end is 10 feet deep. Backstroke underwater swimming distance will be marked at 5 yards from each end of the pool. Separate warm-up facility will not be provided.

## ***Timing***

Electronic timing system with back-up buttons and/or watches, horn start and touch pads at the start end of the pool.

## ***Entry Limitations***

The age of the swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of four (4) individual events per day. All seed times must be in yards.

No Times (N/T) entries will not be accepted. Swimmers without official times for an event must be entered at a time that best represents their abilities.

Minnesota host teams must use Hy-Tek software to run swim meets. Those teams using disk entry must use Hy-Tek software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a printed and proofed copy of your COMMLINK REPORT, along with your disk as well as the fee calculation form. Minnesota clubs entering this meet must use Hy-Tek unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek to enter this meet or may use the entry form included with this entry.

## ***Entry Due Date***

12:00 p.m. on Wednesday, April 27, 2005. Telephone entries will be accepted for the new events achieved between the entry deadline and 2:00 p.m. on the Monday before the meet. No entries will be accepted after the 2:00 p.m. deadline.

## ***Awards***

Rosette ribbons will be awarded for swimmers placing 1<sup>st</sup> – 5<sup>th</sup> in B events. Strip ribbons will be awarded for swimmers placing 1<sup>st</sup> – 5<sup>th</sup> in C events. Certificates will be issued for new Champ, A and B times. "Best Time Achievement Award" ribbons will be given to all swimmers achieving a personal best time.

## ***Scoring***

None

## ***Distance Events***

A positive check-in will be required for the 500 and 1000 Freestyle events. Check-in will be required at the timing table by the time stated at the coaches meeting. Heats will be swum fastest to slowest (gender dependent upon the order of events). We reserve the option of combining age groups and gender. Minnesota Scratch rules will be in effect.

**Fees**

A flat fee of \$15 plus the \$1.50 MSI fee (\$16.50 total). Checks must accompany entries and should be made payable to West Express Swim Team (WEST).

**Concessions**

Will be provided

**Oversize Meet Procedure**

The MSI /USA Swimming four-hour rule will be followed. If the meet becomes too large, MSI Legislative procedures will be followed.

**Meet Information, Rules and Regulations**

All information, rules and regulations, including time standards, schedules, order of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA swimming rules and regulations current editions.

**USA Swimming Membership**

All swimmers must be current 2005 registered athlete members of USA swimming. All coaches must be current 2005 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming coach. Any club or individual entering a non-USA Swimming registered athlete will be subject to a \$25 fine per event per swimmer.

**Warm-Up**

Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from the next individual event or expulsion from the meet. The No-Diving and Slip-In Entry rules will be strictly enforced. Swimmer(s) without a coach present are to report to the Meet Referee prior to warm-up for lane assignment.

**Purpose**

To encourage and promote competitive swimming among age group swimmers

**Entries**

All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. A fine of \$25 per event will be charged for falsifying an entry. Please call the entries person for directions if you need to hand-deliver.

**Timed Finals**

This meet is pre-seeded. All swimmers must report to their blocks for the start of their heat.

**Time Standards**

Minnesota time standards dated 5/1/05 will be used. Senior events will use the 15-16 age group time standards to qualify.

**Timelines**

Any timeline provided, whether through the MSI phone line or in the meet program, is for informational purposes only.

**Changes to Meet Information**

Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day.

Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

***Meet Committee***

The meet referee will form a meet committee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decision cannot be protested.

***Coach's Meeting***

Will take place on a regular basis at the discretion of the referee.

Order of Events  
May 7, 2005

This is a one-day, two session B/C meet. Swimmers may enter four (4) events. There are no relays.

AM Session				PM Session			
Age	Girls	Event	Boys	Age	Girls	Event	Boys
9-10	1	100 Free	2	13-14	30	200 Free	31
11-12		100 Free	3	11-12	32	100 Free	
8 & Under	4	100 Free	5	Senior	33	200 Free	34
9-10	6	50 Breast	7	13-14	35	100 Breast	36
11-12		100 Breast	8	11-12	37	100 Breast	
8 & Under	9	50 Breast	10	Senior	38	100 Breast	39
9-10	11	50 Back	12	13-14	40	100 Back	41
11-12		100 Back	13	11-12	42	100 Back	
8 & Under	14	50 Back	15	Senior	43	100 Back	44
Break				Break			
9-10	16	50 Fly	17	13-14	45	100 Fly	46
11-12		100 Fly	18	11-12	47	100 Fly	
8 & Under	19	50 Fly	20	Senior	48	100 Fly	49
9-10	21	50 Free	22	13-14	50	100 Free	51
11-12		50 Free	23	11-12	52	50 Free	
8 & Under	24	50 Free	25	Senior	53	100 Free	54
9-10	26	200 IM	27	13-14	55	200 IM	56
11-12		200 IM	28	11-12	57	200 IM	
12 & U		500 Free	29	Senior	58	200 IM	59
				12 & U	60	500 Free	
				13-14	61	1000 Free	62
				Senior	63	1000 Free	64